

## SMFA Summit Chatlog from the Donzell Lewis interview, 26 May 2021, 4pm PDT

[May 26, 3:54 PM] KD McTeigue: hey y'all <3  
[May 26, 3:55 PM] Stephanie Bergeron: Hey KD!  
[May 26, 3:56 PM] Stephanie Bergeron: Hi everyone!  
[May 26, 3:56 PM] Aaron Wilson: Hello everyone!  
[May 26, 3:56 PM] RhiannaBasore: Hello!  
[May 26, 3:57 PM] Stephanie Bergeron: I was just re-reading my notes from Donzell's chat last year... now I'm extra excited for this today!  
[May 26, 3:58 PM] ShannonDalton: Hi All!  
[May 26, 3:58 PM] DawnnieMercado: Hi Ninjas.  
[May 26, 3:58 PM] Stephanie Bergeron: Hello Shannon! Hi Dawnnie!  
[May 26, 3:59 PM] NicoleRycroft: Hi everyone!  
[May 26, 3:59 PM] DawnnieMercado: Hi  
[May 26, 3:59 PM] JudyKerr: Yippee I'm so glad to be here live I hate missing a moment. Eager to hear Donzell he is an inspiration I want to hear what he's been doing this last year - how he keeps inspired.  
[May 26, 3:59 PM] Stephanie Bergeron: Me too, Judy!  
[May 26, 3:59 PM] Quincy Cho: it's gonna be an amazing timeeeeeee  
[May 26, 4:00 PM] RhiannaBasore: Absolutely, I can't wait for Donzell's talk!  
[May 26, 4:00 PM] Janet Rembaum: Hi  
[May 26, 4:00 PM] JudyKerr: QUINCY loved your interview I hated not seeing it live but as always you are spectacular thank you!!!  
[May 26, 4:00 PM] Stephanie Bergeron: Hi!  
[May 26, 4:00 PM] deva.jean.philippe: Hi Janet.  
[May 26, 4:01 PM] DonzellLewis: Day 9! Here we are...hello everyone!  
[May 26, 4:01 PM] Stephanie Bergeron: Hi Donzell!!  
[May 26, 4:01 PM] Bonnie G: Refresh!  
[May 26, 4:01 PM] KD McTeigue: Hey Donzell!!  
[May 26, 4:01 PM] Aaron Wilson: Hi, Donzell!  
[May 26, 4:01 PM] DawnnieMercado: Yes  
[May 26, 4:01 PM] ShannonDalton: Hi Donzell!  
[May 26, 4:01 PM] Quincy Cho: Thanks, Judy (:  
[May 26, 4:01 PM] Stephanie Bergeron: LOL, Bonnie! Mercury retro-shadow?  
[May 26, 4:01 PM] DawnnieMercado: It'd  
[May 26, 4:01 PM] DonzellLewis: Refreshed! Heeeeeyy everyone!  
[May 26, 4:02 PM] Stephanie Bergeron: Aw. That's sweet.  
[May 26, 4:02 PM] DawnnieMercado: We see you. Beautiful ❤️🥰 hugs  
[May 26, 4:02 PM] DonzellLewis: I'm always all over the place.  
[May 26, 4:02 PM] RhiannaBasore: Blood Moon Eclipse!  
[May 26, 4:03 PM] DonzellLewis: that moon eclipse! Yes, I've been studying about that this week

[May 26, 4:03 PM] Aaron Wilson: Hello from Los Angeles! :)

[May 26, 4:03 PM] Stephanie Bergeron: With all that Pluto and Eclipsing, we're all set for change. ;)

[May 26, 4:03 PM] deva.jean.philippe: Hi Donzell

[May 26, 4:03 PM] RhiannaBasore: Coming from the land of the Kumeyaay people and use she/her/hers pronouns

[May 26, 4:04 PM] RhiannaBasore: 'Tower card all over the place'

[May 26, 4:04 PM] NicoleRycroft: Hi. Yes, I'm here!

[May 26, 4:04 PM] Sarah Thompson: So ready!! Hi everybody!

[May 26, 4:05 PM] StellaCho: YAAAAA AAAA DONZELL

[May 26, 4:05 PM] deva.jean.philippe: I'm She/Her/Hers listening from Santa Monica (Tongva) and originally from Gaul Neustria Frankish Normandy.

[May 26, 4:05 PM] Quincy Cho: YES BITCH

[May 26, 4:05 PM] deva.jean.philippe: Oh yeah...

[May 26, 4:05 PM] Quincy Cho: THAT'S MY BEST FRIEND

[May 26, 4:06 PM] deva.jean.philippe: I love this lady in pink too.

[May 26, 4:06 PM] Stephanie Bergeron: YAAAAAAS.

[May 26, 4:06 PM] StellaCho: yayayayayayay

[May 26, 4:06 PM] Quincy Cho: U BETTA WERK

[May 26, 4:06 PM] KD McTeigue: Oh SHIT

[May 26, 4:06 PM] ShannonDalton: Yaaaaaay!

[May 26, 4:06 PM] RhiannaBasore: So breathtaking!!!!

[May 26, 4:06 PM] Aaron Wilson: Love!!!!!! So fabulous!!!!

[May 26, 4:06 PM] DawnnieMercado: Xxoo

[May 26, 4:06 PM] DonzellLewis: THAT happened!

[May 26, 4:06 PM] JudyKerr: Wow, wow, wow, wow

[May 26, 4:06 PM] NicoleRycroft: Congrats! That's amazing!

[May 26, 4:06 PM] Janet Rembaum: i remember last year

[May 26, 4:07 PM] DawnnieMercado: Hi Daniel.

[May 26, 4:07 PM] DawnnieMercado: Denzel

[May 26, 4:07 PM] DawnnieMercado: Omg typos

[May 26, 4:08 PM] HiromiOkuyama: I love your honesty 🙏❤️

[May 26, 4:09 PM] RhiannaBasore: Yes, support circles are everything!

[May 26, 4:09 PM] Bonnie G: Get in Gear framework: SUPPORT SYSTEM

[May 26, 4:11 PM] RhiannaBasore: READING IS LIFE!

[May 26, 4:11 PM] HiromiOkuyama: Love that

[May 26, 4:11 PM] Kimberly Logan: Yes, Rhianna!

[May 26, 4:11 PM] TinaKien: Joseph Gordon-Levitt says this, too. Read, especially to read out loud.

[May 26, 4:11 PM] Stephanie Bergeron: Stories all around you! Reading FTW.

[May 26, 4:12 PM] Janet Rembaum: yes yes yes read read read

[May 26, 4:12 PM] StellaCho: yes yes yes

- [May 26, 4:12 PM] ShannonDalton: Yay reading! and therapy! yessss
- [May 26, 4:12 PM] NicoleRycroft: OMG. I loved Andre's book too.
- [May 26, 4:13 PM] deva.jean.philippe: Denzel is so positively Jupiterian. I'm going to stick his headshot on my alarm clock so I can wake up with a smile on my face already. Hhhhhaaa : )
- [May 26, 4:14 PM] RhiannaBasore: See the opportunity, be specific. Manifesting musts!
- [May 26, 4:14 PM] Stephanie Bergeron: Ah, yes. Being specific with your energy. Comes back to driving in two lanes.
- [May 26, 4:15 PM] Stephanie Bergeron: Author?
- [May 26, 4:15 PM] HiromiOkuyama: 🙌🙌🙌🙌🙌🙌🙌🙌🙌🙌🙌🙌
- [May 26, 4:16 PM] RhiannaBasore: It took work to get to the level where you are. Recognize that.
- [May 26, 4:16 PM] KD McTeigue: Oof
- [May 26, 4:16 PM] deva.jean.philippe: Ha apologize for the coquille. Donzell not Donzell ...
- [May 26, 4:16 PM] Bonnie G: It's the author of "The Secret" -- the follow-up book is "The Magic."
- [May 26, 4:16 PM] Bonnie G: Rhonda Byrne I think?
- [May 26, 4:16 PM] RhiannaBasore: @SB I think it's Rhonda Byrne (of the Secret)
- [May 26, 4:16 PM] StellaCho: AMEN
- [May 26, 4:16 PM] Stephanie Bergeron: Thank you, Bon re: book. :)
- [May 26, 4:16 PM] Stephanie Bergeron: Thanks Rhianna!
- [May 26, 4:17 PM] DonzellLewis: Yes, it's from Rhonda Bryne - The Magic
- [May 26, 4:17 PM] RhiannaBasore: <3
- [May 26, 4:17 PM] DawnnieMercado: Oh yes. Second time The Magic was mentioned it's on Amazon and yes by author of the secret. Put in my cart during last session. :)
- [May 26, 4:17 PM] Stephanie Bergeron: Thanks, Donzell!
- [May 26, 4:17 PM] Bonnie G: Get in Gear framework: HEALTHY BOUNDARIES
- [May 26, 4:18 PM] Quincy Cho: "Recovery is a part of hard work."
- [May 26, 4:18 PM] Stephanie Bergeron: This is the second time for me today that magic (doing/living/working with) has shown up... and even more since Rachel's talk.
- [May 26, 4:18 PM] DawnnieMercado: Donzell thank you so much for being here! You are an inspiration. Sorry for the earlier typos.. fat fingers on my phone. LOL.. now I'm at laptop. You embody the Hollywood I Want. "Find The Balance" Loving this.
- [May 26, 4:18 PM] RhiannaBasore: Find the balance.
- [May 26, 4:18 PM] RhiannaBasore: "Every dollar is coming....from what you love to do."
- [May 26, 4:19 PM] DawnnieMercado: Yes! Stay on the journey.. proof in the evidence.
- [May 26, 4:19 PM] Quincy Cho: YUHSSSSSSSS
- [May 26, 4:20 PM] DonzellLewis: @Dawnnie, thank you! I'm happy to be here and also learn from the other ninjas as well! Go SMFA!
- [May 26, 4:20 PM] DawnnieMercado: :)
- [May 26, 4:20 PM] RhiannaBasore: YIKES
- [May 26, 4:20 PM] Stephanie Bergeron: I experienced something similar.
- [May 26, 4:20 PM] Bonnie G: Been there.
- [May 26, 4:21 PM] Bonnie G: That's when I changed from theatre major to J-school.

[May 26, 4:21 PM] Bonnie G: (with theatre minor)

[May 26, 4:21 PM] DawnnieMercado: Yep. Same. Day One undergrad we were told "not everyone would be kept" so not cool. Lead to toxic

[May 26, 4:21 PM] Kimberly Logan: ew - talk about creating competition instead of a feeling of teamwork!

[May 26, 4:21 PM] Stephanie Bergeron: I just took the swords. Ugh.

[May 26, 4:22 PM] Stephanie Bergeron: Wow. My heart.

[May 26, 4:22 PM] Kimberly Logan: jaw. drop.

[May 26, 4:22 PM] RhiannaBasore: That person should be fired.

[May 26, 4:23 PM] DawnnieMercado: What?! Not! I am soooooo glad you worked past that. Yes, no business being a teacher if you are saying those things....

[May 26, 4:23 PM] HiromiOkuyama: Absolutely horrible 😞

[May 26, 4:23 PM] Stephanie Bergeron: Tapping through this... I have an echo experience, Donzell. (Not alone on the journey!)

[May 26, 4:23 PM] RhiannaBasore: Yes, I love that you wrote your own piece and it killed the room, that's talent!

[May 26, 4:26 PM] Bonnie G: A form of upper-limit problem, right there.

[May 26, 4:26 PM] deva.jean.philippe: That was profound.

[May 26, 4:26 PM] RhiannaBasore: That's a good friend who tells the uncomfortable truth.

[May 26, 4:26 PM] DawnnieMercado: Doing it for yourself. Loving this.

[May 26, 4:26 PM] Kimberly Logan: Lovely - that idea that 'forgiveness is for you, not the person who wronged you' really played out.

[May 26, 4:26 PM] DonzellLewis: Look, sometimes my friends are too directly lol. Not really, I just said that to pick with Quincy lol

[May 26, 4:27 PM] RhiannaBasore: hahaahah! (keep'm humble ;)

[May 26, 4:27 PM] Bonnie G: I'm so ready for "The Donzell and Quincy Show".

[May 26, 4:27 PM] RhiannaBasore: I'd watch that!

[May 26, 4:27 PM] DawnnieMercado: "Rediscovering the joy"

[May 26, 4:27 PM] DonzellLewis: amen - friends to keep us grounded and Humbled are true gifts

[May 26, 4:27 PM] Bonnie G: Cue the patriarchy.

[May 26, 4:28 PM] Stephanie Bergeron: Cheers, Bonnie.

[May 26, 4:28 PM] DawnnieMercado: drinking La Croix to that

[May 26, 4:28 PM] Stephanie Bergeron: Value what you value.

[May 26, 4:28 PM] KD McTeigue: Shedding some tears listening to this, in a bit of a dip and so much of this resonates. Thank you for sharing, Donzell <3

[May 26, 4:29 PM] Bonnie G: Same, KD. The CD who said to me, "Why are you so fat?" Ugh. Still has its grips on me... and it happened in 1993 (and I haven't been an actor since 2000).

[May 26, 4:29 PM] DawnnieMercado: Ok, seriously! That is NOW the next car I want! My little girl walked the aisle for my bro and his hubby and I was their wedding planner. We create our families. And You be you. You are sooooo beautiful.

- [May 26, 4:29 PM] Bonnie G: Dawnnie -- TELL THEM THAT. Let Hyundai know that commercial had an impact on you!
- [May 26, 4:29 PM] Quincy Cho: he's won an award in everyone of his disciplines 🤔
- [May 26, 4:30 PM] RhiannaBasore: YES, celebrate alllll of it!
- [May 26, 4:30 PM] Quincy Cho: ahhhh keith cried??? 🤔
- [May 26, 4:30 PM] Bonnie G: Quincy, YES.
- [May 26, 4:30 PM] DawnnieMercado: Yep @Bonnie. yep.
- [May 26, 4:31 PM] DawnnieMercado: NICE!
- [May 26, 4:31 PM] Stephanie Bergeron: The separation of discipline success is hitting hard, too. Your truth and authenticity are connecting so much with me and my experience.
- [May 26, 4:32 PM] Bonnie G: It's why I say: Never diminish your victories, no matter how small. It teaches the universe you don't need them.
- [May 26, 4:32 PM] DawnnieMercado: "The experience you bring to people" love
- [May 26, 4:32 PM] Kimberly Logan: <sigh> that's wonderful.
- [May 26, 4:32 PM] RhiannaBasore: "The reception showed I had been hiding. Even in my success, I had been hiding."
- [May 26, 4:33 PM] Bonnie G: And so it is.
- [May 26, 4:33 PM] Kimberly Logan: are those 'Disney' birds chirping in the background?!?!
- [May 26, 4:33 PM] Kimberly Logan: That's amazing!
- [May 26, 4:33 PM] DawnnieMercado: A More loving accepting world. literally in my chest. love you
- [May 26, 4:34 PM] DonzellLewis: lol, I love the birds outside of my window. It's so Disney and makes me laugh all the time lol
- [May 26, 4:34 PM] Kimberly Logan: Now that's magic!
- [May 26, 4:34 PM] RhiannaBasore: Donzell's soundtrack!
- [May 26, 4:35 PM] Bonnie G: BTW, don't think I didn't notice use of "Toxic" and "Wrecking Ball" in the same sentence. You get those DIVAS in your language, Donzell!
- [May 26, 4:35 PM] Bonnie G: ;)
- [May 26, 4:35 PM] Stephanie Bergeron: Ha, that's true!
- [May 26, 4:35 PM] Bonnie G: Song title subliminal goodness!
- [May 26, 4:36 PM] DawnnieMercado: Nice. If you are there, some other person is not there causing damage!
- [May 26, 4:36 PM] DonzellLewis: LOL...OMG...BONNIE! I didn't realize that either. I'm sure Britney and Miley are proud of me lol
- [May 26, 4:36 PM] Bonnie G: ;)
- [May 26, 4:36 PM] DonzellLewis: Yes, @Dawnnie...very true
- [May 26, 4:36 PM] DawnnieMercado: :)
- [May 26, 4:37 PM] DawnnieMercado: So glad we have a transcript that was gold!
- [May 26, 4:37 PM] Stephanie Bergeron: Transcript, replay... I've got to come back to this several times.
- [May 26, 4:38 PM] HiromiOkuyama: Love! Shift & Power Balance!

[May 26, 4:38 PM] HiromiOkuyama: 🙏🙏🙏🙏🙏🙏

[May 26, 4:38 PM] HiromiOkuyama: Communities & unity ❤️

[May 26, 4:39 PM] RhiannaBasore: 'There is unity together. We are fighting this faceless beast that is oppression.'

[May 26, 4:39 PM] Stephanie Bergeron: My brain just went to Borg in the best way... as a collective, "resistance is futile". Watch out, patriarchy.

[May 26, 4:39 PM] HiromiOkuyama: Yes! History is being made 🙏

[May 26, 4:40 PM] Quincy Cho: @just\_donzell

[May 26, 4:40 PM] JudyKerr: Yes gold - enjoying the work - yes unity together - out of the box. Reading!

[May 26, 4:40 PM] StellaCho: YAYYYYY

[May 26, 4:40 PM] Quincy Cho: I LOVE YOUUUUUUUUU

[May 26, 4:40 PM] StellaCho: GO DONZELL THANK YOU

[May 26, 4:40 PM] Stephanie Bergeron: My word, that was fab.

[May 26, 4:40 PM] StellaCho: LOVE LOVE LOVE

[May 26, 4:40 PM] StellaCho: yes

[May 26, 4:40 PM] RhiannaBasore: GORGEOUS!

[May 26, 4:40 PM] StellaCho: life is changed!

[May 26, 4:41 PM] DawnnieMercado: All right... insta follwoing you today! Thank you for your heart, love and being you!

[May 26, 4:41 PM] JudyKerr: So good Bonnie

[May 26, 4:41 PM] Sarah Thompson: Thank you, Donzell and Bonnie! I have to go, but love the takeaway that your success is in what you bring to people!!

[May 26, 4:41 PM] HiromiOkuyama: Life changing!

[May 26, 4:41 PM] Stephanie Bergeron: Don't make me pick just one takeaway, Bonnie!!

[May 26, 4:41 PM] DawnnieMercado: Ok.. I could not type fast enough so copied this from the transcript! "we are going into a much more resilient and unapologetic Hollywood of marginalized creators

[May 26, 4:41 PM] Janet Rembaum: always cheers me up. so honest and open .

[May 26, 4:41 PM] RhiannaBasore: Support Circle ~ Reading ~ Mental Health ~ Gratitude

[May 26, 4:41 PM] NicoleRycroft: Thank you Donzell! Your honesty and vulnerability are inspiring!

[May 26, 4:41 PM] RhiannaBasore: I love how deeply thoughtful he is about everything!

[May 26, 4:42 PM] Janet Rembaum: Read. Join hands. see your blessings.

[May 26, 4:42 PM] DonzellLewis: we are totally doing it! Yes, we are all changing the world and let's continue to change it with purpose

[May 26, 4:42 PM] Janet Rembaum: thanks Donzell

[May 26, 4:42 PM] DonzellLewis: Oh, I'm excited for this book!

[May 26, 4:42 PM] Suparna Thies: Sometimes the tower has to get knocked down to the ground for us to be able to rebuild a much better and stronger one. I was there and try to get back up myself. Thank you Donzell for sharing.

[May 26, 4:42 PM] NicoleRycroft: Loved “ we all have the choice to perpetuate cycles or decide to break them”

[May 26, 4:42 PM] RhiannaBasore: YES! Love Denise DT!

[May 26, 4:42 PM] Stephanie Bergeron: I'm going to go with "you don't have to prove them wrong." And the success of one discipline doesn't need to be separate from the others. And "are you hiding in your success?" Ugh, so many.

[May 26, 4:42 PM] DawnnieMercado: Right... I'll get that. Just finished "lucky b" by Denist.

[May 26, 4:44 PM] Stephanie Bergeron: Chillpreneur is great, Dawnnie.

[May 26, 4:44 PM] DonzellLewis: doing the work to heal my inner child and break patterns has blown my mind with the results

[May 26, 4:45 PM] RhiannaBasore: Love that, @Donzell!

[May 26, 4:46 PM] Stephanie Bergeron: And now I'm in tears, Bonnie. Lol. #HyphLife

[May 26, 4:46 PM] DawnnieMercado: Yes please inner children unite

[May 26, 4:46 PM] JudyKerr: Yes therapy I go back every time I feel troubled - I have a great therapist and he can get me straight!

[May 26, 4:47 PM] NicoleRycroft: Thank you Bonnie and Team for a fabulous day 9! This summit is the best!

[May 26, 4:47 PM] Stephanie Bergeron: Thank you so much Donzell.

[May 26, 4:47 PM] HiromiOkuyama: Thank you Donzell 🙏

[May 26, 4:47 PM] Aaron Wilson: Thank you Donzell! Thank you Bon!

[May 26, 4:47 PM] Stephanie Bergeron: Thank you Bonnie, and thank you Team for a fantastic Day 9!!

[May 26, 4:47 PM] DonzellLewis: Thank you everyone for listening to my story! I love you Bonnie and the SMFA community. We all just have to keep going!

[May 26, 4:47 PM] ShannonDalton: Thank you so much Donzell! And Bonnie!

[May 26, 4:47 PM] Janet Rembaum: Thank you Bonnie!

[May 26, 4:47 PM] DawnnieMercado: Thank you. Applause applause speakers and team.

[May 26, 4:47 PM] RhiannaBasore: Thank you!!!

[May 26, 4:50 PM] RhiannaBasore: This premiere is now over and continued discussion will be taking place at the Donzell Lewis replay page! If you're still seeing this chatbox on the mainstage, refresh the page so you get the NEW chatroll for our next premiere.