## SMFA Summit Chatlog from the LyNea "LB" Bell interview, 23 May 2021, 5pm PDT

[May 23, 4:58 PM] JudyKerr: Ok here we go - what a day. I'm so full of information from each day I'm sucking it in and I'll make use of what sticks - I love to hear everything all facets - thanks for providing that Bonnie. I'm so glad I can still show up.

[May 23, 4:58 PM] Bonnie G: ME TOO, Judy!!

[May 23, 4:59 PM] Amy Rauch: <3 <3

[May 23, 4:59 PM] JudyKerr: I bet.

[May 23, 4:59 PM] Stephanie Bergeron: Totally, Judy!!

[May 23, 4:59 PM] Bonnie G: We're live!!

[May 23, 4:59 PM] RhiannaBasore: :). the good talks just keep on coming!

[May 23, 4:59 PM] Bonnie G: Refresh!

[May 23, 4:59 PM] Kevin Alan Roberts: Hello All!!!!

[May 23, 4:59 PM] DawnnieMercado: Hello! We have lift off.

[May 23, 4:59 PM] Stephanie Bergeron: Yay! Hello everyone!

[May 23, 4:59 PM] Stephanie Bergeron: Hi Bon!

[May 23, 5:00 PM] JudyKerr: got you live!!!

[May 23, 5:00 PM] DebSnyder: Hi Peeps!

[May 23, 5:00 PM] ShannonDalton: Hi all!

[May 23, 5:00 PM] RhiannaBasore: Woot, woot!

IM 00 F 00 DMINI: 1 D (LII)

[May 23, 5:00 PM] NicoleRycroft: Hi everyone!

[May 23, 5:01 PM] JohannaFernandez: Hi everyone!:)

[May 23, 5:02 PM] Stephanie Bergeron: Tee hee! You wouldn't be surprised then that I'm the strange one that speeds up the vids in the Dojo...;) #PowerMercury

[May 23, 5:02 PM] LyNeaBell: Hey Everyone

[May 23, 5:03 PM] Stephanie Bergeron: Hello!

[May 23, 5:03 PM] RhiannaBasore: tuning in from the area of the Kumeyaay people (San Diego)

[May 23, 5:03 PM] RhiannaBasore: Hello!

[May 23, 5:03 PM] Kevin Alan Roberts: Hello LyNea!!!!

[May 23, 5:03 PM] ShannonDalton: Ventura, CA here! I think we are originally Chumash land

here but I need to learn more about that!

[May 23, 5:03 PM] ShannonDalton: Hi Lynea!

[May 23, 5:03 PM] JohannaFernandez: Houston, TX

[May 23, 5:04 PM] Amy Rauch: Hi LB! Welcome!

[May 23, 5:04 PM] Stephanie Bergeron: I believe it was Native-Land.ca

[May 23, 5:04 PM] LaMontWalker: Los Angeles, CA

[May 23, 5:04 PM] RhiannaBasore: This is the link to discover: https://native-land.ca

[May 23, 5:04 PM] ShannonDalton: Thank you, Rhianna!

[May 23, 5:04 PM] RhiannaBasore: my pleasure!

[May 23, 5:05 PM] Bonnie G: https://cricketfeet.com/gig/GIGFTNTframeworkMASTER.pdf

[May 23, 5:07 PM] DawnnieMercado: Yay LB

[May 23, 5:07 PM] JohannaFernandez: Yay!

For 100 days of unparalleled support and a proven framework to support your next-tier life, visit bonniegillespie.com/offer now.



[May 23, 5:09 PM] Bonnie G: LB was in my very first room, my first MINUTE on Clubhouse,

late last year. :) Such a wonderful welcome!

[May 23, 5:09 PM] DawnnieMercado: Nice!

[May 23, 5:09 PM] RhiannaBasore: Absolutely! What a warm welcome!

[May 23, 5:09 PM] Stephanie Bergeron: Cool.

[May 23, 5:11 PM] Bonnie G: Authenticity! Yes!!

[May 23, 5:11 PM] RhiannaBasore: 'Let's make it real and make it stick'

[May 23, 5:12 PM] DawnnieMercado: "Let's make it real. Let's make it stick."

[May 23, 5:12 PM] DawnnieMercado: You the faster than I do @Rhianna.;)

[May 23, 5:12 PM] DawnnieMercado: Type

[May 23, 5:12 PM] RhiannaBasore: :). Tag team!

[May 23, 5:12 PM] Amy Rauch: Oh yes- if we don't know our brand, how should anyone else?

[May 23, 5:13 PM] Anamaria Maier: Loving this.

[May 23, 5:13 PM] RhiannaBasore: 'As you grow, the opportunities grow with you.'

[May 23, 5:14 PM] Bonnie G: Top 5!!

[May 23, 5:14 PM] RhiannaBasore: Oooooh, that's such a great mirroring to discover how we show up in the world.

[May 23, 5:14 PM] DawnnieMercado: Top 5 movies **X** Top 5 shows.

[May 23, 5:14 PM] Stephanie Bergeron: Practice being YOU.

[May 23, 5:14 PM] Amy Rauch: Just practice just being you!

[May 23, 5:16 PM] LyNeaBell: Always, because practice makes perfect.

[May 23, 5:16 PM] Bonnie G: Create your own!!!

[May 23, 5:17 PM] Anamaria Maier: Powerful!

[May 23, 5:17 PM] MaeRuling: love this!

[May 23, 5:17 PM] RhiannaBasore: 'Why do we need the okay from someone else to be who we are?'

[May 23, 5:17 PM] DawnnieMercado: I do not need the OK from someone else to be who.I am

[May 23, 5:17 PM] LyNeaBell: Yes my strategy session includes what is your top 5's

[May 23, 5:17 PM] Bonnie G: Oooooh. "Just because you like me doesn't mean I'm the right-fit agency for you."

[May 23, 5:18 PM] LyNeaBell: Exactly!! Be You, Do You, and Shine!

[May 23, 5:18 PM] Bonnie G: All about the money!! You KNOW that's music to my ears. Let's print money together!!

[May 23, 5:18 PM] RhiannaBasore: Love that money and heart focus!

[May 23, 5:19 PM] Bonnie G: Yes, Rhianna. So often we're made to feel that money and heart can't co-exist.

[May 23, 5:19 PM] Bonnie G: It's all an exchange of value for value!

[May 23, 5:19 PM] Amy Rauch: Same @rhianna.

[May 23, 5:19 PM] RhiannaBasore: Yes! And it doesn't need to be that way, they aren't mutually exclusive!

[May 23, 5:20 PM] JohannaFernandez: I love that

[May 23, 5:20 PM] DebSnyder: We're not in a microwave!

For 100 days of unparalleled support and a proven framework to support your next-tier life, visit <u>bonniegillespie.com/offer</u> now.



- [May 23, 5:20 PM] Amy Rauch: We are not in a microwave! yes!
- [May 23, 5:21 PM] DebSnyder: Timing is everything!
- [May 23, 5:21 PM] DawnnieMercado: Yes @Deb
- [May 23, 5:21 PM] Stephanie Bergeron: That's right into the "be ready" Amelia was talking about... the food's always ready and simmering in that slow-cooker.
- [May 23, 5:21 PM] RhiannaBasore: Yes, @Deb!
- [May 23, 5:21 PM] DawnnieMercado: And its on Android now
- [May 23, 5:21 PM] DawnnieMercado: Re:clubhouse
- [May 23, 5:22 PM] RhiannaBasore: 'Do they fit what they are telling me, selling me?'
- [May 23, 5:23 PM] DawnnieMercado: Ok mind blown monologues on clubhouse... ok need to explore that
- [May 23, 5:23 PM] LyNeaBell: Your story never lies about who you are, you'll always be able to see the truth.
- [May 23, 5:23 PM] RhiannaBasore: 'Complete your package'
- [May 23, 5:23 PM] DebSnyder: I connected with writers and producers on the show I was just on through Instagram. It works!
- [May 23, 5:23 PM] Kevin Alan Roberts: Doing the work!
- [May 23, 5:24 PM] RhiannaBasore: IG is the new email, @Deb (LOL)
- [May 23, 5:24 PM] DebSnyder: Seriously Rhianna!
- [May 23, 5:24 PM] DebSnyder: Desktop at least?
- [May 23, 5:24 PM] DawnnieMercado: Great advice .. actor dawnnie is on all platforms. Mommy dawnnie for family is only on FB so GMA can see my kiddo
- [May 23, 5:24 PM] Bonnie G: Dawnnie, take a look at my articles on Clubhouse (at my blog). Big opportunity! Worth checking out.
- [May 23, 5:25 PM] LyNeaBell: GOTCONN.com Global search engine.
- [May 23, 5:25 PM] DebSnyder: COOL!
- [May 23, 5:25 PM] RhiannaBasore: WOW!!!
- [May 23, 5:25 PM] Amy Rauch: Oh my goodness!
- [May 23, 5:26 PM] DawnnieMercado: @Bonnie yes. I am on it.
- [May 23, 5:26 PM] DebSnyder: Looks great!
- [May 23, 5:26 PM] RhiannaBasore: what an incredible innovation, @LB
- [May 23, 5:26 PM] Amy Rauch: Aaaaaaand bookmarked!
- [May 23, 5:26 PM] LyNeaBell: Thank you!!!
- [May 23, 5:26 PM] Bonnie G: Isn't that awesome?
- [May 23, 5:26 PM] LaMontWalker: This is awesome!
- [May 23, 5:26 PM] MaeRuling: how cool!
- [May 23, 5:27 PM] RhiannaBasore: Freakin' brilliant
- [May 23, 5:27 PM] DawnnieMercado: Oh no. My cookies are everywhere.
- [May 23, 5:27 PM] LyNeaBell: Thank you Amy and Rhianna
- [May 23, 5:28 PM] Stephanie Bergeron: Done.
- [May 23, 5:28 PM] LyNeaBell: Thank you everyone. It was created with you all in mind.



[May 23, 5:28 PM] DebSnyder: Are you making it an APP? to put on your phone or you have to go to a browser to launch it.

[May 23, 5:28 PM] DawnnieMercado: Yes. Bookmarking thanks

[May 23, 5:28 PM] Kevin Alan Roberts: Sweet!!!

[May 23, 5:28 PM] RhiannaBasore: 'We don't even want to know who you are.'

[May 23, 5:28 PM] JohannaFernandez: Done!

[May 23, 5:28 PM] LyNeaBell: Yes

[May 23, 5:29 PM] Stephanie Bergeron: Right?!

[May 23, 5:29 PM] RhiannaBasore: hahahah, I just flashed on Autofill as an internet stalker.

[May 23, 5:31 PM] Stephanie Bergeron: There's the authenticity theme, again.

[May 23, 5:32 PM] Kevin Alan Roberts: So very true!

[May 23, 5:32 PM] DebSnyder: UNSTOPPABLE!!!

[May 23, 5:32 PM] DawnnieMercado: Our light is unstoppable

[May 23, 5:32 PM] DebSnyder: thank you!

[May 23, 5:32 PM] DebSnyder: YES!

[May 23, 5:32 PM] RhiannaBasore: YES!!

[May 23, 5:32 PM] Amy Rauch: Yes! Women are kicking butt!

[May 23, 5:33 PM] Bonnie G: Back to what Anslem said in our very first interview: all-women hero casts.

[May 23, 5:33 PM] Bonnie G: Without running a dang highlighter on it.

[May 23, 5:33 PM] Stephanie Bergeron: Unremarkable-ness from Des, too.

[May 23, 5:33 PM] Stephanie Bergeron: (The hope for)

[May 23, 5:33 PM] Amy Rauch: Yes, @stephanie. Was just thinking that

[May 23, 5:34 PM] RhiannaBasore: Woot, such visionary ladies!!

[May 23, 5:34 PM] JudyKerr: Thank you, yes room for us all. Love the search engine. A

wonderful interview with guidance. xoxo

[May 23, 5:34 PM] DawnnieMercado: Thank you so much for speaking today!!

[May 23, 5:34 PM] Kevin Alan Roberts: Bravo LyNea!!!!!

[May 23, 5:35 PM] DebSnyder: Thank you LB!

[May 23, 5:35 PM] Stephanie Bergeron: Applause!!

[May 23, 5:35 PM] RhiannaBasore: AMAZING!!!!

[May 23, 5:35 PM] Kevin Alan Roberts: THE HERE AND NOW - RELATABILITY -

KNOWLEDGE OF SELF - QUALITY NOT QUANTITY - NEVER WAIT FOR PERMISSION - BE

YOU, DO YOU AND SHINE

[May 23, 5:35 PM] Amy Rauch: Thank you LB!

[May 23, 5:35 PM] DebSnyder: Authenticity!

[May 23, 5:35 PM] LyNeaBell: Thank you so much for listening. It was a great experience!

[May 23, 5:35 PM] LyNeaBell: Love you Bonnie

[May 23, 5:35 PM] Stephanie Bergeron: Practice being YOU.

[May 23, 5:35 PM] DebSnyder: Know your Brand when you approach!!!

[May 23, 5:35 PM] NicoleRycroft: Thank you LB! You're inspiring! And thank you for the cool search engine!

For 100 days of unparalleled support and a proven framework to support your next-tier life, visit bonniegillespie.com/offer now.



- [May 23, 5:36 PM] RhiannaBasore: I am a member of your team, you are the 90%
- [May 23, 5:36 PM] Anamaria Maier: Powerful and inspiring! Thank you!
- [May 23, 5:36 PM] Amy Rauch: Authenticity!
- [May 23, 5:36 PM] DawnnieMercado: Yes love not waiting for permission
- [May 23, 5:36 PM] NicoleRycroft: Loved staying authentic
- [May 23, 5:36 PM] JohannaFernandez: Be you!
- [May 23, 5:36 PM] DebSnyder: Clubhouse connection!!!
- [May 23, 5:37 PM] DawnnieMercado: I am I am
- [May 23, 5:37 PM] DebSnyder: Mindset!!!
- [May 23, 5:37 PM] Stephanie Bergeron: It just opened up for me... something to check out for sure.
- [May 23, 5:37 PM] DawnnieMercado: I'll read the blogs for sure..
- [May 23, 5:37 PM] JohannaFernandez: I'm still waiting lol
- [May 23, 5:38 PM] DebSnyder: Thank you LB!
- [May 23, 5:38 PM] DawnnieMercado: Applause... Applause... thank you for being "you" as well!
- [May 23, 5:38 PM] DebSnyder: BIG OL 5 LEFT!
- [May 23, 5:38 PM] NicoleRycroft: Bonnie, thank you for Powerchicks weekend! So much joy!
- [May 23, 5:38 PM] Stephanie Bergeron: Big applause for Day 6!! Fantastic!!
- [May 23, 5:38 PM] LyNeaBell: Of Course, anytime
- [May 23, 5:38 PM] Stephanie Bergeron: Thank you once again Bon and Team!
- [May 23, 5:39 PM] JohannaFernandez: Yay! thank you all!
- [May 23, 5:39 PM] DebSnyder: Thanks Bonnie!!!!
- [May 23, 5:39 PM] Kevin Alan Roberts: Thanks LB....Hugs & Love Always!!!
- [May 23, 5:39 PM] Anamaria Maier: Thank you, Bonnie! Love you!
- [May 23, 5:40 PM] RhiannaBasore: This premiere is now over and continued discussion will be taking place at the LyNea 'LB' Bell replay page! If you're still seeing this chatbox on the mainstage, refresh the page so you get the NEW chatroll for our next premiere.
- [May 23, 5:41 PM] LyNeaBell: Thank you Kevin
- [May 24, 1:35 PM] deva.jean.philippe: Take away: Authenticity and being aligned with our brand is more true nowadays than ever. Thank you LB.

