SMFA Summit Chatlog from the Jonté LeGras interview, 27 May 2021, 12pm PDT

- [May 27, 11:52 AM] DeborahMadick: Hello Jonte & Stephanie!
- [May 27, 11:52 AM] JonteLeGras: Hi Deborah!
- [May 27, 11:52 AM] DeborahMadick: Jonte, I am so excited for this session!
- [May 27, 11:53 AM] Stephanie Bergeron: Hi Deborah!
- [May 27, 11:53 AM] JonteLeGras: That gave me all the smiles, thanks!
- [May 27, 11:53 AM] Stephanie Bergeron: Hi Jonté! Looking forward to it!
- [May 27, 11:54 AM] DeborahMadick: Hi Amy! Hi Team Bonnie!
- [May 27, 11:54 AM] Amy Rauch: Hi Deborah!
- [May 27, 11:54 AM] JonteLeGras: Hey Stephanie!! I've missed seeing your face over Zoom. I missed this month's session.
- [May 27, 11:55 AM] Stephanie Bergeron: Aw, thanks. That's kind of you to say!
- [May 27, 11:55 AM] JonteLeGras: :-)))))
- [May 27, 11:56 AM] DawnnieMercado: Jonté LeGras thanks for speaking to us. Nice to meet u
- [May 27, 11:57 AM] Stephanie Bergeron: H Dawnnie!
- [May 27, 11:57 AM] JonteLeGras: My pleasure Dawnnie!! Nice to meet you too!
- [May 27, 11:58 AM] ShannonDalton: Hi everyone!
- [May 27, 11:58 AM] DawnnieMercado: Ho @Steph. I so love showing up for ourselves together! U would've been proud of kiddo at dance on Tuesday. Hi @shannon.
- [May 27, 11:58 AM] DawnnieMercado: Hi not Ho. Lol
- [May 27, 11:58 AM] Stephanie Bergeron: High fives for showing up for ourselves, Dawnnie!
- And I'm proud of both the kiddo for going to dance, and to you for getting them there. :)
- [May 27, 11:59 AM] Bonnie G: Refresh!
- [May 27, 11:59 AM] Stephanie Bergeron: I kinda liked the Ho too though... gave a little Shakespearian edge to it.;)
- [May 27, 11:59 AM] Kevin Alan Roberts: Hi All!!!!!
- [May 27, 11:59 AM] Stephanie Bergeron: Hi everyone! Hi Bonnie!
- [May 27, 12:00 PM] Amy Rauch: Whoooohooo! Day 10!
- [May 27, 12:00 PM] TinaKien: All of them so far.
- [May 27, 12:00 PM] RachaelFerrera: Woohoo excited for this conversation!
- [May 27, 12:00 PM] DawnnieMercado: Xxoo yep
- [May 27, 12:00 PM] JonteLeGras: Wow, that's awesome!
- [May 27, 12:00 PM] TinaKien: Just haven't been talking in most of them.
- [May 27, 12:00 PM] NicoleRycroft: Hi! Yes!
- [May 27, 12:00 PM] Stephanie Bergeron: Fun fact: the word "Competition" comes from the Latin for "to strive together". If that ain't #CreatingTheHollywoodWeWant together....
- [May 27, 12:01 PM] JonteLeGras: I embrace that Stephanie!
- [May 27, 12:01 PM] NicoleRycroft: Love that Stephanie!
- [May 27, 12:01 PM] Bettina Kenney: Precision landing!! (Icame home 15 secs ago!) So excited to be here!
- [May 27, 12:01 PM] Stephanie Bergeron: Ta daaa, Bettina!





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[May 27, 12:01 PM] Bettina Kenney: Hello, my lovelies
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[May 27, 12:01 PM] Michael L HARRIS: Hello for Lake Wawasee Indiana the home of Chief Papakeechie.

[May 27, 12:01 PM] DawnnieMercado: Yay Bettina

[May 27, 12:01 PM] Bettina Kenney: Hello Stephanie, you wonderful amazing Goddess!

[May 27, 12:02 PM] Bettina Kenney: Hey Dawnnie!!!

[May 27, 12:02 PM] Stephanie Bergeron: Aww, Bettina. <3

[May 27, 12:02 PM] Bettina Kenney: <3

[May 27, 12:02 PM] VaniaCruz: <3

[May 27, 12:02 PM] Bettina Kenney: BTW, Stephanie! Found some awesome VO room

treatmeant solution that I HAVE TO share with you!:)

[May 27, 12:03 PM] JonteLeGras: North Hollywood representin'

[May 27, 12:03 PM] KD McTeigue: Hey everybody!

[May 27, 12:03 PM] Stephanie Bergeron: Oooh! YES please tell me, Bettina!!!

[May 27, 12:03 PM] Bettina Kenney: weekend chat?

[May 27, 12:03 PM] Bettina Kenney: Hey KD!!

[May 27, 12:03 PM] DawnnieMercado: Oh yes ready for some wooo warm and positive.

She/Her/Hers Tehachapi Ca.

[May 27, 12:03 PM] Stephanie Bergeron: Email me, we'll get it organized Bettina.;)

[May 27, 12:03 PM] ShannonDalton: She/her/hers and here from Ventura!

[May 27, 12:03 PM] Stephanie Bergeron: Hi KD!

[May 27, 12:03 PM] Kevin Alan Roberts: We look so much alike!!!!!!

[May 27, 12:03 PM] Bettina Kenney: Jonte!!! <3 <3 <3

[May 27, 12:04 PM] Stephanie Bergeron: LOL, Bonnie! I love that!

[May 27, 12:04 PM] JonteLeGras: Bettina!!! You always make me smile!!

[May 27, 12:04 PM] KD McTeigue: "My rap name is Hard G" lmaooo

[May 27, 12:04 PM] JonteLeGras: Hahaha Gangsta B!

[May 27, 12:04 PM] RachaelFerrera: LITERALLY lol-ing at "my rap name is hard G" lolol

boonnie!

[May 27, 12:04 PM] RachaelFerrera: *Bonnie!

[May 27, 12:04 PM] DeborahMadick: lol! love that

[May 27, 12:04 PM] JonteLeGras: YESSSSS!!!!!

[May 27, 12:05 PM] ShannonDalton: hahahaha

[May 27, 12:05 PM] DawnnieMercado: Yes to the sexy MOFA

[May 27, 12:05 PM] Z.Rice: i am just her cause Bonnie is sexy

[May 27, 12:05 PM] JonteLeGras: I'm calling you Hard G for now on!

[May 27, 12:05 PM] Bettina Kenney: This has me giggling (with a hard G)!! :D

[May 27, 12:05 PM] Bettina Kenney: 3 hard Gs

[May 27, 12:05 PM] Stephanie Bergeron: Lol!

[May 27, 12:07 PM] DeborahMadick: Organically beautiful!

[May 27, 12:07 PM] JonteLeGras: That MADE the showcase!

[May 27, 12:07 PM] DawnnieMercado: Oh my I would drive to LA for that. Beautiful.



- [May 27, 12:07 PM] Bettina Kenney: SMFA in the Park equals PARADISE!
- [May 27, 12:07 PM] Bettina Kenney: I would SWIM to LA for that!
- [May 27, 12:07 PM] KD McTeigue: I gotta come up with something cooler now when people mispronounce my name. Right now I just say, "It rhymes with EGG." lmao.
- [May 27, 12:08 PM] Bettina Kenney: We will find sth, KD!
- [May 27, 12:08 PM] Bettina Kenney: :*
- [May 27, 12:08 PM] Bonnie G: https://cricketfeet.com/gig/GIGFTNTframeworkMASTER.pdf
- [May 27, 12:08 PM] DawnnieMercado: Woo hoo just hit day 68 if u have not signed up. Its a must.
- [May 27, 12:08 PM] Stephanie Bergeron: Congrats, Dawnnie!
- [May 27, 12:09 PM] DawnnieMercado: Hugs hugs
- [May 27, 12:09 PM] Bettina Kenney: YAaaaaaay, Dawnnie!
- [May 27, 12:09 PM] DawnnieMercado: Xxoo
- [May 27, 12:11 PM] DawnnieMercado: Yay unicorns, cotton candy and work with kids.;)
- [May 27, 12:11 PM] Bettina Kenney: Rainbows, kittens, unicorns
- [May 27, 12:11 PM] JonteLeGras: Ha!
- [May 27, 12:13 PM] Bettina Kenney: You BEND TIME!!
- [May 27, 12:13 PM] Amy Rauch: I love the sports angle/perspective
- [May 27, 12:13 PM] DeborahMadick: Yes, we do that in gymnastics too-like that link resonates
- [May 27, 12:14 PM] JonteLeGras: I relate everything to sports! That was my passion before acting
- [May 27, 12:14 PM] Bonnie G: There's that morning routine again!
- [May 27, 12:14 PM] Bettina Kenney: Meditation!! YES!
- [May 27, 12:14 PM] Stephanie Bergeron: It's a clever reuse of that skill.
- [May 27, 12:14 PM] Bettina Kenney: Go, TEAM BLISS!
- [May 27, 12:14 PM] Bettina Kenney: GAMECHANGING!
- [May 27, 12:15 PM] Bettina Kenney: YESYS
- [May 27, 12:15 PM] Bettina Kenney: YESYESYES
- [May 27, 12:15 PM] Stephanie Bergeron: That goes back to Sheila, I believe... you're both very important and not that important.
- [May 27, 12:16 PM] Bettina Kenney: (I was so excited, my fingers were too quick...)
- [May 27, 12:16 PM] Amy Rauch: Being near mountains has been huge for me this year.
- [May 27, 12:16 PM] JonteLeGras: Sheila is that way
- [May 27, 12:16 PM] DeborahMadick: I love your continued focus of wonder in the awe and wonder of it all delightful
- [May 27, 12:17 PM] JonteLeGras: I'm humbled by that Deborah, thank you
- [May 27, 12:17 PM] Bonnie G: Isn't that beautiful, Deborah?
- [May 27, 12:17 PM] Bettina Kenney:
- [May 27, 12:17 PM] Bonnie G: Jupiter chart ruler, right there. :)
- [May 27, 12:17 PM] DeborahMadick: Absolutely. Child's eyes with maturity
- [May 27, 12:17 PM] Bettina Kenney: Ooooh, the analogy!!!!
- [May 27, 12:17 PM] Stephanie Bergeron: Woo ftw- Jupiter day, Jupiter chart-er.





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[May 27, 12:19 PM] Bettina Kenney: Life's too short for that!!
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[May 27, 12:20 PM] Bettina Kenney: For the \(\text{\omega}\)-jobs...!

[May 27, 12:20 PM] KD McTeigue: Ooooo that is so true, the weakening effect of saying "yes" to things your gut says "no

[May 27, 12:20 PM] KD McTeigue: "no" to *

[May 27, 12:20 PM] Amy Rauch: <3 Know our power, have pride in our work and our craft

[May 27, 12:20 PM] Bettina Kenney: TOTALLY!!

[May 27, 12:21 PM] Bettina Kenney: And similar to Opera singers vs. Dancers/Actors!

[May 27, 12:21 PM] Bettina Kenney: (at least in Germany)

[May 27, 12:21 PM] Stephanie Bergeron: YES Bettina. OMG.

[May 27, 12:21 PM] Bettina Kenney: Right?

[May 27, 12:22 PM] Amy Rauch: If you cannot pay everyone, then you are not ready to make your project.

[May 27, 12:22 PM] Amy Rauch: (my opinion)

[May 27, 12:22 PM] Bettina Kenney: So many Opera singers won't get out of bed for a single performance that pays as much as a dancer's monthly wage!

[May 27, 12:22 PM] Bonnie G: YES, Jonte!

[May 27, 12:22 PM] Bettina Kenney: Amy is speaking the TRUTH!!

[May 27, 12:23 PM] JonteLeGras: Yes Amy!!

[May 27, 12:23 PM] A.Jay:

[May 27, 12:23 PM] A.Jay: Facts

[May 27, 12:23 PM] Stephanie Bergeron: Value for value.

[May 27, 12:23 PM] Bettina Kenney: Value for value, energy for energy

[May 27, 12:23 PM] Bettina Kenney: Eye for an eye... wait no, that's something different 🥩

[May 27, 12:23 PM] JonteLeGras: lolo

[May 27, 12:23 PM] Stephanie Bergeron: HAHA

[May 27, 12:24 PM] Bettina Kenney: 😊

[May 27, 12:25 PM] DawnnieMercado: I love that. "I Identify as a bridge person."

[May 27, 12:25 PM] A.Jay: Yeeesss

[May 27, 12:25 PM] A.Jay: Exactly

[May 27, 12:26 PM] DawnnieMercado: Nice! Reaching back to bring someone up with you. :)

[May 27, 12:26 PM] Bettina Kenney: this!!!!

[May 27, 12:26 PM] A.Jay: Absorbing information within your creative environment

[May 27, 12:27 PM] A.Jay: Yes

[May 27, 12:27 PM] Bettina Kenney: 🜈 🎜 🗸 🗸 🥸 🥸

[May 27, 12:27 PM] JonteLeGras: Bettina: haha

[May 27, 12:27 PM] Constance Zaytoun: so damn true, Jonte!!

[May 27, 12:28 PM] AmeliaRico: Yes!

[May 27, 12:28 PM] A.Jay: Exaaaaaactly! We didn't have to experience their culture in order to be entertained

[May 27, 12:28 PM] DeborahMadick: Yes!!



[May 27, 12:28 PM] DawnnieMercado: OMG I was just thinking Lurk then Lead from your motto and you said it.

[May 27, 12:28 PM] JonteLeGras: Right A. Jay!!!!

[May 27, 12:29 PM] Bonnie G: Be uncomfortable. Sit with that. It's okay!

[May 27, 12:29 PM] KD McTeigue: Google is free! Lol

[May 27, 12:29 PM] Constance Zaytoun: art worth a damn demands work from each of us!

[May 27, 12:30 PM] Constance Zaytoun: just as a spectator, that is

[May 27, 12:30 PM] Bettina Kenney: "Let me google that for you..."

[May 27, 12:30 PM] DeborahMadick: nice Constance

[May 27, 12:30 PM] A.Jay: It's hard to get used to your story not being centered...your brain is wired to gain information and store it! You have to be ready to first acknowledge it's an unconscious bias...and work towards re wiring your brain

[May 27, 12:30 PM] Bonnie G: That part, A.Jay!

[May 27, 12:30 PM] Bettina Kenney: WORD! I mean wordS!!!

[May 27, 12:30 PM] DeborahMadick: Yes A.Jay!

[May 27, 12:31 PM] KD McTeigue: Yes A.Jay

[May 27, 12:31 PM] A.Jay:

[May 27, 12:31 PM] Bonnie G: Highly recommend a book called "Willful Blindness" for the brain science behind folks who do NOT want to see what's right there. Helped me have empathy and also gain language to help be a better ally.

[May 27, 12:31 PM] AmeliaRico: Not waiting for permission!

[May 27, 12:32 PM] A.Jay: Great rec Bon!!

[May 27, 12:32 PM] JonteLeGras: Yes A.Jay!

[May 27, 12:32 PM] Bettina Kenney: Ooooh, that book sounds like it's gonna land in my shopping card in 3 - 2 - 1...

[May 27, 12:32 PM] Stephanie Bergeron: SMFA Summit reading list!

[May 27, 12:32 PM] Constance Zaytoun: tamika also talked about how we all need each other in relationship & collab

[May 27, 12:33 PM] JonteLeGras: The show is The Last 5 Years

[May 27, 12:33 PM] JonteLeGras: Director is Jason Michael Webb

[May 27, 12:33 PM] Bettina Kenney: Aaah, LOOOVE that show!

[May 27, 12:33 PM] JonteLeGras: Actress was Nasia Thomas and Actor Nicholas Edwards! Love them allIl!!!!!!

[May 27, 12:34 PM] Amy Rauch: <3

[May 27, 12:34 PM] Bonnie G: Thanks for getting those names for us, Jonté!

[May 27, 12:34 PM] JonteLeGras: That was my homework! Lol

[May 27, 12:34 PM] DawnnieMercado: Yes please "a renaissance IS coming."

[May 27, 12:34 PM] Stephanie Bergeron: Definitely looking that up.

[May 27, 12:34 PM] Stephanie Bergeron: Renaissance is such a yummy word!

[May 27, 12:34 PM] Constance Zaytoun: jonte, you ROCK! thank you!!

[May 27, 12:34 PM] DawnnieMercado: Yes, just followed you. You are a lighthouse.:)



- [May 27, 12:35 PM] A.Jay:
- [May 27, 12:35 PM] Stephanie Bergeron: Yaaaay Jonté!!!
- [May 27, 12:35 PM] ShannonDalton: Yaaaaaaaay!
- [May 27, 12:35 PM] KD McTeigue: Woo hooo!!!!
- [May 27, 12:35 PM] Bettina Kenney: Thank you, Jonté! 🌈
- [May 27, 12:35 PM] DeborahMadick: <3
- [May 27, 12:35 PM] JonteLeGras: I'll respond to you Dawnnie on FB, I saw your shoutout!
- [May 27, 12:35 PM] Bettina Kenney: Just ONE takeaway?
- [May 27, 12:35 PM] DawnnieMercado: Yes Yes Yes.... loving the sunshine.. the actor, work in all.
- OMG... thanks @Jonte
- [May 27, 12:35 PM] NicoleRycroft: Thank you Jonté!
- [May 27, 12:35 PM] JonteLeGras: Thanks Constance!
- [May 27, 12:35 PM] DeborahMadick: Thank you Jonte!
- [May 27, 12:35 PM] KD McTeigue: Totally agree about this renaissance we've got coming our way.
- [May 27, 12:35 PM] Aaron Wilson: Yay Jonté!
- [May 27, 12:35 PM] DawnnieMercado: Renaissance is coming!
- [May 27, 12:36 PM] Amy Rauch: Know your worth. Be willing to be uncomfortable and educate yourself.
- [May 27, 12:36 PM] DawnnieMercado: Yes please putting myself in the drawing now.:)
- [May 27, 12:36 PM] Stephanie Bergeron: I did really like "you can do nothing and stress, or do nothing and not stress"...
- [May 27, 12:36 PM] JonteLeGras: Aaron!!!!
- [May 27, 12:36 PM] Kevin Alan Roberts: STAY POSITIVE AND BRING THE JOY IT'S NOT TIIME TO PRACTICE YOU KNOW WHAT YOU KNOW GROUND YOURSELF KEEP A FOCUS OF WONDER AS ACTORS THE BALL IS IN OUR COURT ALWAYS REMEMBER THE SOUND GUYS GET PAID VALUE FOR VALUE ACCESS AS OPPORTUNITY DON'T ASK JUST SHOW UP DO THE WORK
- [May 27, 12:36 PM] DawnnieMercado: Yes... I choose NOT to stress beginning...uh....NOw
- [May 27, 12:36 PM] ShannonDalton: Morning routine and lurk then lead
- [May 27, 12:36 PM] NicoleRycroft: Loved that "we are part of the puzzle"
- [May 27, 12:36 PM] DawnnieMercado: Yay Grandmas everywhere.
- [May 27, 12:36 PM] Stephanie Bergeron: It does go with EC, yes.
- [May 27, 12:37 PM] JonteLeGras: yup! My Grandmommy!
- [May 27, 12:37 PM] Kevin Alan Roberts: Bravo Jonte!!!!! Thanks so much!!!
- [May 27, 12:37 PM] Aaron Wilson: Morning routine and meditation:)
- [May 27, 12:37 PM] DeborahMadick: Seeing the world with the eyes of awe and wonder: sports coaching applied to acting which resonates with me as a coach morning practice
- [May 27, 12:37 PM] DawnnieMercado: Yes, Kevin...lovin the take aways.
- [May 27, 12:37 PM] Aaron Wilson: The sound guys get paid
- [May 27, 12:37 PM] Stephanie Bergeron: Slowing down the game and responding is also a really great one, I think. :)

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[May 27, 12:38 PM] JonteLeGras: Thank you Kevin, love the takeaways!

[May 27, 12:38 PM] A.Jay: It's important to tell your own stories, but it's also important to hear the stories of those you may not relate to...because you can learn a lot about other people and expand your mind and experiences

[May 27, 12:38 PM] AmeliaRico: Sound guys get paid because they come with equipment they have paid for. Guess what, YOU come with classes, headshots, reels, ALL the things you had to pay for too.

[May 27, 12:38 PM] Constance Zaytoun: that category better be coming for CDs!!

[May 27, 12:38 PM] Kevin Alan Roberts: This is so awesome!

[May 27, 12:39 PM] Constance Zaytoun: so many meditators & rituals!!

[May 27, 12:39 PM] Kevin Alan Roberts: Morning routine!!!

[May 27, 12:39 PM] JonteLeGras: Exactly Amelia!

[May 27, 12:40 PM] JonteLeGras: Yes Bonnie!

[May 27, 12:40 PM] Stephanie Bergeron: My stage combat teacher uses the same phrase!!

[May 27, 12:40 PM] JonteLeGras: Slow is smooth and smooth is fast...

[May 27, 12:40 PM] Bettina Kenney: I come with the vessel that is ME!

[May 27, 12:41 PM] Bettina Kenney: And with my heart and soul and talent and energy

[May 27, 12:41 PM] Constance Zaytoun: yayayayayayay!!

[May 27, 12:41 PM] Stephanie Bergeron: Applause, applause!!!

[May 27, 12:41 PM] A.Jay:

[May 27, 12:41 PM] Bettina Kenney: APPLAUUUUUSE!!!!!!!

[May 27, 12:41 PM] Kevin Alan Roberts: Bravo Jonte!!!! Hugs & Love to All!!!!

[May 27, 12:41 PM] JonteLeGras: Thank you all for checking this out and for all of your wonderful feedback!

[May 27, 12:41 PM] Bettina Kenney: ANd thank youuuuuu

[May 27, 12:41 PM] DawnnieMercado: Hugs applause and thank you!

[May 27, 12:41 PM] Amy Rauch: Thank you Jonte! So great!

[May 27, 12:41 PM] DeborahMadick: Thank you for being you & sharing with us <3

[May 27, 12:41 PM] KD McTeigue: Thanks so much Jonte!!

[May 27, 12:41 PM] NicoleRycroft: Thank you Jonté and Bonnie! Fabulous!

[May 27, 12:41 PM] AmeliaRico: Thanks Jonté!

[May 27, 12:41 PM] Aaron Wilson: Thanks, Jonté and Bon!

[May 27, 12:41 PM] Bettina Kenney: And rainbow showers pixiedust lovelove love

[May 27, 12:41 PM] KD McTeigue: OH SHIT

[May 27, 12:41 PM] KD McTeigue: I LOVE HER

[May 27, 12:41 PM] Z.Rice: into the chockey

[May 27, 12:41 PM] Bettina Kenney: CrackerJaaaaaack!!!

[May 27, 12:44 PM] Bettina Kenney: Jonté - YOU ROCK! THANK YOU!!!

[May 27, 12:44 PM] Bettina Kenney: Bonnie, DMMG!!

[May 27, 12:47 PM] Amy Rauch: This premiere is now over and continued discussion will be taking place in the Comments section at the Jonté LeGras replay page! If you're still seeing this chatbox on the mainstage, refresh the page so you get the NEW chatroll for our next premiere.



