Astrology for Creatives

with Rachel Lang and Bonnie Gillespie

WORKBOOK



Astrology for Creatives

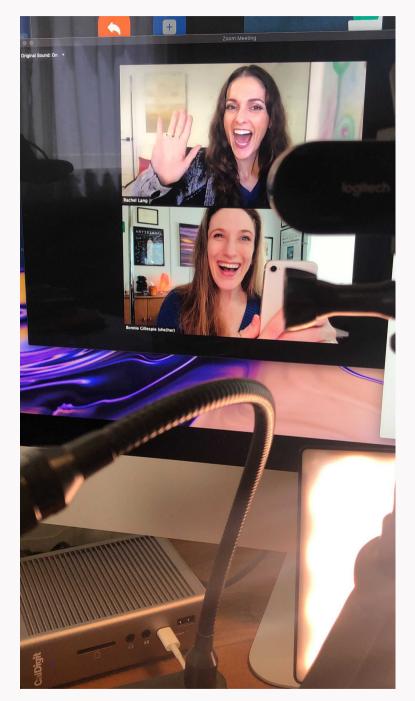
WE'RE SO EXCITED!

Thank you so much for joining us for Astrology for Creatives with Rachel Lang and Bonnie Gillespie. Woo HOO! We're thrilled vou're here!

Please reference your separate **PREP** WORKBOOK for the how-to on rendering your chart in Whole Sign houses, learning the glyphs and vocabulary, and preparing yourself for our six weeks together. You'll also find the schedule and link for our Zooms in the **PREP WORKBOOK**.

This document is your **WORKBOOK** for the course, complete with prompts and activations. Each week, we will add to these pages based on the work we're covering in the curriculum. If you have any questions, we welcome you to our membersite, where the comments area is open and ready for you to participate as much as you'd like!

If you cannot join us for any week's live Zoom meeting, replays will go up on the course pages within 24 hours for you to enjoy. Please keep the convo going in the comments area! We're there for you and so excited for the growth we'll all witness during our time together!



ASTROLOGY FOR CREATIVES Curriculum

WEEK 1: YOUR WOW FACTOR

The Sun: Your Sense of Self The Moon: Your Emotional Body Your Rising: How You Come Across

WEEK 2: ATTRACTING ABUNDANCE

Your Chart Ruler: The Pace of Life Venus: Beauty, Value, Money

Jupiter: Expand & Add Glitter

WEEK 3: CALLED TO FAME

The Midheaven (MC): Your Ambition The 10th House: Your Reputation How to Wake up a Sleepy MC

WEEK 4: LIVE YOUR PURPOSE

The North Node: Your Destiny Numerology: Your Birth Number Numerology: Your Personal Year

WEEK 5: OVERCOME YOUR FEARS AND LIMITS

Mars: Passion, Motivation, Fire Saturn: Limits, Structure, Constraints Correspondences for Balance

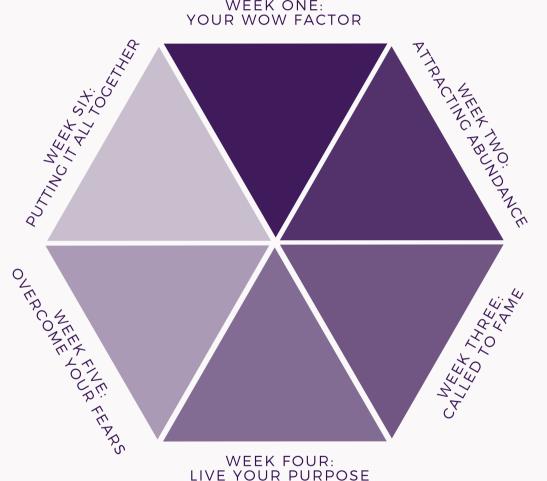
WEEK 6: PUTTING IT ALL TOGETHER

What Your Chart Has Taught You Ongoing Practices for Support

Your New Logline

ASTROLOGY FOR CREATIVES Verview

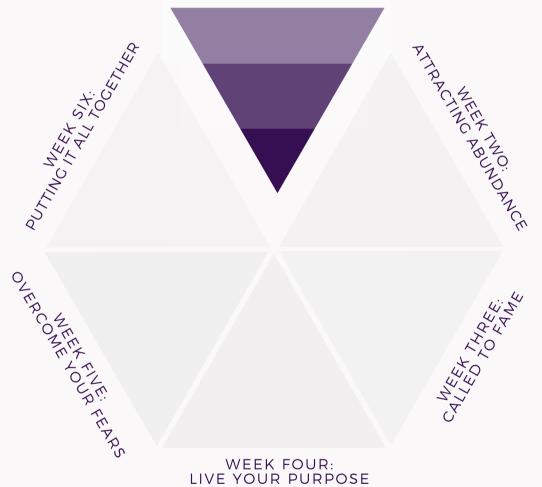
WEEK ONE: YOUR WOW FACTOR



WEEK FOUR: LIVE YOUR PURPOSE

ASTROLOGY FOR CREATIVES Week 1

WEEK ONE: YOUR WOW FACTOR



The Sun

The Moon

Your Rising

WEEK ONE: YOUR WOW FACTOR



THE SUN Your Sense of Self

THE MOON Your Emotional Body

YOUR RISING

How You Come Across

Activation

WEEK ONE ACTIVATION YOUR WOW FACTOR

FILL IN THE BLANKS WITH YOUR FAVE KEYWORDS

My Sun is in	I	create	,
	, and		in my
professional life.			

My Moon is in	I need	
and	My buyers ar	e attracted to
mv	and	

I have	Rising	Others perceiv	ve me as
	,		, and

WEEK ONE KEYWORDS YOUR WOW FACTOR

ARIES

The zodiac's puppy! enthusiastic, excited, self-directed, ambitious, courageous, bold, pioneering, impulsive, initiating, enterprising, motivated, assertive, daring, risk-taking

TAURUS

Slow and steady! stubborn, practical, stable, loyal, determined, enduring, luxury-loving, careful, tactile, strong, harmonious, artistic, design-oriented, committed, down-to-earth, creative

GEMINI

Up all night talking! intellectual, expressive, adaptable, clever, versatile, chatty, musical, good with hands, literary, communicative, changeable, indecisive, curious, witty, multi-tasker

CANCER

Home is where the heart is! sensitive, creative, protective, emotional, reserved, family-focused, strong, home-loving, sympathetic, entrepreneurial, heart-centered, empathic

WEEK ONE KEYWORDS YOUR WOW FACTOR

LEO

Strut your stuff! affectionate, generous, proud to lead, slow to change, loyal, creative, confident, charismatic, dramatic, noble, expressive, in charge, playful, willing to take a risk

VIRGO

I have a list! intelligent, analytical, cynical, discriminating, critical, detail-oriented, self-sacrificing healer service-oriented, clean, witty, discerning, literary, hungry for knowledge, dry wit, articulate

LIBRA

Balance is motion! funny, relationship-focused, opportunistic, artistic, fair, beautiful, indecisive, diplomatic. cultural, just, graceful, charming, stylish, thoughtful, a legal mind, caring, talkative

SCORPIO

Intensely passionate! secretive, sexy, calculating, resourceful, determined, willful, transformative, probing, resourceful, magical, courageous, secret-keeper, investigative, sharp, soulful

WEEK ONE KEYWORDS YOUR WOW FACTOR

SAGITTARIUS

Born to explore! idealistic, philosophical, educated, world-traveler, confident, blunt, generous, enthusiastic, lucky, adaptable, expansive, nature-lover, hopeful, seeking, creative

CAPRICORN

There's work to do! ambitious, powerful, organized, structured, cautious, practical, economical, born to lead, striving, careful, pessimistic, rule-followers, intuitive, entrepreneurial, dedicated

AQUARIUS

Let your freak flag fly! rebellious, idealistic, cooperative, detached, altruistic, innovative, friendly, progressive. humanitarian, scientific, stubborn, creative, independent, fabulously weird, catalyst, social

PISCES

Pure magic! sensitive, psychic, intuitive, artistic, mystical, musical, compassionate, empathetic, insecure, secretive, lives in other worlds, loses time, inspired, generous, idealistic, psychological, graceful, poetic

Keflection

WEEK ONE BRANDPROV YOUR WOW FACTOR

BRANDPROV IS THE ABILITY TO IMPROVISE ON-BRAND.

There's being on-brand, and then there's being *so* on-brand that you can be caught off-guard with questions that make NO sense... and still represent your brand well as you improvise. You already see **Brandprov** at play on any talkshow or red carpet or paparazzicovered moment or mind-numbingly tedious junket (especially one that's not terribly well-edited).

What does this have to do with the "big three"? Each of these has its own way of responding to **Brandprov** prompts! One of the best ways to get to know your Sun, Moon, and Rising better is to imagine what their on-brand response would be to each of the prompts that follow. There is no WRONG answer to any of these prompts... simply more on-brand and less on-brand for your "big three" as you get to know them all better.

When **Self-Management for Actors** students drill themselves using the prompts in the pages that follow, they'll self-tape to watch back and really SEE how the **Brandprov** fits. Feel free to do that! Or jam with fellow students in this class. Play with these in the comments! As you get to know your "big three" so much better, you'll also learn where they do have more in common with one another than you may have thought. Have fun with this!

WEEK ONE BRANDPROV YOUR WOW FACTOR

What would your one-word brand be? How old are you? Scary movies: scary, fun, or boring? What are your on-brand colors? What do you do to keep fit? What makes you blush? What product would you endorse? What's your best body part? What's the last text you sent? What's the perfect food? What's your bedtime read? What's your charity of choice? What's your favorite city to visit? What's your favorite holiday? What's your favorite swear word? What's your go-to outfit? What's your ideal vacation destination? What's your on-brand animated character? What's your on-brand car? What's your on-brand drink? What's your on-brand font? What's your on-brand fragrance? What's your on-brand place to live? What's your on-brand theme song? Which are your on-brand emojis?

WEEK ONE BRANDPROV

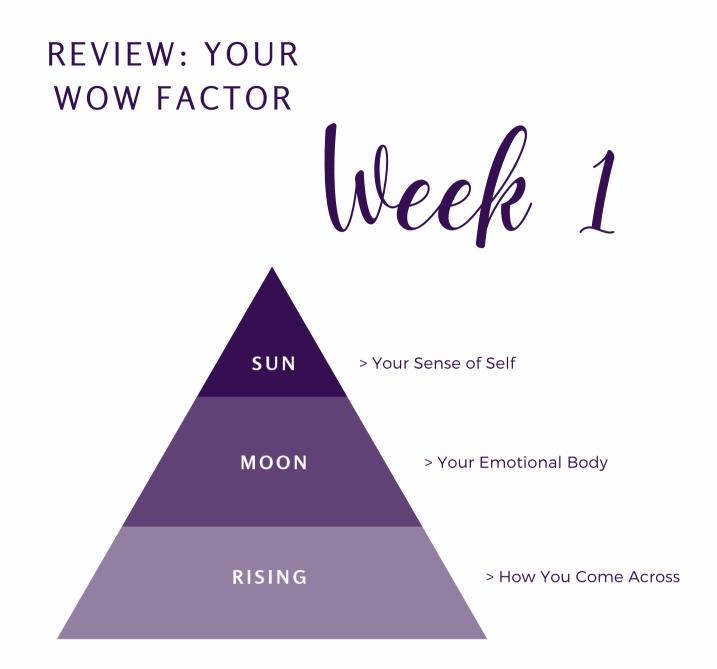
Who is your hero? Who's the most intelligent person you know? You roll up to the award show in what vehicle? You win a major award. Whose name is first off your lips? You're up for a major award. Who are you wearing? Are you a practical joker? Are you the kind of friend you'd want to have as a friend yourself? Describe yourself as a car. Did you ever cheat on a test? Do you collect anything? Do you correct people's mistakes? Do you have a list of things to do before you're a certain age? Do you have any scars? Do you hold grudges? Do you want children? Have you ever been in a fight? How do you get sweet revenge on someone? How happy a person are you? If you could ask your future self one question, what would it be? If you could change anything about yourself today, what would it be? What's your response to haters? What advice would you give middle-school you? What hashtag best sums up your brand? What is your superpower? What on-brand line works its way into your acceptance speeches?

WEEK ONE BRANDPROV YOUR WOW FACTOR

What's the best decision you've made in life so far? What's the best piece of advice anyone has ever given you? What's the best piece of advice you've ever given anyone? What's the question you least want asked? What's the quickest way to your heart? What's the worst decision you've made in life so far? What's your definition of contentment? What's your first thought upon waking? What's your on-brand activism? What's your on-brand gift to give out at the holidays? What's your on-brand Halloween costume? What's your on-brand meal? What's your on-brand non-profit? What's your on-brand romantic gesture? What's your on-brand TED Talk? What's your on-brand vice? What's your personal motto for life? Which directors will you never work with? Who will play you in the movie of your life's story? Who's the best interviewer for your brand? You're in the reboot of the Spice Girls. What's your spice handle?

Your Sun, Moon, and Rising are *already* communicating as a team on your behalf every day. Now we're getting intentional with the messaging and where each facet is coming from!

Keflection



Noticing where you're leading from, as you make decisions about your creative business, will allow you to connect <u>with</u> <u>intention</u> to your buyers, your fans, and yourself.

ASTROLOGY FOR CREATIVES Week 2

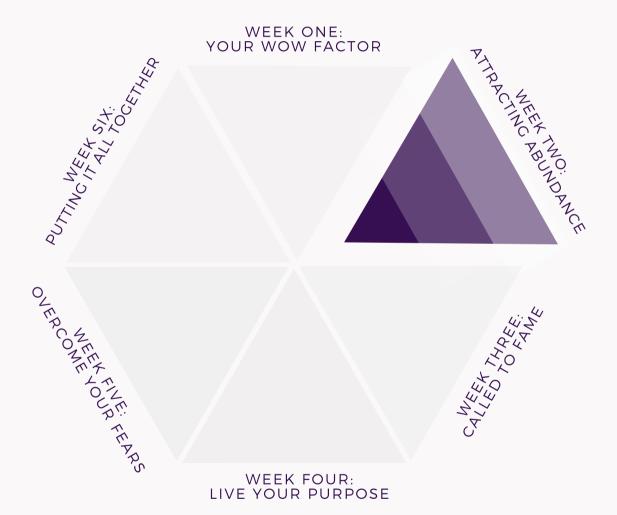


Chart Ruler

Venus

Jupiter

WEEK TWO: ATTRACTING ABUNDANCE Brand & the Benefics

YOUR CHART RULER

The Pace of Life

VENUS Beauty, Value, Money

JUPITER Expand and Add Glitter

Activation

WEEK TWO ACTIVATION ATTRACTING ABUNDANCE

FILL IN THE BLANKS WITH YOUR FAVE KEYWORDS

My Chart Ruler is:	Words that
describe its pace, style, and vibe are	,
, and	I can
align my brand with my Chart Ruler's	s energy through:
,,	, and

Using the keywords for **Venus** and my Venus house placement, I know I can attract more abundance into my life by ______, ____, and _____.

Using the keywords for **Jupiter** and my Jupiter house placement, I know I can find my lucky break from

_____, and

WEEK TWO KEYWORDS ATTRACTING ABUNDANCE

1st HOUSE

Me, myself, and I! identity, sense of self, early environment, personality, body, physical characteristics, appearance, how others see you, your YOUness

2nd HOUSE

Where we're worthy! values, self-esteem, enoughness, desires, belongings, money (and money mindset), earning potential, material possessions, hidden talents

3rd HOUSE

Commune-ity! early education and ways of thinking, siblings, close friends, neighbors, social groups, networking and marketing, reading and writing, teaching, communication, gossip, short-distance travel

4th HOUSE

Home sweet home! home, family of origin, "the unseen parent," land, property, heritage, ancestral roots, emotional security, how we start and how we end

WEEK TWO KEYWORDS ATTRACTING ABUNDANCE

5th HOUSE

Shall we play a game? fun, play, creative expression, drama, performance, joy, friskiness, romance, love affairs, pleasure, hobbies, sports, gambling, children

6th HOUSE

A day in the life! daily practices, routines, diet, health and fitness, alternative medicine, wellness and illness, acts of service, jobby-job work (vs. life's purpose), co-workers, employees, pets

7th HOUSE

It takes two to make a thing go right! partnerships (both business and romantic), 1:1 clients, marriage, contracts, agents, deals, lawsuits, conflicts, enemies

8th HOUSE

Go deep! other people's money, inheritances, taxes, shared resources and possessions, debt, shadow work, psychology, the occult, secrets, intuition, clairvoyance, sex, intimacy, death, transformation, legacy

WEEK TWO KEYWORDS ATTRACTING ABUNDANCE

9th HOUSE

The great escape! learning, higher education, wisdom, traveling great distances, foreign countries, rituals, faith, religion, spirituality, beliefs, philosophy, publishing, law

10th HOUSE

You better work! your higher calling, reputation, status, recognition, honor, notoriety, success, public life and career, ambition, "the public parent," authority figures

11th HOUSE

For the people! community, friends, groups and organizations, social networks, idealistic vision for the future, dreams for the greater good of the collective, humanitarian interests, innovation, technology

12th HOUSE

Hide and seek! subconscious mind, karmic patterns, mental health, chronic health issues, secrets, magic, mysticism, spirituality, escape, psychic abilities, confinements, institutions, illusions, self-sabotage

Keflection

WEEK TWO INVOCATION ATTRACTING ABUNDANCE

INVOKING A PLANET RITUAL; SETTING UP

Use a **clear quartz** or a stone that represents the planet.

The Moon: moonstone, snow quartz, calcite, pearl **Mercury**: fluorite, green tourmaline, blue sapphire, lodestone **Venus**: rose quartz, kunzite, jade, morganite,

selenite **The Sun**: citrine, amber, pyrite, yellow topaz **Mars**: bloodstone, carnelian, red agate, hematite

- Jupiter: sodalite, obsidian, turquoise
- Saturn: garnet, jet, black tourmaline, malachite

Create an altar, and place symbols related to that planet on its surface (flowers, leaves, herbs, images, oils, candles, keepsakes). **Any hard surface can be an altar with the right intention**. Always use caution when inviting an open flame into your work.

WEEK TWO INVOCATION ATTRACTING ABUNDANCE

INVOKING A PLANET RITUAL; THE RITUAL

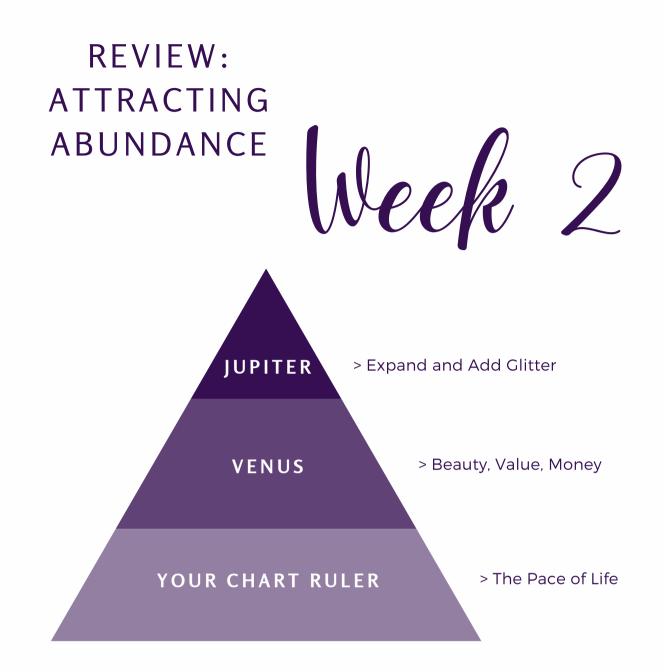
Place your touchstone in a shallow bowl, and cover it with water. Place your hands in the water to charge the stone and receive the energy of that stone.

Say:

I invoke the spirit of [PLANET]. Shine your light on me, and fill my mind, body, and soul with your warmth, radiance, and power. I embody your energy in ways most aligned to my intention and purpose. And so it is.

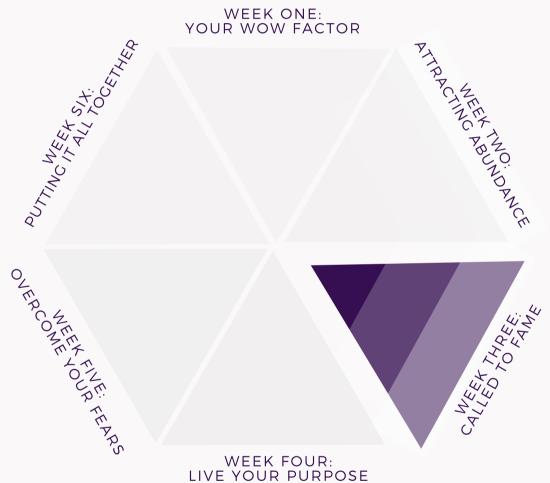
Take the stone out of the water and dry it off. Keep it with you for at least seven days. Sleep with it under your pillow. Close the circle by giving thanks to the stone for connecting you more deeply with the planet. Replace it on your altar.

Keflection



"Ritual" simply means something done regularly and with intention. Invite in the energies of the benefics and respect the pace of your chart ruler to bring a sense of ease to life.

ASTROLOGY FOR **CREATIVES** Neek 3



WEEK FOUR: LIVE YOUR PURPOSE

Midheaven



WEEK THREE: CALLED TO FAME

Your MC & the 10th Kouse



THE 10TH HOUSE Your Reputation

SING OUT, LOUISE! How to Wake up a Sleepy MC

Activation

WEEK THREE ACTIVATION CALLED TO FAME

FILL IN THE BLANKS AND DO SOME JOURNALING

What are three beliefs about success instilled by your early caregivers? ______,

•

_____, and

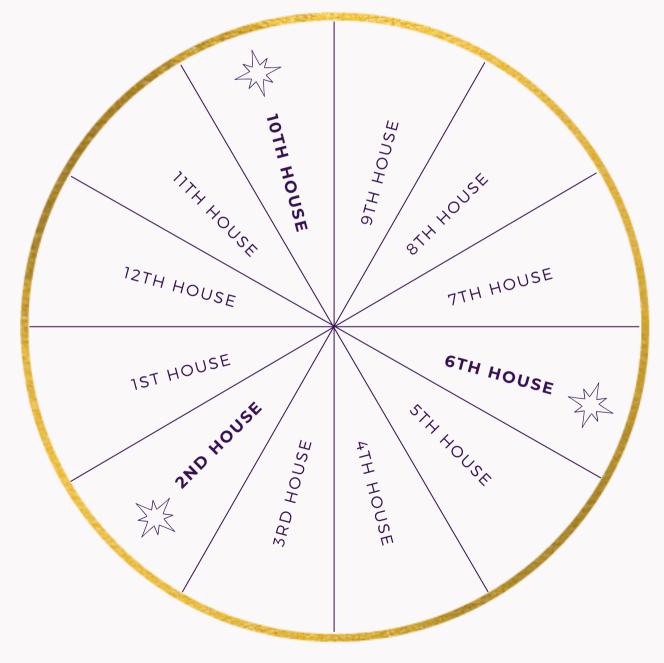
Consider whether any of those beliefs are actually YOURS as well. **A belief is just a thought we keep thinking.** Can you choose today to release beliefs that are NOT even your own? Or that you no longer want to hold onto? Rewrite your success story here:

Thinking about your 10th House sign, three keys to	
unlocking your door to fame are	_,
, and	

Keflection

WEEK THREE VISUALIZATION CALLED TO FAME

VISUALIZE TEAMWORK AMONG THE 2ND, 6TH, & 10TH



WEEK THREE VISUALIZATION CALLED TO FAME

BRAINSTORM SUPPORTIVE WORDS FOR 2H/6H/10H

My 10th House sign is:		Words that
describe its energy are		,
,	and	

My **2nd House**, **6th House**, and **10th House** signs are all from the Element of: ______. I can create opportunities for synergy and support of my goals by leaning into:

Fire: passion, enthusiasm, taking action
Earth: commitment, practical decisions, stabilizing
Air: communication, developing ideas, sharing resources
Water: intuition, creativity, feeling next best steps

My secret weapon for **ease** with this symbiotic relationship is:

Keflection

WEEK THREE REMEDIATION CALLED TO FAME

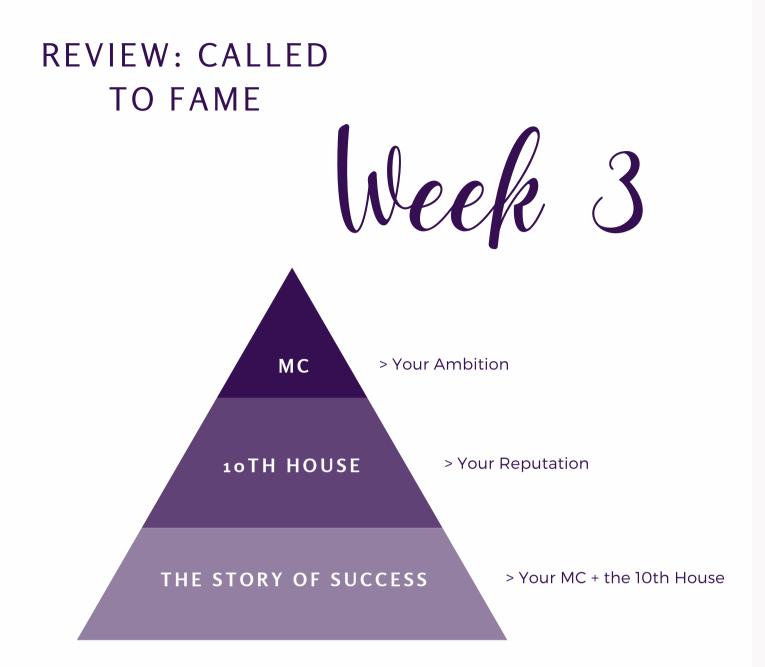
FILL IN THE BLANKS WITH YOUR FAVE KEYWORDS

My Midheaven (MC) is in the sign of:	•
That sign's Ruling Planet is:	The most
exciting keywords I've found are	,
, and	The
sleepiest keywords I've found are:	,
, and	•

In my commitment to waking up the sleepier parts of my Midheaven, I will set a regular appointment on the day ruled by _____. During that window of time each week, I will _____, and ______.

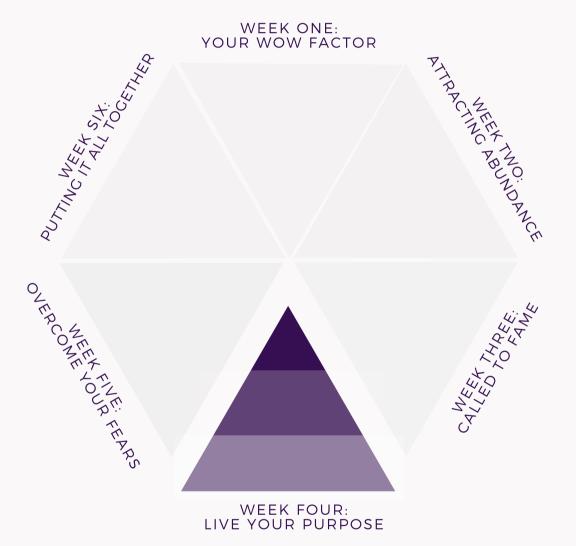
Activities can include vision boarding, playlist-making or listening, eating or drinking planetary-inspired things, using essential oils, adding herbs to the bath, working with crystals, writing with a favorite pen in a journal, meditating, (safely) lighting candles, etc.

Keflection



Success is not a destination you reach as a result of hard work and sacrifice; success is the ongoing byproduct of living in mindful, joyful alignment with your purpose in life.

ASTROLOGY FOR CREATIVES Week 4



North Node

Numerolog Y

WEEK FOUR: LIVE YOUR PURPOSE North Node & Numerology

THE NORTH NODE Your Destiny

NUMEROLOGY Your Birth Number

NUMEROLOGY Your Personal Year

Activation

WEEK FOUR ACTIVATION LIVE YOUR PURPOSE

FILL IN THE BLANKS AND DO SOME JOURNALING

I believe my life purpose might be: _____

My **North Node** is in the sign of: _____. Some keywords about that sign that resonate with me are: _____, and

My **North Node** is in the _____ house. Some keywords about that house that resonate with me are: _____, and

Here are my feelings about alignment between these keywords and my life purpose: _____

Keflection

WEEK FOUR ACTIVATION LIVE YOUR PURPOSE

FILL IN THE BLANKS AND DO SOME JOURNALING

My **Birth Number** is: _____. Words from the pages that follow that align with how I feel about myself include: _____, ______, ________, and _____.

My **Personal Year** for **2021** is: _____. Since Numerology works in 9-year cycles, that means I was also in this energy in **2012**, **2003**, **1994**, etc. Some patterns I can see from this rhythm include: _____

I am most curious about how Numerology plays into (1) my life's purpose, (2) 9-year Personal Year cycles, (3) the rhythm of the daily numerology we're all living, (4) the patterns I'm noticing in the Birth Numbers of people I most often click with, (5) all of the above.

NUMEROLOGY: PERSONAL YEARS

ASTROLOGY FOR CREATIVES

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Even without someone's birthtime or birthplace, you'll be able to calculate what sort of year they're having and what their setpoint is for experiencing their world. Start calculating the birth number and personal year number for yourself and those closest to you (or even do it for famous people! There are always so many fascinating patterns to track there). We'll start with the 9-year cycle.

1 YEAR: New beginnings, assertive energy, planting seeds, setting the tone for the next 9 years.

2 YEAR: Receptive energy, "abort or knit booties" for the seeds planted last year, emotional, doubting.

3 YEAR: Manifestation based on how well those seeds were nurtured; creative celebration, social.

4 YEAR: Hard work, focus, drive, rolling up the sleeves and making stuff happen.

5 YEAR: Rebellion, play, reckless and free; a year of adventure and a hunger for freedom.

6 YEAR: Domestic year focused on house and home, family, your health, making needed repairs.

7 YEAR: Going inward, turning spiritual, isolating to connect more deeply, building courage.

8 YEAR: The butterfly emerges, a power year (yours or power used against you), a year of being seen.

9 YEAR: Time to end what needs not come into the next cycle; declutter, end relationships, clarify, and reset.

NUMEROLOGY: BIRTH NUMBERS

ASTROLOGY FOR CREATIVES

Now we'll turn to your birth number, which you'll notice has significant alignment with the personal years on the last page. Begin to track patterns in your own life and get curious about those people in your life whose numerology you can calculate.

1 BIRTH NUMBER: Great at starting things (maybe not great at finishing 'em), assertive, eager, confident.

2 BIRTH NUMBER: Nurturing, possibly doubtful about braver things, emotional, possibly intuitive.

3 BIRTH NUMBER: Creative, social, connected to your community and network. Good at manifesting.

4 BIRTH NUMBER: Hard worker, diligent, focused, literal, pragmatic, an empericist.

5 BIRTH NUMBER: Playful, fun-loving, confident life of the party, happy in the spotlight.

6 BIRTH NUMBER: Domestic, family/home focused, aligned with daily tasks more than the big picture.

7 BIRTH NUMBER: Spiritual, introverted, fascinated with psychology, philosophy, and deeper meaning.

8 BIRTH NUMBER: Bold, confident magnet for attention. Natural leader, powerfully in the public eye.

9 BIRTH NUMBER: Wise, detached (or overlyattached to "stuff"), calm, balanced.

Keflection

WEEK FOUR ACTIVATION LIVE YOUR PURPOSE

FILL IN THE BLANKS AND DO SOME JOURNALING

Three South No	de themes t	that most influence r	my
life today are:			,
	, and		

If I follow my **North Node** as if it's my North Star, where might it lead based on its **sign**?

	 	 	 Based on its
house?			Based on the
	 6		

combination of those two things? _____

Based on my **Life Number** and **North Node**, I can lean into these keywords to align to a more fulfilling, purposeful life:

Keflection

WEEK FOUR EXPLORATION LIVE YOUR PURPOSE

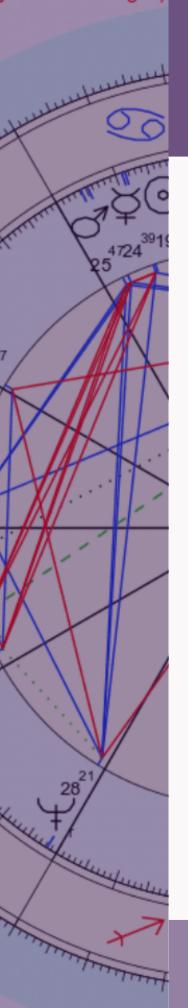
USE THE NUMEROLOGY TABLE TO MAP OUT YOUR NAME

My Full Birth Name has the Numerology of:	•
Therefore, its Planetary representative is	
and its Sign representative is	•

Th	e Professional Name I go by has the Numerology
of:	Therefore, its Planetary representative
is _	and its Sign representative is

Other NAMES and WORDS in my creative brand and their Numerology, Planetary rep, and Sign rep are:

I am most intrigued by the energetic signature of the _____ Numerology. I would like to avoid the _____ Numerology in my brand if possible.



NUMEROLOGY: YOUR NAME

ASTROLOGY FOR CREATIVES

This is all bonus points territory. No need to make yourself do this. But if you're curious about the vibration of your NAME, this is a fabulous tool. Many creatives will use this to choose a stage name, a production company name, social media handles, hashtags, you name it! The * on the table = within-name punctuation marks (hyphens, apostrophes). Enjoy!

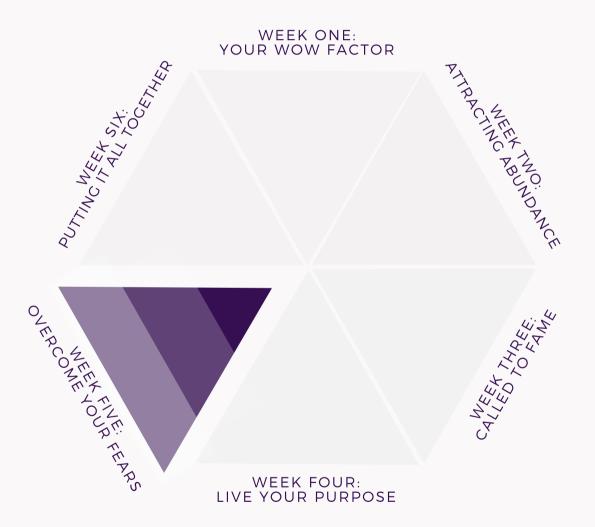
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Keflection



Balance is a constant state of motion. Micro-adjustments. As we move toward our life's purpose with intention, we'll sometimes wobble away from it. Nothing is wrong. This is balance. Trust overall motion forward will show over time.

ASTROLOGY FOR CREATIVES Week 5



Mars

Saturn

WEEK FIVE: OVERCOME YOUR FEARS & LIMITS



MARS Passion, Motivation, Fire

SATURN Limits, Structure, Constraints

CORRESPONDENCES Balancing the Bad Guys

Activation

WEEK FIVE ACTIVATION OVERCOME YOUR FEARS & LIMITS

FILL IN THE BLANKS AND DO SOME JOURNALING

My Mars is in	in the	house, so
I'm motivated by	,	,
and	, Boundaries in 1 will help me	
creative goals. Mars asks time, resources, and hea , and	me to protect m Ith by doing	
My Saturn is in The best way to work wit dialogue. Here is my lette		house. ter into a
master	hallenging lessons for n bu've provided so far ha ose lessons, you've tau , oday, I have goals relat n we work together to	ny growth. ave been , and ght me to , and ted to my achieve
limiting beliefs that stand in		

How would **Saturn** answer answer your letter? Write a response on the next page.

Keflection

WEEK FIVE CORRESPONDENCES **OVERCOME YOUR FEARS & LIMITS**

INVITE BALANCE INTO YOUR PLANETARY RELATIONSHIPS

Add these plants to your **Week Two** list of crystals.

The Moon: chamomile, daisy, gardenia, jasmine, aloe, cucumber Mercury: bergamot, parsley, fennel, lavender Venus: hibiscus, rose, fig, elderberry, apple, birch, almond oil The Sun: honey, frankincense, goldenseal, bay laurel, sunflower Mars: basil, garlic, radish, ginger, dragon's blood, chilies Jupiter: sage, cedar, nutmeg, juniper, mistletoe

Saturn: comfrey, beets, hemp, poppy, patchouli, thyme

Consider the element (Fire, Earth, Air, Water) and the modality (Cardinal, Fixed, Mutable) for each planet based on the signs that correspond with each as well. All the keywords we've been working with also come into play. Blend this work with the planetary remediation options we discussed in Week Three too!

WEEK FIVE CORRESPONDENCES overcome your fears & limits

INVITE BALANCE INTO YOUR PLANETARY RELATIONSHIPS

Also invite color into the life themes that each planet brings into focus.

The Moon: <u>silver, white</u>; intuition, family, home, real estate, fertility, feelings of safety, self-care
 Mercury: <u>yellow, orange, patterns</u>; communication, tech, intellect, transportation, siblings
 Venus: <u>pink, green, light blue</u>; love, harmony, abundance, pleasure, attraction, money
 The Sun: gold, yellow; success, leadership, confidence, vitality, recognition, health
 Mars: <u>red</u>; courage, conflict, anger, motivation, ambition, passion, virility
 Jupiter: royal blue, purple; wealth, opportunity, faith, leadership, success
 Saturn: <u>black</u>; laws, structure, limits, history, death, time, career, ancestors, change

Whether you're (safely) using candles, putting a swatch of fabric on your altar or in your pocket, choosing planetary-based wardrobe, or even writing with a specific color of pen during a planet's hour, the **mindfulness** about what you undertake is key.

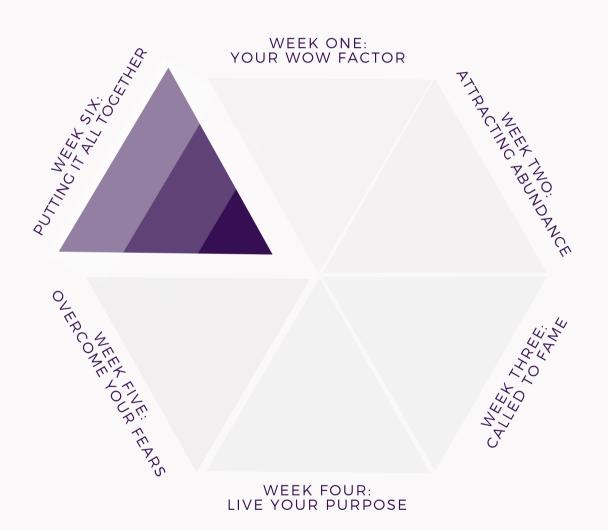
Keflection



No character in the screenplay of our life is inherently "bad" (even if their role is "the bad guy"). In their storyline, their work is to catalyze change that is a key factor in our overall journey. Inviting change with balance allows all characters to play their parts in harmony, even in times of contrast.

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ASTROLOGY FOR CREATIVES Week 6



WEEK SIX: PUTTING IT ALL TOGETHER

Aligned Logline

THE CAR YOU ARE The Big 3 and Your Chart Ruler

YOUR TRUE NORTH The North Node and Your Birth Number

THE PUBLIC EYE Your MC and the 10th House

HELPERS & HINDERERS Benefics and Malefics

ONGOING PRACTICES Remediation and Rituals

Magical Mapmaking

SET INTENTIONS AROUND YOUR LIFE'S ENERGY

List off some of the keywords of each of the traditional 7 planets and luminaries that you want to invite into your career and life.

The Moon:	 	
Mercury:	 	
The Sun:	 	
Mars:	 	
Jupiter:	 	
Saturn:	 	

Also list off any other words you want to invite, even if the words don't necessarily show up with any of the traditional 7.

YOUR CURRENT LOGLINE OR "ABOUT ME" BLURB

Let's start with what you're already using out there. Write up your social media "about me" blurbs, your existing logline, pieces from your bio, etc., and then circle or highlight the words that line up with any of the words on the previous page!

Note any words from the previous page that are NOT already in your logline(s) that you feel could easily be woven in.

ALL ABOUT YOU... ALL OF YOU... IF IT'S ON-BRAND

What stories do you most like to tell? What are some fun facts about you? If you weren't living the life you're living right now (or the one you're headed toward), what would you be doing? What are some qualities about other professions or lifestyles that turn you on and why? Of all the jobs you've had or roles you've played or experiences you've had in life, what are some of the most memorable and favorite components?

Look for common words, themes, ideas. Do any happen to intersect with your favorite planetary keywords? Circle 'em!

LET'S PLAY!

On the next few pages, write up a few different versions of your logline: short, long, concise, rambling, fragmented, story-style, all of it! This is not to try and be perfect; this is to experiment, play, and later look back to see where sparks of brilliance may exist!

As you do different lengths of your logline, notice which words are "stickiest" (meaning, they stay in every version). These words — especially when they align with keywords from your "big three" and the places in your chart you wish to amplify the most (whether that's your MC, the 2/6/10 house combo, the benefics, or even a malefic you're excited to invite to the party a little more) — are your **keepers**.

Revisit the instructions on the **Week 6** curriculum page at the **Astrology for Creatives** website for ideas about rhythm and syllables and alliteration and parts of speech — all of which should blend with your on-brand lingo (unless your brand is DOES NOT BLEND, EVER, of course).

Again, notice opportunities to bring in planetary keywords! Then do so!

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CONSIDERATIONS: THE "BIG THREE"

What is the highest expression of the sign, the element, the modality, the planet, the house you're playing with, throughout this workout? What is something from the shadow side of the sign, the element, the modality, the planet, the house that you'd like to explore? Or minimize? Look to opposite signs or opposite houses for some creative ideas from the opposite perspective!

Return to the **Brandprov** you did in **Week 1** with your "big three" for reminders of what your life's car feels like, as it navigates the roadtrip that is your life. As you're putting together your marketing language, also consider the colors of your Rising Sign and Chart Ruler working their way into your website, the colors you wear when you shoot photos next time, and in other marketing tools!

Your "big three" are always advertising your brand. Now it's time for you to get more intentional with the messaging. Remember the pace of your Chart Ruler; the vibe of the car's driver, navigator, and back-seatdriver; and the distinct and wonderful keywords they each bring to the ride. As you bring some of these words into your logline, have FUN!

CONSIDERATIONS: YOUR MIDHEAVEN & THE 10TH HOUSE

Revisit our work about your Midheaven (MC) and the 10th House for how your public reputation lights up *and* the story of your career. If your MC is in the 9th House, your career story is about MASTERY. If your MC is in the 10th House, your career story is about PRESENTATION. And if your MC is in the 11th House, your career story is about LEGACY. Write up a little story about how the sign and ruling planet of your MC show up in your career ambition, in your execution of career activities, in how your buyers talk about what it is that you do and how you do it.

What is the element of your 2nd, 6th, and 10th houses? This is how you are sourced for success! The work we need to do in order to manifest our career goals with ease is centered around calling in this element. As you explore the car of your life on its roadtrip, imagine the signs and the element of the 2nd, 6th, and 10th houses being available to you along that journey.

If it's Fire you're working with, is it how you cook up your food and tell ghost stories as you camp on a break from the roadtrip? If it's Earth that you're sourced from, is it a garden you plant and then return to along your journey, ready to receive its bounty? If it's Air you're dealing with, is it a gust that picks you up and allows the car to float somehow? Or maybe it's a gust that blows away obstacles in the road? And if it's Water that's sourcing your journey, is it a cooling rain? A babbling brook? An expansive ocean you take a dip in? Really paint the picture!

CONSIDERATIONS: THE NORTH NODE

Your North Node is about fulfilling your life's purpose – remember, your "life's purpose" is not necessarily about your career or making money! Only if your North Node is in Taurus or Scorpio and/or in the 2nd or 8th house is it *definitely* about money. Otherwise, be open to the story of your purpose expanding beyond your career. And then use that inspiration to inform your marketing materials. Yes! They do blend!

What is the story arc from your South Node (and its house) to your North Node (and its house)? What potential paths could that story arc take? Consider the journey from South Node to North Node to be a road or trail or path or non-standard road-like-space on which the car of your life makes its roadtrip. Could you get crafty and create a physical map — vision board style — of this route? All its twists and turns? The cast of characters you'll intersect with along the way? Detours you'll take?

Perhaps your malefics are there, and of course your benefics! You could create something really fun that helps you visualize the tour the car of your life is taking! You could even start out with the parts of your journey you've already traveled — depict some of the major players you've encountered in life in ways that feel healing! Thank them for the lessons they've taught you, and then continue crafting the map with intention for the highest expression of your chart's best parts!

Keflection

BODY PARTS RULED BY SIGNS

Just like the signs have an order in the zodiac, they have an order on the bod and we're gonna take it Aries to Pisces, like always. This goes — generally — head to toe.

Aries: Ruler of the head, face, teeth, tongue, hair, arteries, and blood.
Taurus: Ruler of the sinuses, ears, neck, throat, vocal cords, tonsils, and thyroid.
Gemini: Ruler of the shoulders, lungs, bronchial tubes, arms, hands, and capillaries.
Cancer: Ruler of the breasts, diaphragm, womb, lymphatic system, vagina, stomach, and the right eye.
Leo: Ruler of the heart, circulation, blood pressure, spine, back, and the left eye.
Virgo: Ruler of the digestive system, pancreas, small intestines, eyes, and ears.
Libra: Ruler of the kidneys, bladder, the sense of touch, insulin, veins, and lower back.

Scorpio: Ruler of the reproductive organs, genitals, prostate, rectum, colon, urethra, pubic bone, and urinary tract.

Sagittarius: Ruler of the liver, sacrum, lumbar vertebra, hips, and thighs.

Capricorn: Ruler of the skin, hair, ligaments, tendons, joints, knees, spleen, and bones (therefore sometimes also teeth).

Aquarius: Ruler of the shins, calves, ankles, forearms, and circulation. **Pisces**: Ruler of the pituitary gland (production of endorphins), pineal gland (production of melatonin), and feet.

Notice the signs in which you have malefics. Any health patterns?

YOUR POWER DAY & ALIGNED NUMEROLOGY

There are seven days of the week and seven visible planets and luminaries in our naked-eye sky. Here are the planets to focus your attention on, day by day. <u>NOTE</u>: These days start at sunrise (not at midnight, like our calendar days)!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sun	Moon	Mars	Mercury	Jupiter	Venus	Saturn

Next, you can calculate the numerology of every day of the year, if you'd like to (or just use the **Aligned Hustle Calendar** on the next page). The idea here is to begin identifying Power Days based on the planetary days of the week and the numerology of each day. With just these two tools — even before you're well-versed in astrological transits and other big woo events — you'll be able to align your schedule with energies that invite in manifestation for whatever it is you desire!

Simply add down the month (November = 11), the day (10th), and the year (2021) to get today's numerology.

1+1+1+0+2+0+2+1=8Today is **Mercury**'s day with the numerology of **8**.

November 2021 This is a 7 month in a 5 year.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Remember: Neptune, Chiron, and Uranus are all retrograde as November begins.	1 American Film Market → [partner up] (4:11pm PDT) Libra moon → 8	2 Mercury square Pluto (power struggles) 9	3 Astrology for Creatives Zoom 11:30am PDT [go deep] (5:53pm PDT) 5corpio moon → 1	 4 Diwali new moon in Scorpio at 2:14pm PDT plant seeds for deep transformations. Sun oppose Uranus (chaos of ego) 	5 VM 9:09am- 5:53pm PDT Sign PDT Venus in Capricorn → (practical in love & money) Mercury in Scorpio → (intense communication) AFM [explore] (5:53pm PDT) 3	6
7 Daylight Saving Time ends LA Marathon NY Marathon 5:04pm PST [do the work] (5:04pm PST) Capricorn moon → 5	ى 8	9 VM 9:51am- 7:03pm PST [innovate] (7:03pm PST) 7	10 CMA Awards Astrology for Creatives Zoom 11:30am PST Mercury conjunct Mars (passionate thinking) Mercury & Mars square Saturn (pressure, fire, structure) AFI Fest → 8	 Veterans Day first qtr. moon (4:45am PST) delegate, review; VM charisma 1 11:54pm PST 11:54pm PST Fisces moon - 	12 Sun trine Neptune (super creative!) 1	13 World Kindness Day EuroNinjas Meetup Mercury oppose Uranus (chaotic communication) W 9:39pm PST- 2
14 VM -7:48am PST -7:48am PST [blast off] (7:48am PST) Aries moon → 3	15 Sun square Jupiter (confidence and growth) 4	16 vM 7:50am- 6:18pm PST Enanifest] (6:18pm PST) 5 Taurus moon → 5	17 Get in Gear for the Next Tier Zoom 1pm PST Mars oppose Uranus (chaotic war energy) 6	18 JFDI with Bon Zoom 11:30am PST Mercury trine Neptune (super creative!) Venus trine Uranus (innovative love & money)	19 Expansive Capacity Zoom 12pm PST full mon/unar eclipse in to Taurus at 12:57am PST Release stubborn attachment to material things. [multitask] (6:33am PST) Gemini moon	20 Mercury square Jupiter (tall tales and grand plans) ← Scorpio
21 AMAs VM 7:51am- 7:33pm PST Sagittarius → [nurture] (7:33pm PST) [ancer moon → 1]	22 2	2 3 VM Aligned ^{9:45pm} PST- 12:30pm PST	2 4 VM -7:59am Mercury in Sagittarius → (enthusiastic communication) [shine bright] (7:59am PST) 4 Leo moon →	2.5 Thanksgiving	26 VM 8:23am- 6:12pm PST 6:12pm PST Comic-Con → [get stuff done] (6:12pm PST) Virgo moon →	27 Astrology Vision Board Party! 11am PST last qtr. moon (4:27am PST) declutter, self care r
28 Hanukkah → Sun conjunct Mercury (confident communication) VM 4:02pm PST- PST-	29 Mars trine Neptune (passionately creative!) VM -12:55am PST [partner up] (12:55am PST) Libra moon → 9	3 O			S Jupiter, 9 Feisty ch	Sagittarius 11/21-12/20: Fire, Jupiter, 9th house, Mutable, assertive. Feisty champion for growth. Focus on hips, thighs, liver, sacrum.

SELECT YOUR REMEDIATION DAYS

Knowing what you now know about the planetary days of the week, the numerology of the days, what energies you'd like to balance in your natal chart (whether that's to boost UP the energies of under-performing benefics or to turn DOWN the impact of over-active malefics... or simply to honor your Chart Ruler and the other occupants of your life's car), and the story arc of your South Node to North Node, write up some ideas about WHEN you can commit to showing up to connect more mindfully with your chart parts. (We'll get to a few suggestions of WHAT to do on the next three pages.)

REMEDIATION STATION

CREATE A PRACTICE FOR YOUR POWER DAYS

On **Sunday** (the Sun's day), do things that honor the Sun: Wear gold or orange. Start your day with a Sun Salutation. Get outside! Be playful. Bask. Eat oranges and curries and turmeric and citrus fruit. This honors the Sun's role in your life (especially helpful if you have trouble being seen or feeling as if you belong).

On **Monday** (the Moon's day), do things that honor the Moon: Wear silver or white. Soak in the bath. Avoid the news. Get a massage. Nap. Pay attention to those heightened emotions. Eat favorite dishes from your mom's kitchen, comfort foods, creamy and soothing recipes that align with how you want to FEEL.

On **Tuesday** (Mars' day), do things that honor Mars: Wear red. Be active. Work out harder than you usually do. Spar or box or do some other contact sport. Participate in a drum circle. Get something pierced or get a tattoo. Go hatchetthrowing. Let Mars know you respect its war energy! Eat foods that are spicy, garlicky, high in protein, even a juicy steak. Do a Fireball shot.

On **Wednesday** (Mercury's day), do things that honor Mercury: Wear yellow, especially patterns. Chant. Do breathwork. Meditate. Sit with your thoughts. Dance. Move around as you talk on the phone. Take an online class. Send emails. Drink coffee or caffeinated tea. Eat fast-to-prepare foods that keep you peppy and moving and don't weigh you down or cloud your thoughts.

cont'd...

REMEDIATION STATION

CREATE A PRACTICE FOR YOUR POWER DAYS

On **Thursday** (Jupiter's day), do things that honor Jupiter: Wear purple or royal blue. Wear jewelry that's sparkly. Engage in spiritual rituals. Spend time at your altar. Create a vision board for wildest dreams. Make a gratitude list. Arrange space using Feng Shui. Drink top-shelf booze or enchanting elixirs. Eat the most delicious, decadent foods you love. Let Jupiter know you appreciate organic expansion and luck that flows. Indulge.

On **Friday** (Venus' day), do things that honor Venus: Wear pink or green. Count up your coins and exchange them for bills. Wear a piece of jewelry that you love. Create visual art. Have sex. Drink wine. Eat food that is presented beautifully so it's a delight for all the senses. Be sure to include melons and grapes and chocolate and anything sexy! Connect with Venus for its magnetic properties of attraction.

On **Saturday** (Saturn's day), do things that honor Saturn: Wear black. Be quiet. Do things you're supposed to do, things that take discipline and focus. Drink only water. Consider fasting. If that's not your thing, go very light on your intake and avoid anything that would be an indulgence (indulgences are for Thursdays). Sip bone broth. Break stuff (coconuts are particularly satisfying). Declutter! Show Saturn you respect its focus on minimalism and structure.

Remember to invite in the crystals from **Week 2** and the correspondences from **Week 5** as well!

REMEDIATION STATION

CREATE A PRACTICE FOR YOUR POWER DAYS

On a **1** day, start new things. Plant seeds. Initiate. Be bold! Assert yourself with confidence! Shine bright!

On a **2** day, feel your feelings. Let your intuition guide you. Embody the seeds you've planted. Engage in self-care.

On a **3** day, celebrate the manifestations you've already revealed in life! Bring joy into your collaborations!

On a **4** day, roll up your sleeves and put in the work. Get stuff done! Build. You can even whistle while you work.

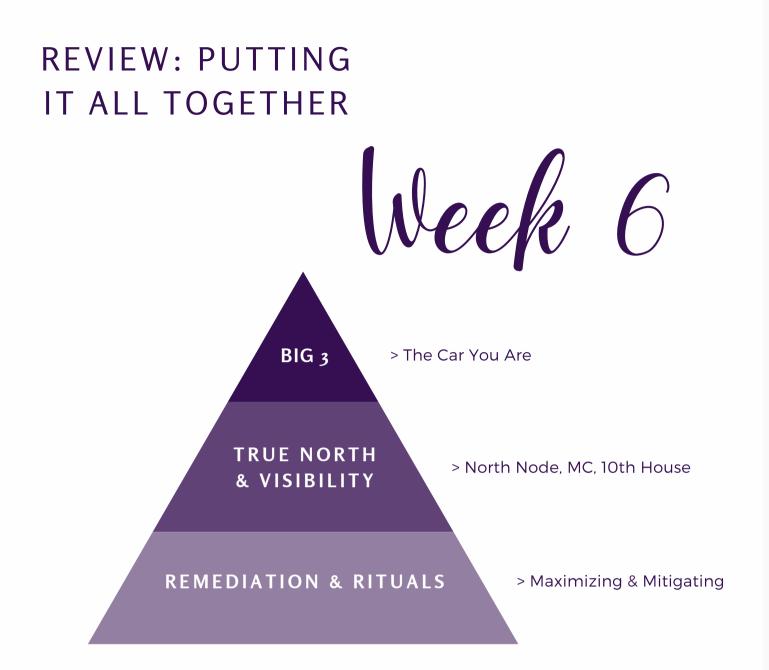
On a **5** day, play! Be seen! Rebel! Have fun! Be frisky! Have great sex! Rejoice! Get in good trouble!

On a **6** day, repair. Focus on your house and home, your family and your stability. Throw a dinner party. Make it nice!

On a **7** day, go within. Have reverent stillness for the butterfly you are becoming. Engage in a spiritual practice. Learn who you really are.

On an **8** day, emerge! Stretch those butterfly wings and come out ready to fly! Do things that help you feel the fullness of your power.

On a **9** day, close off a chapter. Declutter. Clean out closets. Prune. Let go of relationships, habits, and belongings that no longer serve you.



There's no one right way to come upon your most aligned brand and marketing assets. Pick and choose from the delicious offerings your natal chart is always presenting to you. Use the pace of your Chart Ruler to try on different combinations. Have fun with this... because isn't FUN the whole point?

ANY QUESTIONS...

REMEMBER, WE'RE OFFERING ONGOING MEMBERSHIP.

YOU COMPLETE ASTROLOGY FOR CREATIVES?

We know, this workbook is already a bajilliondy pages long. (We told you, we can geek out on this stuff forEVER.) In case you have any questions before we close up our class offering, we're sharing a few more answers here.

Q: I'm still not sure what to focus on, now that I have all of this information. What's the right next step?

A: The good news is, there's no wrong answer to this question. You are now loaded with way more information about yourself than you had six weeks ago and that means you can take an informed guess about what to do next. If you're not yet ready to overhaul your website, update your bio, or shoot new photos to match the story of your aligned brand, that's totally fine! Pledge to spend a little time each week getting to know better parts of your chart that intrigue or confuse you! Over time, you'll begin to receive clarity about where to shift your energy. Astrology is all about confirming what your gut already knows. You've got this!

Q: This has opened up a big ol' can o' worms. Can I go deeper with you?

A: Yes. Both Rachel and Bonnie offer 1:1 sessions. We're happy to meet with you to explore parts of your chart that need a little more attention. In a private session, there are many other directions we can go, We encourage you to book readings with other astrologers too! (Gasp! I know!) Learn from everyone. It's good for you!

Q: I feel *thisclose* to having my brand sorted out. May I repeat this course?

A: Absolutely! We're offering ongoing membership with monthly Zooms for the **Aligned MCs** (cute, right?) and if you stay on with us after this cohort, you will be able to repeat the course with the next cohort for no additional charge! It is included in your monthly, ongoing membership. Should you cancel your membership, you may repeat the course by enrolling as a brand new student in a future cohort. We plan to offer **Astrology for Creatives** 3 or 4 times a year!

YOUR CHART IS A MAP, A CALENDAR, AND A MIRROR... IF YOU KNOW WHAT YOU'RE SEEING.

THANK YOU FOR SHARING YOUR MIRROR WITH US!

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