

JFDI with Bon Q&A Live Zoom Chat 30 June 2020

10:02:46 From Sandy Reynolds: Hello everyone!
10:03:03 From Lenka Silhanova: Hiii
10:03:18 From Laura Buckles: hi everyone
10:03:26 From Alex Ryan: Hey all!
10:03:45 From Bradley Nikoal Williams: hey folks
10:03:46 From Alex Ryan: So many people! Love it!
10:03:56 From Sandy Reynolds: It's like a reunion.
10:04:23 From Julia Stipsits: I missed you guys! Moved house, didn't have internet...
10:04:24 From Emily Kindred: The Breakfast Club is all here :)
10:04:36 From Alex Ryan: Welcome back Julia!
10:04:54 From Lenka Silhanova: @Julia: You got new hair! You look fabulous as a
brunette!
10:04:54 From Julia Stipsits: <3
10:05:13 From Julia Stipsits: New house, new hair :D
10:05:37 From Alex Ryan: Dave's eating a sandwich again ☺ ☺
10:06:36 From Kristen Girard: Pancake Question: If you accidentally used a different email
address for Pancakers is there a way to link them?
10:06:42 From Lenka Silhanova: Looks like a burned pancake though!
10:06:51 From Alex Ryan: It does!
10:07:20 From Dave Manship: Ezekiel Toast
10:07:40 From Remy O'Brien: which flavor? I love Ezekiel bread
10:07:50 From Dave Manship: Cinnamon Raisin
10:07:53 From Alex Ryan: Except maybe the 1st?
10:07:57 From Kristen Girard: Love that kitten eating the pancake by the way!
10:07:58 From Remy O'Brien: That's the best
10:08:07 From Alex Ryan: Love it Dave!
10:11:05 From Constance Zaytoun: i need to know that person!
10:12:09 From Emily Brown: This person is so so real.
10:12:14 From Emily Kindred: totally
10:14:59 From Emily Kindred: the FOMO creepers who need to know
10:15:18 From Alex Ryan: Love that emily
10:23:56 From Alex Ryan: OMG! Permission granted!!
10:24:07 From Laura Buckles: hee Ilove it
10:24:33 From Laura Buckles: Is one of yours a cook along Connie?
10:24:46 From Laura Dowling Shea: That's great, I think I'm in the same triangle.
Thanks for the permission to hold on membership.
10:24:53 From Alex Ryan: So the name of a book! KITTY LICKED BUTTER
10:25:09 From Constance Zaytoun: @laura B - yes!! we're doing another cookalong in july!
10:25:17 From Sandy Reynolds: Connie You may find buyers request that middle layer
and then you'll know what it should be.
10:25:20 From Laura Buckles: Yay!!!

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Bonnie Gillespie

10:25:28 From Jennii Vo Le: Welcome Ayesha and Peter!!
10:25:39 From Ayesha Adamo: Thanks! Great to be a part of it!
10:25:42 From Constance Zaytoun: @sandy -- that was just occurring to me, too!
perfection!
10:26:04 From Alex Ryan: Oh love that Sandy!
10:26:08 From Constance Zaytoun: @laura b - let me know if you want to join. Remy did
it with us last time!
10:26:26 From Laura Buckles: Yes please
10:26:31 From Remy O'Brien: Laura b it was fun and delicious
10:26:45 From Laura Buckles: eeeee
10:27:14 From Constance Zaytoun: write me & i'll get you info! constancezaytoun@gmail
or DM me at @constancecooks --- woot!!!
10:27:49 From Laura Buckles: woot will do
10:29:15 From Sandy Reynolds: You don't need a separate website. You could have a
different domain forward to a hidden page on your website as well. That can be helpful while
you are figuring out how much traffic you are getting with your pancake.
10:29:20 From Emily Kindred: linktree is GREAT
10:29:31 From Alex Ryan: Sandy! That is so cool!
10:29:32 From Constance Zaytoun: @lauraB mark wednesday, july 29th in your calendar!
it's gonna be fun!
10:29:50 From Constance Zaytoun: @sandy -- that's such a great idea!
10:30:05 From Jennii Vo Le: Love that Sandy! thank you!!
10:30:59 From Constance Zaytoun: SEO - yes!!
10:31:04 From Sandy Reynolds: A good tip for those of us who buy lots of domain names.
Hahaha.
10:31:21 From Constance Zaytoun: yay, Dana!!!!
10:31:23 From Emily Kindred: I'm a domain hoarder Sandy, lol
10:31:33 From Alex Ryan: AWESOME DANA!
10:31:51 From Constance Zaytoun: link it link it!!!
10:31:54 From Alex Ryan: And I wish I knew about this domain hoarding guys. Are you
talking about owning random domains you love?
10:32:44 From Sandy Reynolds: Alex - yes!
10:33:52 From Alex Ryan: Amazing!
10:33:59 From Sandy Reynolds: I am so with you Bonnie
10:34:39 From Jennii Vo Le: yesssss!!
10:34:42 From Emily Kindred: The other day I contacted namecheap to consolidated all of
my domains across godaddy and namecheap accounts to one place
10:35:01 From Alex Ryan: Wow Emily. Never even heard of namecheap
10:35:11 From Sandy Reynolds: I need to check namecheap out!
10:35:15 From Rhianna Basore: @Emily I was just trying to do that with Namecheap
yesterday. Migrate one of my domains from Whois.com
10:35:29 From Emily Kindred: namecheap has a deal on right now and domains are on sale

- 10:36:00 From Emily Kindred: I used the deadline to force myself to settle on a new business name
- 10:36:16 From Sandy Reynolds: Emily not sure that is helpful for me. I can see my afternoon now....buying domains.
- 10:36:26 From Alex Ryan: Sandy hahahahaha
- 10:36:36 From Jennii Vo Le: Oooo!! Thank you Emily!!
- 10:36:51 From Emily Kindred: I also ended and have posted a couple for sale and removed autorenew
- 10:37:22 From Emily Kindred: I basically Marie Kondo-ed my domains and was realistic about what I would actually build once they were all in the same place
- 10:38:02 From Sandy Reynolds: I turned off auto-renew so at least I have to choose annually whether to hold on to a domain.
- 10:38:19 From Emily Kindred: smart @Sandy
- 10:38:36 From Emily Kindred: I don't want to keep paying for things I don't use
- 10:39:48 From Constance Zaytoun: Meg is amazing!!
- 10:44:04 From Emily Kindred: Tip for videos: If you are able to it is great to closed caption your videos. Not only does it make it more accessible it also allows viewers to watch it without sound if they are in a place without headphones or it can't be played out loud in a public place
- 10:45:03 From Alex Ryan: Great idea emily
- 10:45:11 From Ayesha Adamo: Have to run to record my Tuesday Talkies video podcast - looking forward to watching the rest in the replay and pancaking more together in the coming months!
- 10:45:18 From Rhianna Basore: Here for THAT @Laura
- 10:45:21 From Alex Ryan: Where can we find Ayesha??
- 10:46:01 From Ayesha Adamo: I'm @ayeshaadamo on Insta and as my name on most social places. also ayeshaadamo@gmail.com :)
- 10:46:22 From Alex Ryan: Great!
- 10:47:12 From Constance Zaytoun: i need sleep help!
- 10:47:15 From Alex Ryan: ME TOO
- 10:47:15 From Laura Buckles: https://www.hollygstudios.com/weekend_makeover
- 10:47:28 From Emily Kindred: Laura your passion shows! I love how fired up and excited you are about this
- 10:47:30 From Alex Ryan: Thanks LauraB!
- 10:47:56 From Alex Ryan: PLEASE
- 10:48:07 From kathi carey: Sleep Better Tonight and Every Night
- 10:48:12 From Alex Ryan: Yes Kathi!
- 10:48:21 From Constance Zaytoun: yes!!
- 10:48:22 From Jennii Vo Le: I neeed thisss Lauraaaa!! yesss!
- 10:48:32 From Julia Stipsits: Me too, yes please!
- 10:48:48 From Alex Ryan: I mean we Pancakers would be WILLING to help you practice. Clearly. ;)
- 10:48:55 From Kristen Girard: @Laura - Other ideas to put into your headlines: How to stop falling asleep while you drink coffee!

10:48:57 From Tanya Perez: Word!
10:49:30 From Alex Ryan: Me either!!!
10:49:45 From Kristen Girard: @Laura Do you ever feel like you need to chew espresso beans to stay awake because your sleep is so bad? Let me help you.
10:50:14 From Constance Zaytoun: i like chewing espresso beans + eating cat butter!
10:50:23 From Kristen Girard: Ha!
10:50:28 From Emily Kindred: red bull to bed bull.... that one sounds kinda sexual though, lol
10:50:38 From Kristen Girard: Love that Emily!
10:50:39 From Alex Ryan: <https://loveatfirstsearch.com>
10:50:39 From Sandy Reynolds: hahaha!
10:50:45 From Laura Buckles: <https://loveatfirstsearch.com>
10:50:49 From Laura Buckles: haha Alex
10:50:56 From Alex Ryan: Same brain Laura!
10:51:01 From Laura Buckles: So true
10:51:20 From Alex Ryan: GREAT QUESTION JENNII!!!
10:51:38 From Constance Zaytoun: Meg's new offering:
10:51:45 From Constance Zaytoun: <https://loveatfirstsearch.com/attract-activate>
10:52:09 From Kristen Girard: @Laura Grab the wheel of how you sleep so you don't fall asleep at the wheel.
10:53:06 From Tanya Perez: I like red bull to bed bull. Teehee!
10:53:22 From Emily Kindred: thanks Tanya ;P
10:53:30 From Laura Dowling Shea: Love all of this. I'll invite you all to the webinar for sure!
10:54:06 From Constance Zaytoun: i think Meg's offer closes in 10 hours btw
10:54:11 From Alex Ryan: Thanks C!
10:54:16 From Emily Kindred: thanks @Connie
10:55:48 From Alex Ryan: Bonnie taught me this. I don't let my text or email tell me how many new things I have. Game changer.
10:56:34 From Emily Kindred: I LOOOOOVE that
10:57:36 From Denise Ivanoff: People or so shocked that I don't get email notifications n my phone.
10:57:38 From Constance Zaytoun: that is so phenomenal!!
10:57:42 From Denise Ivanoff: are not or
10:57:46 From Alex Ryan: I don't either Denise!
10:57:51 From kathi carey: Me, too @Denise
10:58:36 From Constance Zaytoun: i have a THANK YOU to each of you for your support last week (and always!)
10:58:49 From Rhianna Basore: I'm turning off all my notifications....rn
10:58:56 From Alex Ryan: You're awesome Constance!
10:58:58 From Jennii Vo Le: I just deleted Instagram for minute!
10:59:24 From Constance Zaytoun: @alex -- thank you. last week was so big and it was amazing to know y'all had my back

- 10:59:53 From Alex Ryan: I felt so grateful to be there. <hug>
- 11:00:01 From Kristen Girard: The social media is making it more and more appealing to go back to having conversations on blogs.
- 11:00:05 From kathi carey: I think I look at Instagram twice a day. Same with Twitter
- 11:00:14 From Laura Buckles: Being a creator not a consumer on M is huge, Bonnie thank you for giving me that btw
- 11:00:22 From Laura Buckles: SM not M
- 11:00:55 From Laura Dowling Shea: Do you schedule that check in on your calendar?
- 11:02:28 From Emily Brown: I always think, what can I honestly expect from a website that originated to rate women across their Ivy League community?
- 11:02:36 From Alex Ryan: HA EMILY!
- 11:02:41 From kathi carey: Exactly @Emily
- 11:02:44 From Constance Zaytoun: yaaaaas, emily!
- 11:02:51 From Lenka Silhanova: True, Emily!
- 11:02:52 From Emily Brown: My sister was at Princeton at the same time Zuckerberg started Facebook..... and ooof.
- 11:02:59 From Alex Ryan: :/ :/
- 11:03:05 From Jennii Vo Le: WOW...Thank you so much for sharing that Bonnie!!
- 11:03:27 From Carolyn Aubin: I have a question: What kind of refund policy, if any, should you have for a PDF download. Do you refund, mark as special flower and let it go, OR should you set time parameters (i.e. 30 days) for a refund? Obviously, the person will have the PDF in their possession even after a refund.
- 11:03:32 From Jennii Vo Le: "Creator not consumer" I'm going to keep that mantra with me!!
- 11:03:32 From Sandy Reynolds: Bonnie - is there a website page about the Pancake Playhouse - or can you talk a little bit about it? Is it a membership site? I know you sent an email or two but I can't find it...
- 11:03:32 From Laura Buckles: Once I decided I controlled my social not the other way around I stopped hating it all
- 11:03:36 From Jennii Vo Le: Thank you!
- 11:04:48 From Constance Zaytoun: this is GREAT --- cuz i live for the day i get some help!!
- 11:05:30 From Sandy Reynolds: Carolyn - I have seen people have a policy there will be no refund if you download this PDF. I think if they have downloaded it and are unhappy you might want to give them a credit towards something else? I think the cost might be a factor.
- 11:05:59 From Laura Dowling Shea: @Jennii I just wrote Creator not consumer on a blank page and will hang it where I can see it all day long!
- 11:06:31 From Alex Ryan: And I just made a promise w myself to say it out loud before opening any SM app
- 11:06:34 From Carolyn Aubin: Sandy: Thank you!
- 11:07:30 From Emily Kindred: where would be a good place to store all of these templates?
- 11:07:53 From Alex Ryan: So glad this is being recorded!!
- 11:08:39 From Jennii Vo Le: Yessss! Laura!! And yessss Alex!!

11:09:56 From Bonnie Gillespie: <https://www.youtube.com/watch?v=GV8iqStDRsA>
11:09:59 From Constance Zaytoun: what is slack whist paused?
11:10:11 From Emily Kindred: is mercury being extra EXTRA for anyone else today?
11:10:38 From Dave Manship: Was EXTRA for me yesterday
11:10:50 From Remy O'Brien: Emily it's been all week for me. One of the worst
11:10:52 From Alex Ryan: It's just BEEN EXTRA for me
11:11:07 From Alex Ryan: Ugh I have to leave in a second for PT. Hate leaving you guys!
11:11:13 From Sandy Reynolds: We had sewage back up in our basement. I would call that EXTRA.
11:11:16 From Laura Buckles: <https://slack.com>
11:11:20 From Denise Ivanoff: Mercury--OMG I got here Friday to find internet out and just got it restored this AM, took an hour on tech support.
11:11:31 From Laura Buckles: Mercury has been kind to me
11:12:12 From Denise Ivanoff: But everyone was freaking out and I was like, no don't change providers and sign a new contract...get on the phone and stay patient and be calm.
11:13:15 From Dave Manship: Bon good for you. It is about what can we learn from this? What can we BOTH learn from this so it doesn't happen again?
11:13:49 From Emily Kindred: great question Tamika
11:15:54 From Tamika Simpkins: Thanks Emily!
11:17:00 From Sandy Reynolds: and then what tag do they get? haha
11:18:49 From Carolyne Aubin: Thank you Bonnie. That was super helpful.
11:19:18 From Laura Buckles: Random question Bonnie, does your bond cover you or your company?
11:19:27 From Emily Kindred: smart
11:19:34 From Jennii Vo Le: Do you track IP sign in and all that with Ontraport?
11:19:35 From Laura Buckles: Re: AB1319
11:20:28 From Laura Buckles: that covers anyone who works for you
11:20:41 From Laura Buckles: yep that's my question thank you!!
11:22:58 From Laura Dowling Shea: Do you have to have permission from attendees to record a zoom session?
11:26:19 From Sandy Reynolds: Thanks Bonnie.
11:26:19 From Dave Manship: 5x5 question
11:27:16 From Carolyne Aubin: Ooooh cucumber melon. Sounds delicious!
11:31:40 From Emily Kindred: great question Laura, this is helpful
11:32:54 From Lenka Silhanova: Yes, great question, Laura!
11:32:54 From Jennii Vo Le: <3 <3 <3 !!!! I love that so much, Bonnie!
11:33:07 From kathi carey: LOVE that so much!
11:33:16 From Emily Kindred: GTFO
11:33:31 From Laura Dowling Shea: Nice!
11:33:32 From Emily Kindred: no room for that negativity or hate speech
11:37:20 From Emily Kindred: that gives you authority and builds know/like/trust
11:38:17 From Kristen Girard: @Dave Teaching a bit helps build your authority and their curiosity - their curiosity will lead them to buy - so stir that right up!

- 11:38:59 From Dave Manship: Thanks KRisten
- 11:39:03 From Kristen Girard: Also, people are naturally lazy/ time crunched and are willing to have it all explained or presented in a focused way so they can get it done.
- 11:40:16 From Constance Zaytoun: it's a THING!!
- 11:41:01 From Emily Brown: The block IS a breakthrough, because once you know you have a block, you're one step closer to the breakthrough. BAM Blockthrough
- 11:41:14 From Kristen Girard: True Emily!
- 11:41:32 From Sandy Reynolds: Like I said in my survey, in early Covid days this course was a lifeline for me. It gave me something to ground my work! Thank you!
- 11:41:50 From Lenka Silhanova: Thank you, Bonnie!
- 11:42:02 From Carolyne Aubin: Thank You!!!!