

## JFDI with Bon Mastermind Live Zoom Chat 14 September 2023

11:31:20 From Sarah McLean: offended!

11:33:27 From Stephanie Bergeron: Hey, it's not an hour late!

11:33:28 From Jaki S (They/She): very virgo

11:33:34 From Kristen Girard: Egged than an hour late!

11:33:39 From Kristen Girard: Better

11:33:47 From Kristen Girard: Stupid spell check.

11:33:51 From Kristen Girard: 😊

11:33:59 From Stephanie Bergeron: Spell Check: the Ultimate Man-splainer

11:35:41 From Dana Middleton: Can I do a quick course update?

11:35:42 From Sarah McLean: just 2 quick updates

11:37:12 From Kristen Girard: Can't come on camera today. So will save for next time I think.

11:37:53 From Stephanie Bergeron: It's a buffet!

11:40:59 From Stephanie Bergeron: I love the perfect juxtaposition of "fine art" and "cool shit", just sayin'.

11:41:07 From Dana Middleton: Nice, Sarah!

11:41:57 From Kristen Girard: That's great Sarah!

11:42:00 From Jaki S (They/She): heck yeah

11:42:03 From Jaki S (They/She): incredible

11:42:09 From Sarah McLean: thanks, Stephanie.

11:42:18 From Sarah McLean: thanks, everyone.

11:43:44 From Jaki S (They/She): aww thats beautiful

11:44:00 From Kristen Girard: So much goodness here!

11:44:59 From Kristen Girard: That's fantastic Jaki!!!!!!!

11:46:25 From Kristen Girard: Wahooo!

11:46:39 From Stephanie Bergeron: You're so lit up as you talk about it, I love!

11:46:57 From Sarah McLean: Well, we're all crushing things right now.

11:47:12 From L T: BEAUTIFUL!!!

11:47:15 From Stephanie Bergeron: Right, Sarah? I'm so excited by this energy...

11:47:43 From Stephanie Bergeron: "Catching Air"

11:48:59 From Stephanie Bergeron: I get the loud. I've never heard so many lawnmowers at once in my life this morning... lol. Total side tangent.

11:49:34 From Sarah McLean: Jaki - glad to learn the reason for the name of your company. obviously got the film reference but love how you use it to show how you're a visionary in this field.

11:50:24 From Jaki S (They/She): aww, thanks Sarah! Yeah, I wanted an inside joke/nod to my past <3

For more support of your creative journey to your own enoughness, visit [bonniegillespie.com](https://bonniegillespie.com).

Bonnie Gillespie

11:50:28 From Jaki S (They/She): yayyyyyy kathi  
11:50:43 From Bonnie Gillespie (she|her): Nope!  
11:50:53 From Bonnie Gillespie (she|her): Swapping towers.  
11:50:59 From Kristen Girard: Not loud on your end at all Kathi!  
11:51:37 From Bonnie Gillespie (she|her): This group is so freakin' inspiring!!  
11:51:53 From Stephanie Bergeron: Seriously. Surround yourself with greatness. Check.  
11:52:12 From Bonnie Gillespie (she|her): ✓  
11:52:55 From Bonnie Gillespie (she|her): So good!  
11:52:59 From Dana Middleton: Is this an in person or zoom course, Kathi?  
11:53:12 From Bonnie Gillespie (she|her): In person, Dana. Catered by Dave!  
11:53:42 From Stephanie Bergeron: Ha! At some point, it should have an online version... people need this.  
11:53:51 From Bonnie Gillespie (she|her): Agree.  
11:54:19 From Dana Middleton: Thanks, Bonnie!  
11:56:32 From Dana Middleton: Go Dave!  
11:56:40 From Bonnie Gillespie (she|her): L E G A C Y  
11:56:45 From Jaki S (They/She): yaaaaaah  
11:56:53 From Stephanie Bergeron: That's the word that came to me, too. Legacy.  
11:57:59 From Stephanie Bergeron: La Trice... the bat'leth! (Sorry, Trek distracted again.)  
11:58:26 From Kristen Girard: Yay! Star Trek!!!!  
12:00:25 From Kristen Girard: Welcome LT!  
12:02:18 From Stephanie Bergeron: Sometimes all at once. Lol.  
12:07:04 From Jaki S (They/She): i gotta leave at 1230  
12:07:52 From Stephanie Bergeron: Batching ftw!  
12:08:22 From L T: Such a good idea!  
12:09:06 From L T: Bonnie's shorts are 🔥 btw  
12:09:22 From Dana Middleton: What is your youtube channel, bonnie?  
12:09:47 From Kristen Girard: Hee heee!!!!  
12:09:51 From Sarah McLean: that's the victory right there.  
12:10:00 From Stephanie Bergeron: 100%  
12:10:00 From L T: Right!!  
12:10:56 From Bonnie Gillespie (she|her): That calendar is DOPE.  
12:11:13 From Stephanie Bergeron: Omg. You just put a finger on it for me... lmao.  
12:12:01 From Bonnie Gillespie (she|her): So this is like a pre-Without a Box system.  
12:15:52 From Stephanie Bergeron: It's also not a ton of money if it's a one-off, "I just want a calendar to DIY".  
12:18:30 From Jaki S (They/She): its so great, im so stoked for you  
12:18:45 From L T: 🎉🎉🎉  
12:20:42 From L T: So cool, Stephanie!!

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Bonnie Gillespie

12:21:58 From Kristen Girard: Would the pressure come off of you started a pre- launch even at the end of this month before you are done?

12:25:00 From Kristen Girard: Thinking a pre- launch would help build momentum in a gentle building way that can work with your energy levels.

12:26:29 From Sarah McLean: Stephanie, my deadline for this book has been pushed back MANY times. I've learned to live with it.

12:28:46 From L T: That is GOLD!! YouTube deadlines kick my tail constantly!

12:29:50 From Sarah McLean: "It'll get done when it gets done" has saved my sanity.

12:30:03 From Jaki S (They/She): <3 bye y'all I'll catch the replay soon!

12:30:14 From Kristen Girard: Even the holiday stuff - it's so overwhelming it's okay to not be one of many and instead do a different time where people actually have more bandwidth to go "ohhhhhh" I need that!

12:30:16 From L T: Bye Jaki thank you

12:30:45 From L T: Kristen, YAAASSS!

12:33:37 From Sarah McLean: It's A LOT.

12:35:18 From Kristen Girard: That's so fun!

12:38:49 From Dana Middleton: Love the monsters!

12:40:03 From Stephanie Bergeron: Thank for your comments, y'all. <3

12:44:14 From Bonnie Gillespie (she | her): YT best practices doc:

[https://docs.google.com/document/d/1VF9FkU3-xKzUPffrQE8SVjQ9rlejiAjZ7QZMIQn\\_k/edit?usp=sharing](https://docs.google.com/document/d/1VF9FkU3-xKzUPffrQE8SVjQ9rlejiAjZ7QZMIQn_k/edit?usp=sharing)

12:45:09 From Sarah McLean: <https://www.youtube.com/hashtag/shorts>

12:45:41 From Stephanie Bergeron: Dana, are you running Mac or PC?

12:45:46 From Dana Middleton: mac

12:46:55 From Stephanie Bergeron: Okay. I know on Windows there is an embedded program that makes it easy to reformat videos to be vertical from landscape. I'm sure Mac has an equivalent... maybe iMovie can do it easily? Editing might be a better use of time than re-shooting everything twice...

12:46:57 From Bonnie Gillespie (she | her): RELATED CONTENT

12:47:15 From Bonnie Gillespie (she | her): ^^ link shorts to longer content

12:48:36 From Stephanie Bergeron: OH. One thing I forgot to ask: if one of y'all would like to proofread my draft, I'd super-appreciate it! LMK if you'd be willing to give 'er a read through.

12:48:58 From Kristen Girard: Truth!

12:49:43 From L T: Stephanie, I'm not sure if Mac does it but here's a pretty good app to edit on your phone where you can change format and add effects:

<https://apps.apple.com/us/app/superimpose-v-video-editor/id6443831679>

12:49:58 From Dana Middleton: Thanks, Stephanie

12:50:22 From Stephanie Bergeron: La Trice has got you with a phone version! ^

12:51:54 From L T: Thanks Stephanie, I missed the previous comment  
12:52:55 From Kristen Girard: Consider it a desire to help people heal themselves via this 30 days so they can later go all out with your more pricey offers.  
12:55:40 From Stephanie Bergeron: You can always, always change it, Dana.  
12:57:08 From Kristen Girard: That's so great Bonnie!  
12:58:11 From Stephanie Bergeron: PUT IT IN THE COMMENTS!  
12:59:39 From Dana Middleton: Thanks, y'all, for the fantastic suggestions. xoxoxo  
12:59:55 From Dana Middleton: This looks so great, Sarah!  
13:00:34 From Stephanie Bergeron: Um. WOW.  
13:00:36 From Kristen Girard: Great photo!  
13:00:59 From L T: AWESOME 🍌🍌🍌  
13:03:57 From Dana Middleton: Thanks, Bonnie! Thanks everyone! 🥰  
13:04:22 From Dana Middleton: Nice to meet you LaTrice! xo  
13:04:35 From Kristen Girard: New painting to share.  
13:04:46 From L T: Thanks Dana! Same!!💕  
13:04:49 From Stephanie Bergeron: Love it, Kristen!  
13:06:43 From Kristen Girard: Good to see you all! Thank you Bonnie!