

Aligned Advantage Live Zoom Chat 22 November 2022

11:10:15 from Kellye Rowland: Omg I had a dream of my waiter days last night ..you saying that just made me remember! Ha

11:11:22 from Bex: I roll up my mala and put it to the top of my yoga mat when I teach

11:11:39 from Kellye Rowland: Oh that's nice Bex

11:12:14 from Kellye Rowland: SAAAMMMEEE

11:13:47 from Kristen Girard: Low blood sugar brain for too many years. Loosing mind lingo is my native language now.

11:15:09 from Kellye Rowland: truth

11:15:54 from Kellye Rowland: You never know who's who now

11:15:59 from Kellye Rowland: For \$8bucks

11:16:25 from Kellye Rowland: I'm hardly ever on twitter anyway. Asked for a download of my data but still haven't gotten it

11:16:41 from Kellye Rowland: I don't really care very much.

11:16:54 from Kellye Rowland: I LOVE discord and I never thought I would lol!

11:17:20 from Kristen Girard: It's too bad. There are so many good things on social but the bad playground ick is hard.

11:17:39 from Bex: How did I miis that there was a new moon tomroooow?

11:17:45 from Kellye Rowland: Or canyon! lol

11:20:39 from Kellye Rowland: Why is that? Don't the planets move at the same speed roughly?

11:22:24 from Kristen Girard: It kind of feels like we have been at war in all sorts of ways for years. Notice those dates were towards the end/ wrapping up second half of the war years.

11:23:50 from April Sugarman: Sacrum

11:25:24 from April Sugarman: Bonnie. To make you feel better, you actually typed sacrum onto the calendar. So it was an "s" word.

11:33:28 from Kristen Girard: Can you put a link to that in the notes?

11:34:09 from Kristen Girard: Thank you

11:34:19 from Kellye Rowland: And they're also on discord!

11:38:02 from April Sugarman: Yesssss!!!!

11:38:43 from April Sugarman: Nope

11:40:31 from April Sugarman: I only get to Jupiter. I have a loop with Jupiter

11:41:05 from Kellye Rowland: Is it every planet only or placement too

11:41:27 from Kristen Girard: Go deeper for December then final disposer for January

11:41:45 from Kellye Rowland: I like it

11:41:46 from Cindy Coats: Works for me!

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11:41:52 from April Sugarman: Sure. Protection reminder too
11:42:00 from Bex: I am easy going
11:42:02 from April Sugarman: Protection
11:42:31 from Kellye Rowland: I'm recently in a VENUS protection year and I'M SO
HERE FOR IT lol
11:46:12 from Kristen Girard: Pituitary gland?
11:47:19 from April Sugarman: She got to travel the world. Must have been a
Sagittarius!
11:49:45 from Yolie Porter: Great bc I'll be with my in-laws for Christmas!
11:53:52 from April Sugarman: Astro-see.com
11:54:25 from April Sugarman: There are only 2 dates in December to avoid but those
dates don't have anything to do with teeth.
11:55:36 from Bonnie Gillespie (she/her): <https://mooncalendar.astro-see.com>
11:57:21 from Kristen Girard: South nose in 6th house is that an indicator of rough
health? Just curious.
11:57:31 from Kristen Girard: South node not nose!
11:58:18 from Kellye Rowland: I was told there would be no math
11:58:20 from Kellye Rowland: lol
12:01:05 from Sarah McLean: Coming into our North node mid life - that makes me feel
so much better to hear that!
12:01:22 from Sarah McLean: right on schedule!
12:01:48 from Cindy Coats: How do we know our north node? I only see true node on
my chart.
12:05:29 from April Sugarman: Was the end of the 3-part money story done last month?
I am a bit behind with our monthly zooms. Today we're only covering the moon phases,
yes?
12:08:00 from Kristen Girard: Cuteness!
12:08:01 from Yolie Porter: ❤️
12:08:15 from Bex: Ridiculously cute!
12:09:16 from Kellye Rowland: woooo
12:10:06 from Kristen Girard: Bonnie - anytime you need a graphic please hit me up. I'm
really good with Adobe Illustrator. This looks great!
12:14:19 from Sarah McLean: hahaha
12:16:09 from Kellye Rowland: Explore!
12:16:22 from Bex: meditate
12:16:31 from Kristen Girard: Legal stuff?
12:16:50 from April Sugarman: Philosophy & religion
12:18:39 from April Sugarman: These are seeds to come to fruition in 6 months, right?



12:19:31 from April Sugarman: So how do we keep connected to the seeds we've planted when we plants new seeds every month?

12:20:32 from April Sugarman: Vision boards? Crystal grids? Journaling?

12:26:00 from Kellye Rowland: tomorrrw

12:27:04 from Kristen Girard: Riding horses - Sag new moon! And doing mounted archery because awesome!

12:28:41 from April Sugarman: Release the need to have the last word

12:28:43 from Bex: indecision

12:28:43 from April Sugarman: Lol

12:29:09 from April Sugarman: Release arguing and debate

12:29:19 from Kristen Girard: Sibling stuff?

12:29:58 from Kellye Rowland: And release whatever didn't come to fruition on your seed planting of gemini things too yes?

12:30:01 from April Sugarman: Major epiphany: why my aunt can be so difficult — she's a Gemini who needs to have the last word.

12:30:29 from Kellye Rowland: Me either. same

12:30:43 from Kellye Rowland: I don't even know my relatives lol

12:30:45 from Bex: oof

12:31:38 from April Sugarman: Sure

12:32:00 from April Sugarman: She used to edit books

12:33:14 from Kristen Girard: Healthy teeth!

12:33:18 from Kellye Rowland: Seeds to climb that motherfucking mountain

12:33:23 from April Sugarman: Career ambitions

12:33:53 from Kristen Girard: Dreams realized?

12:34:45 from Yolie Porter: Setting goals career wise

12:34:55 from Kellye Rowland: To set up a structure to work on show bible for example

12:35:01 from Kristen Girard: So for release at full moon - broken boundaries?

12:35:22 from April Sugarman: Taking thing's personally

12:36:58 from Kellye Rowland: Thinking about others

12:36:58 from April Sugarman: Serving humanity

12:37:00 from Kristen Girard: Activism

12:37:06 from April Sugarman: Creative thinking

12:37:11 from April Sugarman: Innovation

12:37:14 from Kristen Girard: 7 generations

12:37:46 from Yolie Porter: Could it be how can I be of service for the community?

12:37:59 from Kristen Girard: Same!!!!

12:39:40 from Kellye Rowland: Release arrogance, selfishness, etc.

12:39:41 from April Sugarman: Release need to be center of attention

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12:40:01 from Kristen Girard: Self worth issues?
12:40:45 from Bex: Canva graphic is awesome! have to go to teach! This is amazing!
12:41:31 from Kellye Rowland: Haha my moon in Leo and this tracks lol
12:42:20 from April Sugarman: Fantasy life, Dreams
12:42:32 from April Sugarman: Woo
12:42:47 from April Sugarman: Intuition
12:43:27 from Kellye Rowland: The next one I know so well!
12:43:30 from April Sugarman: Self-criticism
12:43:34 from Kellye Rowland: Critical eyes!!!
12:44:01 from Cindy Coats: Keeping score?
12:44:17 from Sarah McLean: gotta head out. see you all in the replay.
12:45:07 from April Sugarman: Starting projects, New ideas
12:45:14 from Kellye Rowland: More exercise!
12:45:27 from Kristen Girard: New beginnings
12:46:14 from Kellye Rowland: indecision
12:46:20 from April Sugarman: Indecisive
12:46:33 from April Sugarman: Need for fairness
12:48:00 from April Sugarman: Luxury
12:48:17 from Kellye Rowland: Giving ourselves some luxxxxury
12:48:41 from April Sugarman: Taking life at a slower pace
12:48:41 from Kristen Girard: Beauty?
12:48:47 from Kristen Girard: Earth care
12:49:10 from Kristen Girard: My relatives?!?!?! Sigh.
12:49:11 from Kellye Rowland: paranoia
12:49:38 from Kristen Girard: Duplicity. Shady dealings.
12:49:45 from April Sugarman: Power plays
12:50:39 from April Sugarman: Plant seeds for communication
12:51:23 from Kellye Rowland: Connected communication!
12:51:32 from April Sugarman: Marketing
12:51:54 from April Sugarman: Multi-task
12:53:17 from April Sugarman: Release signing up for every webinar out there.
Speaking for a friend v
12:53:22 from April Sugarman: Lol
12:53:31 from Kristen Girard: Always needing to learn one more thing before launching
12:53:42 from Yolie Porter: Same!
12:54:08 from Kristen Girard: Actually caring
12:54:17 from April Sugarman: Interior decoration
12:54:37 from Kristen Girard: Home? Or is that 4th house?

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12:54:55 from April Sugarman: Allow time for being alone to reboot
12:55:10 from Kellye Rowland: Rigidity
12:55:28 from Kristen Girard: All work and no play
12:55:42 from Kristen Girard: Blind ambition
12:56:18 from April Sugarman: Play
12:56:48 from Kellye Rowland: Showing loyalty
12:56:59 from April Sugarman: Detachment
12:57:07 from Kristen Girard: Detachment
12:57:16 from Kristen Girard: Hive mind
12:57:23 from Kristen Girard: Cults
12:57:31 from Kristen Girard: The Borg
12:57:43 from April Sugarman: Release the need to do things differently, breaking the rules
12:57:59 from April Sugarman: Be okay with doing the norm
12:58:47 from Kellye Rowland: Heal what can be healed in the self...
12:58:59 from Kristen Girard: Health
12:59:06 from April Sugarman: Discernment
12:59:29 from Kristen Girard: So many helpful systems that do make life better
12:59:31 from April Sugarman: Organizing
13:00:03 from Kellye Rowland: Ooooh that sgood
13:00:06 from April Sugarman: Break down projects into smaller tasks
13:00:06 from Kellye Rowland: I ned to do that
13:00:28 from Kellye Rowland: Escaping by driving
13:00:30 from Kellye Rowland: drinking
13:00:32 from April Sugarman: Living in a fantasy world
13:00:45 from April Sugarman: Depression
13:01:28 from April Sugarman: Release need for having to be aligned with every action
13:01:46 from April Sugarman: Partnership
13:01:47 from Kellye Rowland: Get some one on one help!
13:02:24 from April Sugarman: Open minded
13:02:52 from Kellye Rowland: Impatience
13:02:58 from April Sugarman: Anger
13:03:02 from Kristen Girard: Impulsive
13:03:13 from Kristen Girard: Rage
13:03:32 from Kristen Girard: Yes!!!!
13:03:39 from Yolie Porter: Guilty of that!
13:03:52 from Kellye Rowland: saaame
13:04:19 from April Sugarman: Deep dive

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- 13:04:22 from Kristen Girard: Research
- 13:04:23 from Kellye Rowland: Going deep researching
- 13:04:24 from April Sugarman: Honesty
- 13:04:26 from Kristen Girard: Transformations
- 13:04:35 from Kristen Girard: Root causes
- 13:04:39 from April Sugarman: Stepping into our power
- 13:05:22 from Kristen Girard: Holding onto stuff
- 13:05:32 from Kristen Girard: Greed
- 13:05:34 from April Sugarman: Stubbornness
- 13:05:36 from Kellye Rowland: swtubbornnes
- 13:05:52 from April Sugarman: Need for special treatment
- 13:06:20 from April Sugarman: My parents are Taurus — totally explains the horsing thing
- 13:06:22 from Kristen Girard: Staying in situations that don't serve us at all
- 13:06:24 from April Sugarman: Hording
- 13:06:37 from Yolie Porter: That explains so much about my brother!
- 13:07:07 from Kellye Rowland: Then give those ppl some GRACE.
- 13:08:11 from April Sugarman: Thanks, Bonnie! ❤️
- 13:08:56 from Kristen Girard: Thank you! It's always so good to be here!
- 13:09:19 from Yolie Porter: Love you!!! ❤️

