

SMFA Summit Chatlog from the Kim Estes interview, 19 May 2021, 2pm PDT

[May 19, 1:57 PM] DawnnieMercado: Hi 🙌

[May 19, 1:57 PM] RobLecrone: Hello 🙌

[May 19, 1:57 PM] JamesBenfield: Hi

[May 19, 1:57 PM] KD McTeigue: Howdy heyyyy

[May 19, 1:58 PM] DawnnieMercado: Super excited for day 2. Woop woop

[May 19, 1:58 PM] DeborahMadick: hello everyone!

[May 19, 1:58 PM] AmeliaRico: Hi all!

[May 19, 1:58 PM] deva.jean.philippe: Hello everybody !

[May 19, 1:58 PM] Kevin Alan Roberts: Hello All!

[May 19, 1:58 PM] TeamBonnieG: Hey all... reload the page

[May 19, 1:58 PM] DebSnyder: Hi Bonnie!!! Woot!!!

[May 19, 1:59 PM] JamesBenfield: I am so excited for everyday showtime with Bonnie ❤️

[May 19, 1:59 PM] Stephanie Bergeron: Hi everyone!!

[May 19, 1:59 PM] KD McTeigue: Bonnieeeee <333

[May 19, 1:59 PM] DebSnyder: Hi Ninjas!!!

[May 19, 1:59 PM] DawnnieMercado: Xxoo

[May 19, 1:59 PM] JudyKerr: So great to hear Kim today - he always inspires me!!!

[May 19, 1:59 PM] DebSnyder: FWE!!!

[May 19, 2:00 PM] Kevin Alan Roberts: Hello All and Bonnie, Keith, Judy, TeamBonnie and my brother, Kim!!!

[May 19, 2:00 PM] RobLecrone: (He/him)...watching from Los Angeles (Tongva land) and originally from Anchorage (Eydlughet and K'enakatnu)...5 for 5

[May 19, 2:00 PM] Stephanie Bergeron: Yes, Judy!

[May 19, 2:00 PM] DeborahMadick: 5 of 5

[May 19, 2:00 PM] DawnnieMercado: Hi 🙌@Judy thanks for the book yesterday. Already downloaded

[May 19, 2:00 PM] JudyKerr: Big ole 5

[May 19, 2:00 PM] Stephanie Bergeron: (she/her) Yep, 5/5 here too. :)

[May 19, 2:00 PM] JoshuaIrwin: Hello

[May 19, 2:00 PM] DawnnieMercado: Yes 5 of 5

[May 19, 2:00 PM] AmeliaRico: Hai from Houston, the ancestral land of the Karankawa and Atakapa!

[May 19, 2:00 PM] NicoleRycroft: 5 for me too

[May 19, 2:00 PM] deva.jean.philippe: Deva Jean-Philippe currently in Santa Monica Tongva and originally from France Frankish Normandy

[May 19, 2:01 PM] KD McTeigue: I'm 4/5! Had to miss Judy's and now I live with eternal regret. :(

[May 19, 2:01 PM] Stephanie Bergeron: Replays FTW, KD!

[May 19, 2:01 PM] DawnnieMercado: Yep yep woo hoo nice photo

[May 19, 2:01 PM] KD McTeigue: omg!!

[May 19, 2:01 PM] DawnnieMercado: 5 of 5

[May 19, 2:02 PM] RavenLauridson: Hello! So happy to be here! 😊

[May 19, 2:02 PM] Suparna Thies: 5 for me too. From Mebane, NC!

[May 19, 2:02 PM] Kevin Alan Roberts: My brother Kim!!!

[May 19, 2:02 PM] AmeliaRico: kə rang'kə wä' and ə'tɑ:kəpə Though that may be more confusing for some folks. lol

[May 19, 2:03 PM] Michael L HARRIS: 4/5 Michael Harris, Potawatomi country note that indiana

[May 19, 2:03 PM] Bonnie G: <https://cricketfeet.com/gig/GIGFTNTframeworkMASTER.pdf>

[May 19, 2:03 PM] JamesBenfield: I am from England Winchester

[May 19, 2:03 PM] Stephanie Bergeron: Lol, Amelia! Rock that IPA!

[May 19, 2:04 PM] AmeliaRico: :D

[May 19, 2:04 PM] KD McTeigue: Oh man...not me scrolling up to see what kind of IPA Amelia was drinking. Lmaooo.

[May 19, 2:04 PM] TanyaPerez: Hello hello! So excited for Kim's chat today!!! Beaming in from Ormond Beach FL, Seminole country!

[May 19, 2:04 PM] Amy Rauch: Seriously, folks, that giveaways and summit deals page is amazing...

[May 19, 2:04 PM] Kevin Alan Roberts: Just love this!!!!

[May 19, 2:05 PM] JudyKerr: So great you are including this FRAMEWORK it helps me know where I am. If something isn't feeling good I can look at see where I'm letting down. I want to always be looking for the joy

[May 19, 2:05 PM] DawnnieMercado: @Kim Thank you so much for being here to speak to us!

[May 19, 2:05 PM] Stephanie Bergeron: Lol, KD! #SoOnBrand

[May 19, 2:05 PM] Kimberly Logan: she/her/hers tuning in from Chicago (Potawatami ancestral lands)

[May 19, 2:05 PM] RobLecrone: Hi, Kim, can't wait to see your interview, and I'm looking forward to seeing you in Alaska in June!!

[May 19, 2:06 PM] Kevin Alan Roberts: Bravo!!!!

[May 19, 2:06 PM] Kimberly Logan: BTW - I love sharing Kim's name, because I can imagine Bonnie talking about me with this much excitement and envisioning myself at his tier!

[May 19, 2:07 PM] JudyKerr: Oh Kim your light comes from inside - love seeing you!!!

[May 19, 2:07 PM] KD McTeigue: Obsessed with the Emmy background right off the bat

[May 19, 2:07 PM] RobLecrone: Kim's smile and energy!!!

[May 19, 2:07 PM] Stephanie Bergeron: Hello Kim! Always full of joy!

[May 19, 2:07 PM] DawnnieMercado: Nice!

[May 19, 2:07 PM] AmeliaRico: Looking forward to taking my pic with Bon and my future Emmy. :D

[May 19, 2:08 PM] Kevin Alan Roberts: Sweeeeeeeet!!!

[May 19, 2:08 PM] Bonnie G: Yes, Amelia!! I am READY for that hotness!

[May 19, 2:08 PM] Bonnie G: Kimberly, for sure!! My *****squeeeeeee***** for Kim is for YOU too!!

[May 19, 2:09 PM] Kimberly Logan: celebrating everyone and lifting each other. <3 this community

[May 19, 2:09 PM] JudyKerr: Yes bringing people along - a help up

[May 19, 2:10 PM] Amy Rauch: I love the idea of reaching back to help, more so than the "send the elevator back down" comments. It's so much more personal and connected to reach a hand back to help.

[May 19, 2:10 PM] Bonnie G: Isn't this community THE BEST? I so love the way everyone looks out for everyone. Everyone celebrates everyone.

[May 19, 2:10 PM] Stephanie Bergeron: THE. BEST.

[May 19, 2:10 PM] Kevin Alan Roberts: It's "possible"!!!!

[May 19, 2:10 PM] DeborahMadick: why am I crying?

[May 19, 2:10 PM] JudyKerr: Yes the people you don't know are looking for you.

[May 19, 2:11 PM] Bonnie G: Always, Judy. So important to remember that.

[May 19, 2:11 PM] AmeliaRico: Right there with you Deborah!

[May 19, 2:11 PM] DebSnyder: Love that Kim.. Fail forward!!!

[May 19, 2:11 PM] KimEstes: It's Ok Deborah.... keep your head up though...even through the tears...

[May 19, 2:12 PM] Bonnie G: Get in Gear framework: TOOLS

[May 19, 2:12 PM] Bonnie G: Get in Gear framework: CONSISTENCY

[May 19, 2:12 PM] DeborahMadick: thank you Kim

[May 19, 2:12 PM] JudyKerr: Yes going again

[May 19, 2:12 PM] KD McTeigue: Resiliency...

[May 19, 2:13 PM] DebSnyder: Feels good to grow!!!

[May 19, 2:13 PM] Kimberly Logan: Yes, @Deb - I pinged on that phrase, too!

[May 19, 2:13 PM] TanyaPerez: Kim puts in the WORK

[May 19, 2:14 PM] Bonnie G: Yes, Tanya. Kim is incredibly consistent!!

[May 19, 2:14 PM] JudyKerr: yes next jump - love it yes and get back up - they can't shake you off.

[May 19, 2:14 PM] Kimberly Logan: Honor the journey to here, and recognize that here is just a point on the journey forward. LOVE!!!

[May 19, 2:14 PM] DebSnyder: Joyful that I'm here! Challenge myself to be better than I ever was! Gold!

[May 19, 2:15 PM] KimEstes: Let it land and continue to strive.....better than you ever were!!!

[May 19, 2:15 PM] JoshuaIrwin: Yes

[May 19, 2:16 PM] DeborahMadick: Yes

[May 19, 2:16 PM] Suparna Thies: I like what I hear already. Thank you Kim.

[May 19, 2:16 PM] KimEstes: Thank you Suparna for being here!

[May 19, 2:18 PM] Kevin Alan Roberts: So much of "that thing" is within Kim....and he knows how to share it!

[May 19, 2:18 PM] KimEstes: and so do you Mr. Roberts... and so do you!!!

- [May 19, 2:19 PM] Kevin Alan Roberts: What a compliment....thank you my brother!
- [May 19, 2:19 PM] DeborahMadick: Kim you speak straight to my heart. Thank you for sharing and being you ...mmm so good
- [May 19, 2:19 PM] TanyaPerez: Yes, thank you Kim! You are a gift!
- [May 19, 2:20 PM] Amy Rauch: Breathing in that self-reflection... thank you so much for the reminder, Kim.
- [May 19, 2:20 PM] RavenLauridson: I love this. Self confidence is something I've really been working on. Thank you for sharing your insight on this Kim.🙏
- [May 19, 2:20 PM] AmeliaRico: Self reflection is so important! I know so many actors who try so hard to being something else when just being themselves would have got them so much farther!
- [May 19, 2:21 PM] Kevin Alan Roberts:A PATH!!!
- [May 19, 2:21 PM] KimEstes: Pleasure Raven..
- [May 19, 2:23 PM] Stephanie Bergeron: Not being afraid to ask for help...
- [May 19, 2:23 PM] KimEstes: Never be afraid to ask for assistance!!!!
- [May 19, 2:25 PM] KD McTeigue: That's such a graceful approach, Kim
- [May 19, 2:25 PM] JudyKerr: Yes - at that moment.
- [May 19, 2:26 PM] KimEstes: it is having faith in yourself....
- [May 19, 2:26 PM] Kevin Alan Roberts: It's all about "in that moment"
- [May 19, 2:26 PM] JoshuaIrwin: Yes it is having faith in yourself
- [May 19, 2:27 PM] Kimberly Logan: Finding your tribe!
- [May 19, 2:27 PM] JoshuaIrwin: You feel it
- [May 19, 2:27 PM] Bonnie G: Population of thirds.
- [May 19, 2:27 PM] AyeshaAdamo: I love that - "I met you at the dance..."
- [May 19, 2:28 PM] Bonnie G: Get in Gear framework: RELATIONSHIPS
- [May 19, 2:28 PM] Stephanie Bergeron: Me too, Ayesha, me too!
- [May 19, 2:28 PM] JudyKerr: Yes I met you at the dance - it's so good to be at the dance
- [May 19, 2:28 PM] Kimberly Logan: hehehe
- [May 19, 2:28 PM] RobLecrone: Smiling my way through this, Kim...feeling happiness, inspiration, and hope for the future...I appreciate you so much!
- [May 19, 2:29 PM] Amy Rauch: "I met you at the dance." And just having that faith that you will cross paths again when it is time. It takes soooo much stress away...
- [May 19, 2:29 PM] KimEstes: Man.. My pleasure Rob....
- [May 19, 2:29 PM] Suparna Thies: That's me.
- [May 19, 2:29 PM] Amy Rauch: Just took such a deep breath...
- [May 19, 2:29 PM] JudyKerr: Yes I love it - so many people did that for me I'm so shy and they pulled me and said come on you can do it. Good people will help.
- [May 19, 2:29 PM] Kevin Alan Roberts: You just have to do the work and get to the dance!
- [May 19, 2:30 PM] JonnathonCripple: Interesting- This relates so well to some recent studies of mine into chaos energy and ... again.... trust.
- [May 19, 2:30 PM] Bonnie G: Get in Gear framework: TARGETING
- [May 19, 2:31 PM] KimEstes: love the chaos energy theory...

[May 19, 2:34 PM] KD McTeigue: Yeah I was just telling Stephanie how lovely an offer that is and how I'm so not qualified for it hahahaha

[May 19, 2:34 PM] JudyKerr: He gives the most encouragement and advice on how to go for your dreams. I'm still so moved.

[May 19, 2:35 PM] RavenLauridson: If you consider yourself to be shy, to start small.

[May 19, 2:35 PM] Laura Dowling Shea: So meaningful.

[May 19, 2:35 PM] DeborahMadick: so encouraging...so inspiring...Be you...

[May 19, 2:35 PM] KimEstes: Thank you Judy... and you inspire me as well!!!!

[May 19, 2:35 PM] RobLecrone: Thank you, Kim! See you in June!

[May 19, 2:35 PM] G. SmokeyCampbell: Reflect & Value your Valuable Moments

[May 19, 2:36 PM] DeborahMadick: Thank you Kim.

[May 19, 2:36 PM] AmeliaRico: I'm always that extrovert keeping my introvert friends company and helping them feel comfortable. :D

[May 19, 2:36 PM] Stephanie Bergeron: Trusting what you've said is heard on some level is a lovely one, too.

[May 19, 2:36 PM] NicoleRycroft: Thank you! So many amazing take aways! My favorite was that failing is going to happen but the important part is to keep getting up.

[May 19, 2:36 PM] KimEstes: Get back up.....

[May 19, 2:36 PM] DebSnyder: Thank you Kim!

[May 19, 2:36 PM] JamesBenfield: ❤️❤️❤️❤️ I will be doing loads more self reflection now as I have never done any self reflection before. 😊

[May 19, 2:36 PM] RavenLauridson: I loved how he spoke about moving forward, and to keep getting back up no matter what. The entire conversation was amazing!

[May 19, 2:37 PM] RobLecrone: Yes, I love that joyful striving...satisfied and striving...all that...living in the good parts of where I am now and reaching for more of that...

[May 19, 2:37 PM] Kevin Alan Roberts: See you All at the dance!!!

[May 19, 2:37 PM] NicoleRycroft: Thank you Kim and Bonnie! The encouragement and positive energy of this talk was very inspiring!

[May 19, 2:38 PM] Stephanie Bergeron: I love all of that! Yes, yes!

[May 19, 2:38 PM] DebSnyder: Yes! Reach back and pull the next one in!!!

[May 19, 2:38 PM] KimEstes: xoxoxoox to all and continue to be your best selves..... your best selves and realize that you are enough, please!

[May 19, 2:38 PM] JudyKerr: Yes, reach back and bring someone along!

[May 19, 2:38 PM] KD McTeigue: And it also ties so well to yesterday's talk about how important it is to be rooted in service.

[May 19, 2:39 PM] Stephanie Bergeron: Thank you, Kim!!

[May 19, 2:40 PM] AyeshaAdamo: I'm so here for meeting at the dance

[May 19, 2:40 PM] JamesBenfield: Thank you so much Kim 😊

[May 19, 2:40 PM] Stephanie Bergeron: LOL, whore for hugs!

[May 19, 2:40 PM] DebSnyder: Thank you!!! PROPS TO THIS COMMUNITY!! Bonnie put me on the path... I started walking!!!

[May 19, 2:40 PM] MelissaPerez: Signed up for Kim's offer yesterday. Hope I get to chat with you Kim

[May 19, 2:41 PM] Stephanie Bergeron: Looking forward to the dance!

[May 19, 2:41 PM] JoshuaIrwin: So am I

[May 19, 2:41 PM] RobLecrone: Whooohooo!!!

[May 19, 2:41 PM] Kimberly Logan: xxxooo

[May 19, 2:41 PM] Amy Rauch: Yay! Thank you Kim!

[May 19, 2:41 PM] AmeliaRico: Clap clap clap!

[May 19, 2:41 PM] KD McTeigue: Thank you, Kim!! xoxox

[May 19, 2:41 PM] AmeliaRico: Thanks, Kim!

[May 19, 2:41 PM] Stephanie Bergeron: Much applause!!! I feel so good after this. :)

[May 19, 2:41 PM] DebSnyder: You Know I should have said, Bonnie showed me the dance floor. I started waltzing!

[May 19, 2:41 PM] RavenLauridson: Thank you!!

[May 19, 2:42 PM] MelissaPerez: Thank you!

[May 19, 2:42 PM] AmeliaRico: kiss kiss!

[May 19, 2:42 PM] DebSnyder: Bye Bonnie and Kim!!! And all you wonderful peeps!

[May 19, 2:43 PM] TeamBonnieG: This premiere is now over and continued discussion will be taking place at the Kim Estes replay page! If you're still seeing this chatbox on the mainstage, refresh the page so you get the NEW chatroll for our next premiere.