

SMFA Summit Jenn Page Interview Live Chat 24 May 2020

[May 24, 1:55 PM] Bonnie G: Get ready, y'all! :)

[May 24, 1:56 PM] Bonnie G: Jenn Page in da house!

[May 24, 1:56 PM] JennPage: Hellllloooooooo!

[May 24, 1:56 PM] BethGilvie: Ready for ya!

[May 24, 1:57 PM] TBG_Amy: So excited!

[May 24, 1:57 PM] Bonnie G: Hit the PLAY button!

[May 24, 1:57 PM] LenkaSilhanova: Wohow!

[May 24, 1:59 PM] DilaraFoscht: Yeah let's do this.! Last talk for tomorrow:)

[May 24, 2:00 PM] Nathan Inzerillo: Here we are again!

[May 24, 2:00 PM] BiancaFoscht: Hello everyone!

[May 24, 2:01 PM] DilaraFoscht: Austria here,yeah!

[May 24, 2:01 PM] AngelaJohnson: Washington State

[May 24, 2:01 PM] AaronWilson: Los Angeles :)

[May 24, 2:01 PM] Constance Zaytoun: the tone of the commercial -- so important + that director!

[May 24, 2:01 PM] JennPage: World Domination next.

[May 24, 2:01 PM] AyaOhara: Los Angeles!

[May 24, 2:01 PM] BenYemba: Hello from North Carolina

[May 24, 2:01 PM] JayeRestivo: Los Angeles!

[May 24, 2:01 PM] Constance Zaytoun: NYC in the house in spades! where in NC??

[May 24, 2:01 PM] VictoriaBlackburn: Toluca Lake

[May 24, 2:02 PM] LisaRobinson: Camarillo

[May 24, 2:02 PM] BenYemba: Raleigh

[May 24, 2:02 PM] Constance Zaytoun: i'm from Raleigh, Ben!

[May 24, 2:02 PM] BenYemba: awesome!

[May 24, 2:02 PM] TBG_Amy: Beautiful Albuquerque

[May 24, 2:02 PM] Nathan Inzerillo: Burbank, CA

[May 24, 2:02 PM] LavelleRoby: Oxnard,CA

[May 24, 2:03 PM] Leah Cevoli: I've said it before, and I'll say it again. Jenn Page is my favorite Director to work with!

[May 24, 2:03 PM] BiancaFoscht: Watching from Austria! YES, I love your credits and projects Jenn! Especially "Waiting in the Wings"

[May 24, 2:03 PM] JennPage: Aw Leah <3

[May 24, 2:03 PM] JennPage: And we've been in love ever since.....

[May 24, 2:03 PM] JayeRestivo: HI, Jenn

[May 24, 2:03 PM] Constance Zaytoun: love fests are so fun!

[May 24, 2:03 PM] JennPage: Hi Jaye. :)

[May 24, 2:04 PM] Alex Ryan: Love that!

[May 24, 2:04 PM] Elizabeth A.Zimmerman: Snacking and learning

[May 24, 2:04 PM] Alex Ryan: Me too Elizabeth!

[May 24, 2:05 PM] TBG_Erin: What is that bookcase backdrop?

- [May 24, 2:05 PM] Leah Cevoli: Yep.
- [May 24, 2:05 PM] Leah Cevoli: Exhaustion is real.
- [May 24, 2:05 PM] Nathan Inzerillo: Burn out is real.
- [May 24, 2:06 PM] Stephanie Bergeron: Yes.
- [May 24, 2:06 PM] AaronWilson: haha I loose track of my age too!
- [May 24, 2:06 PM] Alex Ryan: This is one of my BIG questions right now. My brain keeps asking "how much work each day is enough?"
- [May 24, 2:06 PM] Laura Dowling Shea: No is a complete sentence.
- [May 24, 2:07 PM] Leah Cevoli: Mmm.... important to check in with yourself... fed flag vs. fear
- [May 24, 2:07 PM] Bonnie G: Alex, for me? Sometimes it's "I got out of bed. Good job."
- [May 24, 2:08 PM] Bonnie G: And some days, I tear through today's to do list and tomorrow's too.
- [May 24, 2:08 PM] Bonnie G: Again, I align that with the moon phases too. ;)
- [May 24, 2:08 PM] Bonnie G: I love Jenn Page so much!!
- [May 24, 2:08 PM] Ivett: Omg. Yes. Totally check in with yourself. Your gut tells you things for a reason.
- [May 24, 2:08 PM] Alex Ryan: ☺ I think I need to get WAY quieter now. And yes LOVE hearing this from Jenn!
- [May 24, 2:08 PM] AaronWilson: If it feels ick it's a no. Love that!
- [May 24, 2:09 PM] Stephanie Bergeron: Ooh, trust what already makes you good at this... the gut is agenda-less.
- [May 24, 2:09 PM] Leah Cevoli: Yes!
- [May 24, 2:10 PM] Constance Zaytoun: oh my! and when that flexing happens, magic finds us!
- [May 24, 2:10 PM] PatriciaBecker-Spellman: Simplify and focus... <3
- [May 24, 2:10 PM] Alex Ryan: Exactly what Denise DT wrote about this morning
- [May 24, 2:11 PM] Alex Ryan: And we have to choose when we clock in and clock out. Especially during this time
- [May 24, 2:13 PM] Leah Cevoli: lol
- [May 24, 2:13 PM] Constance Zaytoun: i so hear that, @Alex. yes!
- [May 24, 2:13 PM] Alex Ryan: hilarious
- [May 24, 2:13 PM] Leah Cevoli: I'm guilty of that
- [May 24, 2:13 PM] Stephanie Bergeron: That links into saving people from the other day...I believe Brienne?
- [May 24, 2:15 PM] Constance Zaytoun: at what point do you know the "fire" has to happen? have you found yourself trying (& trying) to make it work but wish you had just let that person go?
- [May 24, 2:16 PM] Nathan Inzerillo: Unrelated but I have to acknowledge this: Avengers, Gremlins, AND Harry Potter? I feel like you already get me without having actually met.
- [May 24, 2:17 PM] Bonnie G: LOL Nathan.
- [May 24, 2:17 PM] Bonnie G: Good question, Connie!
- [May 24, 2:18 PM] Bonnie G: Goooooo #SMFAninjas go! :) So supportive!
- [May 24, 2:18 PM] LenkaSilhanova: Oh yeah, totally agree!
- [May 24, 2:18 PM] KathleenParker: yes!

[May 24, 2:18 PM] JennPage: Constance on a feature I knew I should have fired the DP before we started. I knew a week into pre-pro. I knew a week into set. By week two the movie was turning into a semi disaster. We couldn't fire him at that point due ot money and other logistics. You so have to trust that first gut check. If that gut check comes and it's two weeks into filming I'd say still fire them anyway unless you absolutely can't. I no longer believe in making it work. It either works easy or we shouldn't work together.

[May 24, 2:19 PM] Laura B.: Hahah I just realized I was on the wrong chat lol

[May 24, 2:19 PM] Bonnie G: LOL Where were you, Laura?

[May 24, 2:19 PM] JennPage: Nathan haha. Nerds Unite.

[May 24, 2:19 PM] TBG_Erin: YES to making sure it's easy.

[May 24, 2:19 PM] Laura B.: The chat didn't refresh so I was over on Kyle's

[May 24, 2:20 PM] KathleenParker: yes! Trusting our gut! We do know if we trust ourselves! Love this so much Jenn!

[May 24, 2:20 PM] JayeRestivo: Easy to get along with....

[May 24, 2:20 PM] BethGilvie: Oy networking things.... >.<

[May 24, 2:20 PM] Constance Zaytoun: @Jenn - THANK YOU! you are absolutely confirming what i've already experienced and i hope i have the balls to NEVER let it go again. even if i'm wrong (my gut), it's just not worth it!!

[May 24, 2:20 PM] Stephanie Bergeron: Nathan, Jenn, tomorrow is "Geek Pride Day", fyi... (seriously, it's one of those random holidays!)

[May 24, 2:20 PM] JennPage: so not worth it. even if it's a friend.

[May 24, 2:20 PM] Constance Zaytoun: hear, hear!

[May 24, 2:20 PM] TBG_Erin: That's one of my philosophies on relationships, period: relationships are work but they shouldn't be HARD work.

[May 24, 2:20 PM] Bonnie G: Ah! From a tech perspective, Laura, you actually were transported TO Kyle's replay page when we moved the chat there and added Jenn's here and republished the page on the break. LOL

[May 24, 2:20 PM] JennPage: Stephanie...whaaaaa??!?!? I need to make a post for our Two Nerds in a Garage show! thanks for the heads up!

[May 24, 2:21 PM] JayeRestivo: YES. ERIN!!

[May 24, 2:21 PM] KathleenParker: OMG HATE NETWORKING LOLOLOL...but yes on truly having a genuine connection, it's important to both people. Show up, and say, "Hi, who are you? NOT what do you do?" lolol

[May 24, 2:21 PM] Bonnie G: Stephanie! Geek Pride Day? That's amazing.

[May 24, 2:21 PM] Stephanie Bergeron: Jenn, you're welcome! #NerdsUnite indeed!

[May 24, 2:21 PM] Stephanie Bergeron: I am SO READY for it. Lol.

[May 24, 2:22 PM] Laura B.: hahaha you know I love a good tech perspective.

[May 24, 2:23 PM] ElisaAnnette: As a former Stage Manager, I am feeling the "control" thing here.

[May 24, 2:23 PM] KathleenParker: Ok, wow...taking it into our own hands...I love this...thank you. I hear it clear from you. Also we can do both, create and act, all of it...find the people to create the writing etc...I would LOVE to direct as well!

[May 24, 2:23 PM] Stephanie Bergeron: Go for it, Kathleen!

[May 24, 2:23 PM] AyaOhara: Congratulations! So inspiring
[May 24, 2:23 PM] JennPage: yes. do it Kathleen!
[May 24, 2:24 PM] JennPage: Thx Aya:).
[May 24, 2:24 PM] AyaOhara: It's all going to work out
[May 24, 2:24 PM] JayeRestivo: JennPage, it'll happen. I'm knowing that with you!!
[May 24, 2:24 PM] Leah Cevoli: *Hugs*
[May 24, 2:24 PM] JennPage: aw thanks Jaye!
[May 24, 2:24 PM] RemyO'Brien: Jenn Love your mind set
[May 24, 2:24 PM] Laura B.: Such good advice, if it doesn't happen it isn't for me!
[May 24, 2:24 PM] Alex Ryan: Yes the too hard work is like ignoring the gut
[May 24, 2:25 PM] Stephanie Bergeron: Yes. I feel that in my gut- happened to me recently.
[May 24, 2:25 PM] Ivett: Yep. If it didn't happen, it was probably not meant to be. I love this!
[May 24, 2:25 PM] Stephanie Bergeron: Side note: what is the quote on your pillow... something about imagination being a weapon?
[May 24, 2:25 PM] Alex Ryan: stay nimble - always love that phrase
[May 24, 2:26 PM] JennPage: Imagination is the only weapon in the war against reality (Alice in wonderland:)
[May 24, 2:26 PM] TessaMarkle: you know you're type A when doing spreadsheets to stay busy calms you.. haha, i'm there too! :D
[May 24, 2:26 PM] JennPage: hahaha. glad someone else gets it Tessa.
[May 24, 2:26 PM] Stephanie Bergeron: Ah, awesome. Love the pillow!
[May 24, 2:26 PM] JayeRestivo: Not obsessing....URG
[May 24, 2:26 PM] KathleenParker: LOVE CATHERINE!
[May 24, 2:27 PM] Alex Ryan: WOW! That is so cool!
[May 24, 2:27 PM] PatriciaBecker-Spellman: Adjust our sails...
[May 24, 2:27 PM] TBG_Amy: Watching the innovation that's been happening in the creative spaces has been amazing and inspiring.
[May 24, 2:27 PM] KathleenParker: love how the universe just opened up to more than what you expected!
[May 24, 2:27 PM] BethGilvie: I love asking for the world you want to create!
[May 24, 2:27 PM] Laura B.: Positivity creates possibility.
[May 24, 2:28 PM] Stephanie Bergeron: Hello "Path To Your True North!"
[May 24, 2:28 PM] BethGilvie: ...or just creating the world you want through a respectful ask.
[May 24, 2:28 PM] JennPage: oh I like that beth
[May 24, 2:28 PM] BethGilvie: I think that ties in with the whole abundance mindset, too.
[May 24, 2:28 PM] BethGilvie: Thanks, Jenn! :)
[May 24, 2:28 PM] BiancaFoscht: "It's all mindset" YES YES YES
[May 24, 2:28 PM] Bonnie G: So True North, Stephanie. Exactly.
[May 24, 2:29 PM] JayeRestivo: Yes. KatherineParker. Universe is waiting to pour it all out to us! Say yes!
[May 24, 2:29 PM] DilaraFoscht: Mindset comes first.yes yes yes:)
[May 24, 2:29 PM] Alex Ryan: inventiveness!
[May 24, 2:29 PM] ElisaAnnette: Challenges = Creative Opportunities

[May 24, 2:29 PM] BethGilvie: Yes, Elisa! Everything is a lesson or opportunity. Or both!

[May 24, 2:30 PM] ElisaAnnette: yup- I always said that phrase when I was a Stage Manager

[May 24, 2:30 PM] KathleenParker: haha yes! Slowing down, being mindful, asking myself what makes me feel good.

[May 24, 2:30 PM] Alex Ryan: We love Woo Woo!

[May 24, 2:30 PM] LenkaSilhanova: Woo woo is the best!

[May 24, 2:30 PM] Laura B.: I love the woowoo. Mindset is everything.

[May 24, 2:30 PM] Laura Dowling Shea: Love the woo!

[May 24, 2:30 PM] Bonnie G: :)

[May 24, 2:31 PM] JayeRestivo: Ales Ryan - WOO WOO CREW!!!

[May 24, 2:31 PM] Alex Ryan: hee hee!

[May 24, 2:31 PM] KathleenParker: I need the spiritual REAL TALK...it's so necessary.

[May 24, 2:31 PM] VeannaBlack: Love the woo! Amen to not constantly freaking out!

[May 24, 2:31 PM] NicoleRycroft: the Woo!

[May 24, 2:31 PM] RemyO'Brien: all about the woo

[May 24, 2:32 PM] Bonnie G: #1 YES!!!! So good!

[May 24, 2:32 PM] BethGilvie: YUHHHH NINJAS

[May 24, 2:32 PM] BiancaFoscht: #1 YEAH!

[May 24, 2:33 PM] Bonnie G: JUST having the conversations is HEALING!! YES!!

[May 24, 2:33 PM] BethGilvie: Dang, I love that healing!

[May 24, 2:33 PM] Stephanie Bergeron: The body doesn't lie!

[May 24, 2:33 PM] Alex Ryan: out is so much better than in

[May 24, 2:33 PM] JayeRestivo: "Help those who listen..."

[May 24, 2:34 PM] Bonnie G: Loving the feel good test. "Does it feel good?" DO IT.

[May 24, 2:34 PM] JayeRestivo: How may I serve theme here as well! Thanks, JennPage!

[May 24, 2:34 PM] BethGilvie: Hi, Team Missed-The-Slowdown-Cue here, hahaha

[May 24, 2:35 PM] Bonnie G: Right, Beth?

[May 24, 2:35 PM] Janet Rembaum: Does it feel good to do now? . i so think this is the best way

[May 24, 2:35 PM] KimEstes: loved working with Jenn Page...fantastic person - not many smarter, just unbeatable!

[May 24, 2:35 PM] KathleenParker: this is so funny, I just got off the phone with a friend and we are brainstorming Podcast series LOL...talking about timing...its time to create, and do what feels good.

[May 24, 2:35 PM] BethGilvie: And you feel so fine about it but you don't notice the edges fraying...

[May 24, 2:35 PM] Bonnie G: "Give NOT HAVING TO DO IT a try." Love that, Jenn.

[May 24, 2:35 PM] Laura B.: Hi Kim!

[May 24, 2:35 PM] Alex Ryan: YES

[May 24, 2:35 PM] LenkaSilhanova: I can so relate to that!

[May 24, 2:35 PM] KimEstes: Hey Laura!!!

[May 24, 2:35 PM] JennPage: Hi Kim!!! The feeling is mutual!

[May 24, 2:35 PM] Bonnie G: Hello Kim! :) Yay!

[May 24, 2:35 PM] TessaMarkle: OMG need to share this interview with my production partner! haha

[May 24, 2:36 PM] Bonnie G: Yes, Tessa! Get 'em in here for the replay.

[May 24, 2:36 PM] LisaRobinson: Sometimes you have to learn through the process of something not working right.

[May 24, 2:36 PM] KimEstes: Blushing Jenn!!!

[May 24, 2:36 PM] Laura B.: Oh I like that, doesn't feel good to me, I'll give it to someone who will feel good about it. Bonnie - share your toys comes back around lol

[May 24, 2:36 PM] JennPage: Kathleen I have lots of thought on doing or not doing the podcast but mostly I say DO IT! But do it for you. You need to need it and / or love it. If not you'll dread the work. Guess that goes for anything we do.

[May 24, 2:36 PM] Anna Tran: This conversation heals me: trusting our intuition to find the people to work with, the healing journey. I love it!

[May 24, 2:37 PM] KathleenParker: yes, more energy for me to put towards what I really want when I pass things on.

[May 24, 2:37 PM] VeannaBlack: I second that Anna Tran!

[May 24, 2:38 PM] KathleenParker: Yes Jenn! Thank you for that! Yes it's been calling to me for fun! Wonderful feedback:)

[May 24, 2:38 PM] Bonnie G: There's that nimbleness again.

[May 24, 2:38 PM] LisaRobinson: Being fluid.

[May 24, 2:38 PM] Laura Dowling Shea: Nimbleness. Love that.

[May 24, 2:38 PM] Laura B.: yes flexibility! Being nimble so good

[May 24, 2:39 PM] AmeliaRico: Definitely. It's a blessing that I didn't get that big Guest Star filming in New Zealand because then I would've been stuck in New Zealand after Covid hit! So, silver lining. Lol

[May 24, 2:39 PM] JennPage: You guys are seriously the best. Adore the ninjas!

[May 24, 2:39 PM] VictoriaBlackburn: This was great! Quarantine is a good time to check in with myself and see what makes me happy!

[May 24, 2:39 PM] JayeRestivo: We like ya, JennPage!!!

[May 24, 2:39 PM] Laura Dowling Shea: Thank you!

[May 24, 2:39 PM] Anna Tran: You're awesome, Jenn!!

[May 24, 2:39 PM] Laura B.: Thank you Jenn

[May 24, 2:39 PM] BethGilvie: Jenn, that was so lovely. I can't wait to dig into your podcast. Thank you!!

[May 24, 2:39 PM] JennPage: haha thanks all!

[May 24, 2:39 PM] Alex Ryan: My shoulders have dropped thank you!

[May 24, 2:39 PM] RemyO'Brien: thank you Jenn. You are awesome

[May 24, 2:39 PM] Stephanie Bergeron: That was awesome, Jenn. Thank you!!

[May 24, 2:39 PM] Ivett: Oh wait, Kim Estes is in the house :) Hi Kim!

[May 24, 2:39 PM] Janet Rembaum: thank you it was great

[May 24, 2:39 PM] AaronWilson: Thank you, Jenn and Bon!

[May 24, 2:39 PM] KathleenParker: Yes! haha! I did that a week ago or so! Loved this thank you for your time Jenn. As a woman speaking on that makes me so so so inspired!

[May 24, 2:39 PM] Anna Tran: YAS!
[May 24, 2:40 PM] JayeRestivo: My stomach stopped hurting....
[May 24, 2:40 PM] TessaMarkle: had a little internet bloop at one point, what's the name of the podcast?
[May 24, 2:40 PM] Elizabeth A.Zimmerman: "That wasn't the job for me" is THE hardest one for me to learn!
[May 24, 2:40 PM] NicoleRycroft: Thank you Jenn and Bonnie! That was lovely!
[May 24, 2:40 PM] Alex Ryan: Wednesday!
[May 24, 2:40 PM] Alex Ryan: ☺
[May 24, 2:40 PM] JennPage: Intuitive Filmmaker Podcast (listen to Bonnie's ep first!)
[May 24, 2:40 PM] LenkaSilhanova: Thank you, Jenn! Amazing lessons, i could so relate to many things you said, especially the health and mindset stuff. Too many to list, haha!
[May 24, 2:40 PM] TessaMarkle: thank you @jenn!!
[May 24, 2:40 PM] JennPage: I also have Two Nerds in a Garage podcast if you just want some nerdy fun. :D
[May 24, 2:40 PM] KathleenParker: yes! adding it to my calendar now!
[May 24, 2:40 PM] Laura B.: Love the podcast!
[May 24, 2:40 PM] Anna Tran: I can't wait for Tuesday with Kim!
[May 24, 2:40 PM] Ivett: Thank you Jen! That was so much goodness!
[May 24, 2:40 PM] JennPage: That is awesome Lenka.
[May 24, 2:40 PM] Alex Ryan: Yes to nerdy fun!
[May 24, 2:41 PM] Alex Ryan: What level of nerd Jenn?
[May 24, 2:41 PM] LisaRobinson: Thank you!
[May 24, 2:41 PM] DilaraFoscht: That was such a cool talk. I love seeing the perspective of directors, writers. . .
[May 24, 2:41 PM] Stephanie Bergeron: I am so going after Two Nerds first. Lol!
[May 24, 2:41 PM] JennPage: I'm like a level 8 nerd. My boyfriend and co-host is a level 10. hahah.
[May 24, 2:41 PM] Alex Ryan: HAHAHAHA!!!!
[May 24, 2:41 PM] AmeliaRico: Fellow Potterhead here. #nerdsunite
[May 24, 2:41 PM] JennPage: hahah
[May 24, 2:42 PM] TessaMarkle: hahaha love it
[May 24, 2:42 PM] JennPage: LMAO hahahahaha
[May 24, 2:42 PM] JennPage: that's very sad.
[May 24, 2:42 PM] Alex Ryan: i'm like a 5.8
[May 24, 2:42 PM] AyaOhara: lol
[May 24, 2:42 PM] Stephanie Bergeron: Yes, Amelia! #Always
[May 24, 2:42 PM] Leah Cevoli: Hahaha... HA... omg
[May 24, 2:42 PM] LenkaSilhanova: hahahah
[May 24, 2:42 PM] Alex Ryan: Garfield is a cat
[May 24, 2:42 PM] Leah Cevoli: Bonnie's killing me right now
[May 24, 2:42 PM] BethGilvie: I bet you got Garfield vs. Gandalf if someone got you a picture...

[May 24, 2:42 PM] Alex Ryan: that should help
[May 24, 2:42 PM] JayeRestivo: Positive attitude!!! I am NOT a nerd. But I DO love dogs.....
[May 24, 2:42 PM] Constance Zaytoun: i'm in negative numbers here. no NOTHING!
[May 24, 2:42 PM] RemyO'Brien: oh no. bonnie. Garfiled and Gandolif
[May 24, 2:42 PM] VeannaBlack: These convos have been dope AF. My cup runneth over.
[May 24, 2:42 PM] KaitlinLarge: taking control of what you can and then relinquishing control. Surrendering to what we can. This has been a big theme! Love it.
[May 24, 2:42 PM] Alex Ryan: HAHAHAAAAH!!!!
[May 24, 2:42 PM] Anna Tran: LOL
[May 24, 2:42 PM] BethGilvie: I would dieeeee to watch Lord of the Rings with you. It's my favorite.
[May 24, 2:42 PM] Alex Ryan: dying!
[May 24, 2:42 PM] BethGilvie: Ganondorf is from Zelda
[May 24, 2:42 PM] ReynGraves: Listen to your body. That's an important thing for me to work on!
[May 24, 2:42 PM] Constance Zaytoun: know NOTHING. i thought Garfield liked lasagna
[May 24, 2:42 PM] Laura B.: Bonnie hahahaha - I'm like a very specific 8 but a general 4
[May 24, 2:42 PM] Janet Rembaum: me neither!
[May 24, 2:42 PM] Leah Cevoli: HA!
[May 24, 2:42 PM] Stephanie Bergeron: Best takeaway- trust what already makes you good at this... the gut is agenda-less.
[May 24, 2:42 PM] Alex Ryan: YES!!!!!!
[May 24, 2:43 PM] JennPage: I actually wonder if you listen to the nerds podcast how many of you would realize you are way bigger nerds than you think. (hahah 90210 hahah)
[May 24, 2:43 PM] KathleenParker: reaching out to people that I haven't thought about connecting with yet!
[May 24, 2:43 PM] BiancaFoscht: LISTENING TO YOUR GUTS! and positive outlook! That's most important for me!
[May 24, 2:43 PM] Laura Dowling Shea: Omg that was the best laugh all day. xo
[May 24, 2:43 PM] Alex Ryan: FLEXIBILITY!
[May 24, 2:43 PM] Constance Zaytoun: that said, i'm still a nerd on so many levels!
[May 24, 2:43 PM] TBG_Amy: If it's not exciting to you, then maybe it's not what you should be working on
[May 24, 2:43 PM] Alex Ryan: That's why I want to listen Jenn! I might be more closeted
[May 24, 2:43 PM] PatriciaBecker-Spellman: Don't fight the downtime(s)..
[May 24, 2:43 PM] Janet Rembaum: does it feel right ? and flexibility
[May 24, 2:43 PM] Laura Dowling Shea: Listening to gut.
[May 24, 2:43 PM] BenYemba: It's okay to say no
[May 24, 2:44 PM] Alex Ryan: find the happy
[May 24, 2:44 PM] Elizabeth A.Zimmerman: If you think it's a bad idea at the beginning, it will get worse!
[May 24, 2:44 PM] RemyO'Brien: Listen to your gut
[May 24, 2:44 PM] Constance Zaytoun: our body indicates so much to us!

- [May 24, 2:44 PM] LavelleRoby: Best take away is "We can have all the tools correct and still be miserable"
- [May 24, 2:44 PM] BethGilvie: People can help you/you can help people even if you're not near or if you don't really vibe together personality-wise. We can help each other across all kinds of barriers.
- [May 24, 2:44 PM] Elizabeth A.Zimmerman: Know your NO
- [May 24, 2:44 PM] LisaRobinson: Difference between putting in the work or hustling for hustle's sake.
- [May 24, 2:44 PM] Laura B.: Do it if it feels good, be nimble, positivity=possibility, pick the good people
- [May 24, 2:44 PM] KathleenParker: I just subscribed to the podcast, I'm looking forward to listening!
- [May 24, 2:44 PM] Laura Dowling Shea: Yes. If it feels wrong in the beginning LISTEN!
- [May 24, 2:44 PM] DilaraFoscht: My takeaway: don't overwork yourself. hustle for the hustles sake ☺
- [May 24, 2:44 PM] RemyO'Brien: bonnie so true
- [May 24, 2:45 PM] AngelaJohnson: Always trust the gut. As a mom/manager of an 8yr old girl. This is always here.
- [May 24, 2:45 PM] BethGilvie: Let go of people who don't work with your personality. Sometimes personalities clash and it's not because you're bad people - they just don't work. You're not a wrong person, it's just the wrong relationship!
- [May 24, 2:45 PM] Laura Dowling Shea: Busy is the new vodka. Yikes. Good one.
- [May 24, 2:45 PM] Janet Rembaum: its all about connection
- [May 24, 2:45 PM] BethGilvie: Oooooohhh busy is the new vodka...
- [May 24, 2:46 PM] KaitlinLarge: We got to that "being of service" idea as well. What can I bring to this? What can I do?
- [May 24, 2:46 PM] TBG_Amy: Perfectionism is the enemy of creativity and curiosity.
- [May 24, 2:46 PM] Elizabeth A.Zimmerman: I finished darning all my socks AND learned SO much!
- [May 24, 2:46 PM] Stephanie Bergeron: Yay socks! Yay knowledge!
- [May 24, 2:46 PM] Alex Ryan: good job Elizabeth!
- [May 24, 2:47 PM] AmeliaRico: Love to pass the work along. Got offered a Spanish speaking maid role and as a non- Spanish speaking Latina, I passed and recommended several Spanish speaking Latina actresses that I knew.
- [May 24, 2:47 PM] JayeRestivo: Sock it to ya, Elizabeth!
- [May 24, 2:47 PM] RemyO'Brien: teehee Jaye
- [May 24, 2:47 PM] Alex Ryan: tapped in between!
- [May 24, 2:47 PM] KathleenParker: yes amazing Bonnie! Don't distract, sit through whatever it is and letting it pass. THIS TO SHALL PASS with Pandemic! Then what will be leaving our homes ready to step into?!
- [May 24, 2:47 PM] JayeRestivo: Took a shower in between! You're welcome!
- [May 24, 2:47 PM] Constance Zaytoun: we appreciate you, Bonnie-bon!! thank you for sharing your circle of peeps!

[May 24, 2:48 PM] ElisaAnnette: Gifting the Blessing
[May 24, 2:48 PM] KathleenParker: OMG YES! We dont need to say yes to everything...especially if it's not aligned with what we want:)
[May 24, 2:49 PM] KaitlinLarge: wow! What a great mindset.
[May 24, 2:49 PM] Stephanie Bergeron: Chokehold...
[May 24, 2:49 PM] Laura B.: It's like being of service, I gift this to someone else and I am of service to them
[May 24, 2:50 PM] JayeRestivo: Oh, Tribe! Glad I am here!! Mindset is work!
[May 24, 2:50 PM] Janet Rembaum: such a creative move Bonnie to organise all this and create this level of enthusiasm and passion
[May 24, 2:50 PM] Alex Ryan: thank you Jenn!
[May 24, 2:50 PM] JennPage: MY PLEASURE!!!!!!!!!!!! <3
[May 24, 2:50 PM] KaitlinLarge: Thank you Jenn!
[May 24, 2:50 PM] Stephanie Bergeron: Thank you Jenn! Thank you Bonnie!
[May 24, 2:50 PM] AmeliaRico: Yes! If I had said yes to the maid role, even though I didn't want it, I would've missed out on the tier jump Yellowstone role I booked!
[May 24, 2:50 PM] LisaRobinson: Thank you!
[May 24, 2:50 PM] Anna Tran: Thank you so much, Jen and Bonnie!
[May 24, 2:50 PM] BiancaFoscht: Thank you so much ! This was great!!
[May 24, 2:50 PM] PatriciaBecker-Spellman: Thank you!
[May 24, 2:50 PM] JayeRestivo: Jenn, thank you! From a kinda non-nerd!
[May 24, 2:50 PM] Alex Ryan: HAHAAAAHA
[May 24, 2:50 PM] BethGilvie: I just busted a GUT
[May 24, 2:51 PM] Alex Ryan: right beth??
[May 24, 2:51 PM] BethGilvie: this is me, too
[May 24, 2:51 PM] BethGilvie: head moves faster than my mouth...
[May 24, 2:51 PM] Leah Cevoli: ...and it's only day 3! Wow!
[May 24, 2:51 PM] Constance Zaytoun: the Mellman!!! woot!
[May 24, 2:52 PM] Laura B.: I love her!
[May 24, 2:52 PM] LenkaSilhanova: Yaaay!
[May 24, 2:52 PM] Laura B.: I love her too
[May 24, 2:52 PM] Laura B.: I love them all
[May 24, 2:52 PM] LenkaSilhanova: I learned about SMFA from Judy's book!
[May 24, 2:54 PM] BiancaFoscht: Ohhhh I'm so excited! Can't wait till tomorrow!
[May 24, 2:54 PM] KaitlinLarge: See ya'll tomorrow!!! :)
[May 24, 2:54 PM] Alex Ryan:
[May 24, 2:54 PM] Leah Cevoli: See you tomorrow!! <3
[May 24, 2:54 PM] BethGilvie: Thanks Bonnie and Jenn!!! See you tomorrow!
[May 24, 2:54 PM] AmeliaRico:
[May 24, 2:54 PM] ShanayFuller: Hey Bonnie? Do you still do your intro day on the fb page??
[May 24, 2:55 PM] JayeRestivo: I need a nap....after I take Penny the Pooch out!
[May 24, 2:55 PM] JayeRestivo: Thanks Jenn and Bonnie and Team!

[May 24, 2:55 PM] Bonnie G: Shanay, I'm not sure what an intro day is so... probably not? Not sure!

[May 24, 2:56 PM] ShanayFuller: I think you had a place to introduce yourself? I think you had a brag day too, no?

[May 24, 2:57 PM] ShanayFuller: No worries if not :-)

[May 24, 2:58 PM] Bonnie G: Oh! You mean in the SMFA Ninjas Facebook group? Yes, Lenka (our community manager) has an intro day each week, so new members can tell us a little about themselves and their SMFA journey. :) Thank you for clarifying!

[May 24, 2:59 PM] ShanayFuller: Yessss, I think I found it, I will utilize. Thanks Bonnie

[May 24, 2:59 PM] Bonnie G: FAB! :) Rock on, Shanay. See you tomorrow!

[May 24, 3:00 PM] ShanayFuller:

[May 26, 10:53 AM] JustineFlores: I love this conversation! I agree with the gut check and the idea that it comes from

[May 26, 10:53 AM] JustineFlores: all of our experiences pooped together, speaking up and helping us make the best choices for ourselves!

[May 26, 11:10 AM] JustineFlores: Parallel probabilities this is a great way of putting it... I feel like in a sense, we've always got this in the background, but now, we've got to pull it out full force... even with the pandemic changing everything, we may be able to find better ways to play out our original ideas - it's kind of like opening new doors and windows

[May 26, 11:12 AM] JustineFlores: Yes! Mindset comes before everything else - it really is the key that starts things in motion and sets the pace.

[May 26, 11:14 AM] JustineFlores: I truly value and appreciate ALL of both your ladies' woo-woo-ness!!!

[May 31, 8:14 AM] TanyaPerez: xoxoxoxoxoox!