

SMFA Summit Kim Estes Interview Live Chat 26 May 2020

[May 26, 9:20 AM] Bonnie G: Hello early birds! Introduce yourself and tell us where you're tuning in from today! :)

[May 26, 9:36 AM] DiannaCatterton: Hi Bonnie, we haven't met yet but I wanted to say thank you for putting this on. It has been really nice getting to know you and what you are all about. And hearing from the wonderful speakers. The past few days have been so inspirational and extremely informative. Very nurturing but also a good kick in the !!!

[May 26, 9:36 AM] DiannaCatterton: Thank you

[May 26, 9:42 AM] Bonnie G: Aw, thank you so much Dianna! :) This is so lovely to see. THANK YOU! Get ready for another inspiring day!

[May 26, 9:48 AM] DiannaCatterton: Your welcome Bonnie. Looking forward to it!

[May 26, 9:50 AM] Sarah Thompson: I'm Sarah tuning in from Phoenix. I am just getting started on my SMFA journey and am really excited! This morning I woke up excited to do this work like Leah was talking about yesterday which made me even more excited :)

[May 26, 9:50 AM] Alex Ryan: Morning!

[May 26, 9:51 AM] Bonnie G: Yay, Sarah! So glad you're back with us. :) Isn't it FUN to wake up READY and pumped?!?

[May 26, 9:51 AM] Stephanie Bergeron: Hello once again, everyone!

[May 26, 9:51 AM] Sarah Thompson: I'm loving it!

[May 26, 9:51 AM] Bonnie G: Morning, Alex! So glad to see you as always. Stephanie, yay! Also back for more. Love love love seeing all the "regulars" and I think I'm gonna find a way to reward those who are here for all of this when we do the drawings! :)

[May 26, 9:52 AM] ElisaAnnette: morning, lovelies

[May 26, 9:52 AM] Alex Ryan: Much of Kim's talk I'll be driving to PT so won't be able to comment but know that I love your beautiful faces and energy! Here's to another great day!

[May 26, 9:53 AM] Bonnie G: Welcome back, Elisa! So good to see you!

[May 26, 9:53 AM] Bonnie G: Be safe, Alex! Happy PT time!

[May 26, 9:53 AM] Alex Ryan: ☺

[May 26, 9:53 AM] MariaOliveira: Good morning all!

[May 26, 9:53 AM] Stephanie Bergeron: Be safe and enjoy the drive, Alex!

[May 26, 9:54 AM] Bonnie G: Morning, Maria! Welcome back for DAY 5! EMMY DAY!

[May 26, 9:54 AM] Bonnie G: Kim Estes is HERE! Hooray!

[May 26, 9:54 AM] AmberWegner: Kimmy!!!!

[May 26, 9:54 AM] Bonnie G: Hey Amber! Good to see you!

[May 26, 9:54 AM] ReynGraves: Good morning, everyone! Super pumped for another day of inspiring talks with awesome people!

[May 26, 9:55 AM] AmberWegner: Hey Bonnie!!! Thanks so much for putting this all together!!

[May 26, 9:55 AM] KellyeRowland: Woohooo!! This is so great as I sit here, apartment sitting and looking at an Emmy on the shelf here too! I am success ADJACENT Y'ALL ;)

[May 26, 9:55 AM] Bonnie G: Welcome back, Reyn! So good to see you. :) My pleasure, Amber! You know I love any chance to hang out with my favorite people!

[May 26, 9:55 AM] Bonnie G: Anchor that vision, Kellye!
[May 26, 9:55 AM] KellyeRowland: absolutely AM. <3
[May 26, 9:55 AM] LenkaSilhanova: Heeeeeyyy
[May 26, 9:55 AM] RicFischer: Morning everyone! Had to miss a few interviews yesterday but will be going through replays later. Glad to be back and see everyone!
[May 26, 9:56 AM] Jennifer DeLatte: Good Morning from a stormy New Orleans!
[May 26, 9:56 AM] DebSnyder: EMMY DAY!!!
[May 26, 9:56 AM] Bonnie G: We're LIVE!
[May 26, 9:56 AM] KellyeRowland: YESSSSS
[May 26, 9:56 AM] TinaKien: Hello. :)
[May 26, 9:57 AM] DilaraFoscht: Hi again!! So thrilled for today
[May 26, 9:57 AM] BiancaFoscht: Hello! Bianca from Austria is back! YAY!
[May 26, 9:57 AM] DebSnyder: OMG so FAB... WORTH IT!!!
[May 26, 9:57 AM] Alex Ryan: RIGHT DEB???
[May 26, 9:58 AM] KellyeRowland: This is so amazing, all of it!!
[May 26, 9:58 AM] ShanayFuller: Good Morning
[May 26, 9:58 AM] Stephanie: :) Good to see you
[May 26, 9:59 AM] TessaMarkle: morning everyone!
[May 26, 9:59 AM] Stephanie Bergeron: Oh, another Stephanie! Hello!
[May 26, 9:59 AM] Alex Ryan: All the stephanies!
[May 26, 9:59 AM] GemTorres: Aloha, beautiful ninjas ^^
[May 26, 9:59 AM] TBG_Erin: Reminder: one comment per entry, please!
[May 26, 10:00 AM] TBG_Erin: (Meaning, one comment for each goodie you want to be entered for!)
[May 26, 10:00 AM] ChristopherCharles: Morning everyone
[May 26, 10:00 AM] jahnahouston843: Greetings everyone! Thank you Bonnie G. for this amazing Summit
[May 26, 10:00 AM] Alex Ryan: Hi Erin!!
[May 26, 10:00 AM] CarlyneAubin: Good afternoon!
[May 26, 10:00 AM] CiaranFagan: Hello from Ireland!
[May 26, 10:00 AM] Stephanie Bergeron: That so sounds like a show to me.... "Twins of Austria".
[May 26, 10:00 AM] LenkaSilhanova: Go, girls!
[May 26, 10:00 AM] ReginaPerrone: Hi from NY!
[May 26, 10:00 AM] DilaraFoscht: You thanks Bonnie :)
[May 26, 10:00 AM] BethGilvie: Hulloo hulloo! So excited for another day!
[May 26, 10:01 AM] JudyKerr: Yippee so happy to be here today!
[May 26, 10:01 AM] Janet Rembaum: hello
[May 26, 10:01 AM] Elizabeth A.Zimmerman: PDX Ninja here!
[May 26, 10:01 AM] ShannonMartinous: Morning!!
[May 26, 10:01 AM] BethGilvie: YES! I have content ideas!
[May 26, 10:01 AM] Stephanie: They are ninjas who are gratefull for those great opportunity!
:D

[May 26, 10:01 AM] JayeRestivo: Grandma Jaye in da house!
[May 26, 10:01 AM] CarolineGranger: Hi from Atlanta
[May 26, 10:01 AM] BenYemba: Good morning from North Carolina!
[May 26, 10:01 AM] LeahPears: Good morning!
[May 26, 10:01 AM] BethGilvie: Like FINALLY. I never have ideas that feel like they're mine.
[May 26, 10:01 AM] BiancaFoscht: Yes! I love the cosy summit talks at 2am! LOVE IT!!
[May 26, 10:01 AM] Stephanie Bergeron: Hi Jaye!
[May 26, 10:01 AM] Paola Angarita: Hello! I'm so excited for one more day of amazing guests and information.
[May 26, 10:02 AM] AaronWilson: Good morning from Los Angeles! :)
[May 26, 10:02 AM] AissaLlontop: woohoo!! lets go!
[May 26, 10:02 AM] GemTorres: Entertained myself brainstorming potential future content XD
[May 26, 10:02 AM] JayeRestivo: Content idea! YES!
[May 26, 10:02 AM] JayeRestivo: Hi, Stephanie!
[May 26, 10:02 AM] Sarah Thompson: So many great ideas! And I think name psychology is definitely a thing. When I worked at Wendy's all the Amanda's and Mike's would come in one day and all the Jim's and Megan's would come in another!
[May 26, 10:02 AM] RemyO'Brien: Good morning
[May 26, 10:02 AM] jahnahouston843: Looking forward to hearing Kim Estes. Hubby and I were in a staged reading performance with him four or five years ago!
[May 26, 10:03 AM] Alex Ryan: who was the podcast w?
[May 26, 10:03 AM] Paola Angarita: Yeah! my microphone arrived yesterday and I'm so ready to start a podcast and to do voice over. Any recommendations for Voice Over classes?
[May 26, 10:03 AM] BethGilvie: Tim Faris? Ferris? Him, Alex!
[May 26, 10:03 AM] Stephanie Bergeron: My mic shipped today, Paola!
[May 26, 10:03 AM] Alex Ryan: Thank you Beth! Hi!
[May 26, 10:04 AM] DebSnyder: Amazing need this today! YOWSA!
[May 26, 10:04 AM] TessaMarkle: paola, if you're in LA, voicetrax west is a good starter class.
[May 26, 10:04 AM] LenkaSilhanova: BethGilvie: Tim Ferris
[May 26, 10:04 AM] BethGilvie: Thank you, Lenka!
[May 26, 10:04 AM] Alex Ryan: Thank you Lenka!
[May 26, 10:04 AM] Alex Ryan: Yay Deb!
[May 26, 10:05 AM] Elizabeth A.Zimmerman: AND WE ARE ALL THE BETTER FOR IT!
[May 26, 10:05 AM] jahnahouston843: I have just the box to use for that! I would love to be able to hear that session about creating content. I wasn't able to be there.
[May 26, 10:05 AM] KimEstes: Good morning y'all!
[May 26, 10:05 AM] KellyeRowland: that's really good. wow.
[May 26, 10:05 AM] BethGilvie: Hi Kim! Thanks for being with us! :)
[May 26, 10:05 AM] Stephanie Bergeron: Good morning, Kim!
[May 26, 10:06 AM] AaronWilson: Good morning, Kim!
[May 26, 10:06 AM] TBG_Erin: Well hello there, Emmy-winner Kim Estes! <3

[May 26, 10:06 AM] RemyO'Brien: Good Morning, Kim.
[May 26, 10:06 AM] Stephanie: Yeah, that's what I always do :) that's so great for creating new storys
[May 26, 10:06 AM] TBG_Amy: Hi Kim!
[May 26, 10:06 AM] jahnahouston843: Greetings to you, Kim!! :-)
[May 26, 10:06 AM] Jenney McAfee: This is how my series overview came to be!
[May 26, 10:06 AM] KellyeRowland: and it's almost as if you have to believe that that one thing, idea, character name, is ENOUGH, as is, for now....see where i'm going with this?? lol
[May 26, 10:06 AM] Elizabeth A.Zimmerman: I love your accent, Kim!
[May 26, 10:06 AM] LenkaSilhanova: Hi Kim!
[May 26, 10:06 AM] Paola Angarita: The SMFA SUMMIT has been so helpful for me and has motivated me to re-start working in the blog a tried to about a year ago.
[May 26, 10:06 AM] Jennifer DeLatte: Good morning!
[May 26, 10:07 AM] KimEstes: There is no other place on the planet I'd rather be....
[May 26, 10:07 AM] KellyeRowland: INdeed!
[May 26, 10:07 AM] Alex Ryan: Very excited to "meet" you, Kim!
[May 26, 10:08 AM] Paola Angarita: Yeah! Stephanie. ♀
[May 26, 10:08 AM] JayeRestivo: Kim is one of the most generous people that I know.
[May 26, 10:08 AM] KellyeRowland: Greetings Kim! Thank you for being here! <3
[May 26, 10:08 AM] AmberWegner: Preach!!!!
[May 26, 10:08 AM] Anamaria Maier: Hi, Bonnie! :D So excited for this talk!
[May 26, 10:08 AM] jahnahouston843: He is such a gentleman...so gracious.
[May 26, 10:08 AM] Tracy Weisert: Amen Bonnie about Kim!
[May 26, 10:09 AM] Paola Angarita: Yes I am in LA, thank you Tessa.
[May 26, 10:09 AM] DebSnyder: Hello Kim!!! CONGRATS on all your inspiring work!
[May 26, 10:09 AM] KellyeRowland: Oooof.
[May 26, 10:09 AM] AmberWegner: Yesssss!!!
[May 26, 10:09 AM] TBG_Amy: <3
[May 26, 10:09 AM] LenkaSilhanova:
[May 26, 10:09 AM] JayeRestivo: He brought his Emmy to a TTT. And let us hold it! I gotta picture!
[May 26, 10:09 AM] DebSnyder: Woah... there it is... wait and wait without uncertainty.
[May 26, 10:10 AM] Jennifer DeLatte: Goosebumps!!
[May 26, 10:10 AM] TinaKien: thats so good! where was that quote from again?
[May 26, 10:10 AM] Alex Ryan: It's too early to cry!
[May 26, 10:10 AM] Anamaria Maier: <3
[May 26, 10:10 AM] JudyKerr: Oh I love that wait with certainty!
[May 26, 10:10 AM] BethGilvie: That's just beautiful!
[May 26, 10:10 AM] PeterTarantino: Such an inspirational and amazing story. The quote gives me goosebumps every time.
[May 26, 10:10 AM] DianaLansleen: Kim is an incredible "pace car"!
[May 26, 10:10 AM] Bonnie G: Tina -- A Course in Miracles.
[May 26, 10:11 AM] TinaKien: Thanks, bonnie!

[May 26, 10:11 AM] DebSnyder: Kim you are using my favorite virtual zoom background!!!
[May 26, 10:11 AM] JayeRestivo: YES! With certainty.
[May 26, 10:11 AM] KellyeRowland: The universe is HERE, clearly! Love that when it shows up visually hehe
[May 26, 10:11 AM] LenkaSilhanova: DebSnyder: I thought that was a pancake! :D
[May 26, 10:11 AM] DebSnyder: LOL
[May 26, 10:11 AM] Bonnie G: LOL Lenka!
[May 26, 10:11 AM] Stephanie Bergeron: That's totally a brandprov question to file away for the FB, Lenka- what's your on-brand Zoom background? LOL.
[May 26, 10:11 AM] BethGilvie: Super Space Pancake!
[May 26, 10:12 AM] KellyeRowland: lol
[May 26, 10:12 AM] Elizabeth A.Zimmerman: Loving the t-shirt!
[May 26, 10:12 AM] DebSnyder: Mindset!!!
[May 26, 10:12 AM] Bonnie G: Ooh, good Brandprov call, Stephanie!
[May 26, 10:12 AM] LenkaSilhanova: Stephanie Bergeron: Noted! :D
[May 26, 10:12 AM] Stephanie Bergeron: Yay! That's a fun one.
[May 26, 10:13 AM] DebSnyder: Open to ideas and thoughts of others... and same mind patterns. Yes...
[May 26, 10:13 AM] Anamaria Maier: Goosebumps.
[May 26, 10:14 AM] DebSnyder: Sifter!!!
[May 26, 10:14 AM] KellyeRowland: SUCH good learning experience. Did it all through the early 90s!
[May 26, 10:15 AM] JayeRestivo: Learn from others! Be with your tribe.
[May 26, 10:15 AM] AaronWilson: Sifter! Love that!
[May 26, 10:15 AM] KellyeRowland: YES @jaye
[May 26, 10:15 AM] DebSnyder: Everybody plays!!!
[May 26, 10:16 AM] JayeRestivo: Important: how you come across to others. Brand.
[May 26, 10:17 AM] JudyKerr: Oh yes luck does help!!! So grateful for luck!
[May 26, 10:17 AM] KellyeRowland: FATE PLAYS
[May 26, 10:17 AM] Bonnie G: Fate plays. YES!!
[May 26, 10:17 AM] JayeRestivo: Faith.
[May 26, 10:17 AM] DebSnyder: Fate plays...
[May 26, 10:17 AM] JayeRestivo: I heard fate as faith!!!
[May 26, 10:17 AM] DebSnyder: I think it might be faith? Kim?
[May 26, 10:18 AM] BerryNewkirk: I think you get to choose which works best for you.
[May 26, 10:18 AM] DebSnyder: Both
[May 26, 10:19 AM] Bonnie G: There's that being of service again.
[May 26, 10:19 AM] AdolphusWalker: Hello
[May 26, 10:19 AM] Stephanie Bergeron: Co-star=cameo. Nice reframe!
[May 26, 10:19 AM] KellyeRowland: this absolutely!!
[May 26, 10:19 AM] KellyeRowland: YES
[May 26, 10:20 AM] KellyeRowland: so giving. absolutely this.
[May 26, 10:20 AM] JayeRestivo: Being of service to help someone else achieve their dream.

[May 26, 10:20 AM] Stephanie Bergeron: "Be askable"
[May 26, 10:20 AM] BerryNewkirk: Love that willingness to help others and join in
[May 26, 10:20 AM] TBG_Amy: Be a player in the world of giving back... <3
[May 26, 10:21 AM] Bonnie G: YAYAYAY! The bracelet! *swoon*
[May 26, 10:21 AM] KellyeRowland: @amy it's so easy to do when you come from a place of the gratitude you have for all that's been given to you.<3
[May 26, 10:21 AM] TBG_Erin:
[May 26, 10:21 AM] JayeRestivo: I was given an enoughness bracelet! LOVE it!!!
[May 26, 10:22 AM] RemyO'Brien: aww that's sweet and awesome
[May 26, 10:22 AM] KellyeRowland: @jaye i need to get one of those so i can be reminded when i forget, immediately.
[May 26, 10:22 AM] Anamaria Maier: Amazing energy
[May 26, 10:22 AM] JayeRestivo: Get one! It was a gift to me from a fellow Ninja.
[May 26, 10:22 AM] Paola Angarita: I need one of those too.
[May 26, 10:22 AM] Bonnie G: Kellye, you can get one as a graduation present from GIGFTNT! :) Just get me your mailing address and I'll send it to you!
[May 26, 10:22 AM] Jennifer DeLatte: I love my bracelet!
[May 26, 10:22 AM] KellyeRowland: omg!!! really?? yayyy will do thank you!!!
[May 26, 10:23 AM] Bonnie G: Me too, Jennifer!
[May 26, 10:23 AM] Bonnie G: YES!
[May 26, 10:23 AM] Janet Rembaum: i haven't got a bracelet either.! would love one!
[May 26, 10:23 AM] Bonnie G: Same, Janet. Email help@bonniegillespie.com with your mailing address. As a GIGFTNT grad, you get one!
[May 26, 10:23 AM] JayeRestivo: Heart Math!!!
[May 26, 10:23 AM] Stephanie Bergeron: Goodies upon goodies.
[May 26, 10:24 AM] Janet Rembaum: thank you! i will do!
[May 26, 10:24 AM] KellyeRowland: ask and ye shall receive. lessons. every dingle damn day bon. <3 thank you!
[May 26, 10:24 AM] TinaKien: hi, Emmy! >.<
[May 26, 10:24 AM] Bonnie G: :)
[May 26, 10:24 AM] Bonnie G: She's a beauty!
[May 26, 10:24 AM] KellyeRowland: *single.
[May 26, 10:24 AM] Bonnie G: Kellye, I like dingle too. ;)
[May 26, 10:24 AM] BiancaFoscht: Awwwww love this!!
[May 26, 10:24 AM] AmyHarber: hola Kim
[May 26, 10:24 AM] KellyeRowland: Beautiful heavy statue!! so wonderful Kim, <3
[May 26, 10:24 AM] KellyeRowland: @bon LOL
[May 26, 10:25 AM] RemyO'Brien: We are all going to rise!
[May 26, 10:25 AM] JayeRestivo: That statue is heavy! I'm lifting weights in preparation!
[May 26, 10:26 AM] Stephanie Bergeron: Yes, Jaye!
[May 26, 10:26 AM] KellyeRowland: it really is! i picked it up here just to see and OMG weight lifting! lol

[May 26, 10:26 AM] JayeRestivo: And not just the physical muscle! Mental muscle as well!
ENOUGHNESS

[May 26, 10:26 AM] Laura B.: Relationships again!!

[May 26, 10:27 AM] KellyeRowland: YESSS @jaye

[May 26, 10:27 AM] Stephanie Bergeron: OH JAYE. Boom.

[May 26, 10:27 AM] VeannaBlack: colleague-ships! Love it!!

[May 26, 10:27 AM] KellyeRowland: nodding nodding nodding

[May 26, 10:27 AM] Anamaria Maier: We get to connect and make each other better people.

[May 26, 10:28 AM] KellyeRowland: i remember backstage west REAL paper lol

[May 26, 10:28 AM] JayeRestivo: What a fabulous tribe we have here!

[May 26, 10:28 AM] Janet Rembaum: i know

[May 26, 10:29 AM] KellyeRowland: <3

[May 26, 10:30 AM] JayeRestivo: Still good friends with most of the cast and crew of a web series I did a few years ago! It's our responsibility to stay in touch with our top third!

[May 26, 10:30 AM] KellyeRowland: you never know who you're going to meet. you NEVAH know. stay open. :)

[May 26, 10:30 AM] KellyeRowland: care and feeding lol

[May 26, 10:31 AM] JayeRestivo: It's a great time to check in with folks.

[May 26, 10:31 AM] JayeRestivo: I am staying safe at home and have had a LOT of folks checking in on me!

[May 26, 10:31 AM] BerryNewkirk: Love the bail money!

[May 26, 10:31 AM] Laura B.: Bail money friends!

[May 26, 10:31 AM] Stephanie Bergeron: Haha!

[May 26, 10:32 AM] Anamaria Maier: Ahahaha Bail buddy

[May 26, 10:32 AM] CarolyneAubin: "bail buddies"

[May 26, 10:32 AM] TBG_Amy: Oh, that's brilliant!

[May 26, 10:32 AM] Kimberly Logan: who's name do you sharpie on your arm when heading to a protest! Bail buddies!

[May 26, 10:32 AM] AmyHarber: what if your bail money friend is in jail with ya though? lol

[May 26, 10:32 AM] NaomiWarner: Yes!! HAHahaha

[May 26, 10:32 AM] JayeRestivo: Bail money! HAHahaha

[May 26, 10:32 AM] RemyO'Brien: Hilarious Amy

[May 26, 10:32 AM] DilaraFoscht: =your friends

[May 26, 10:32 AM] Stephanie Bergeron: Amy, I think that's where plural comes in to play. ;p

[May 26, 10:32 AM] Tracy Weisert: Wow! Backstage West and Ross Reports, from "back in the day!" Kim, I feel blessed to know you.

[May 26, 10:32 AM] SeanFrost: If I was highlighting only the important parts of what Kim is saying, this whole conversation would be highlighted. :-)

[May 26, 10:33 AM] Laura B.: Sean - so true

[May 26, 10:33 AM] Anamaria Maier: Absolutely, Sean.

[May 26, 10:33 AM] KimEstes: Truly Bail Buddies

[May 26, 10:33 AM] Bonnie G: True, Sean.

[May 26, 10:34 AM] Bonnie G: Bail Buddies = hope to never need that feature, but so glad to have it! ;)

[May 26, 10:34 AM] KellyeRowland: yay Deb Mellman!

[May 26, 10:34 AM] Anamaria Maier: Ahahahahahaha

[May 26, 10:34 AM] Laura B.: Deb Mellman, I can't wait to get to work with her.

[May 26, 10:34 AM] KellyeRowland: Me too @Laura!

[May 26, 10:35 AM] KimEstes: yes - Deb is a rock star!!!

[May 26, 10:35 AM] Laura Dowling Shea: There is so much goodness here I can't even comment before the next gem is dropped. What Sean said!

[May 26, 10:35 AM] JayeRestivo: OMG....so much goodness here!

[May 26, 10:35 AM] JayeRestivo: Road is with your friends

[May 26, 10:36 AM] KellyeRowland: GAH

[May 26, 10:36 AM] KellyeRowland: I believe this to the core of my soul.

[May 26, 10:36 AM] KellyeRowland: RELATIONSHIPS

[May 26, 10:36 AM] BiancaFoscht: Wow.....I love this story soooo much!

[May 26, 10:37 AM] JayeRestivo: It's nice to be able to suggest folks for roles if I'm not right for it.

[May 26, 10:37 AM] Kimberly Logan: mutual arm candy :-)

[May 26, 10:37 AM] BerryNewkirk: Love that. The wingman approach.

[May 26, 10:37 AM] KimEstes: And trust and believe that while the work is done... Bonnie and her strategic mindset is a big key

[May 26, 10:37 AM] JayeRestivo: Arm candy! Nice! Wingman/woman!

[May 26, 10:38 AM] Stephanie: :) How can we buddy up with you the best :) when we have some cool ideas which might be like this 2days-shoot?

[May 26, 10:38 AM] JayeRestivo: Sing ho for the life of a sailor!

[May 26, 10:38 AM] BethGilvie: Hahaha Grandma Jaye

[May 26, 10:38 AM] Tracy Weisert: We live in West Adams!

[May 26, 10:38 AM] JayeRestivo: You're welcome, @BethGilvie!

[May 26, 10:38 AM] KellyeRowland: i did that for a co-star in a play i was in and she was SO surprised that i recommended her. she said no one does that and you did. why wouldn't anyone want success for others? i wasn;t right for and she was perfect.

[May 26, 10:39 AM] JudyKerr: Yes Kim, you went for your dreams - good for you for dreaming big!

[May 26, 10:39 AM] KellyeRowland: "Welcome success wherever you see it" <3

[May 26, 10:39 AM] JayeRestivo: Kim is so generous! We all can be!

[May 26, 10:39 AM] JayeRestivo: Shaking babies! LOL!

[May 26, 10:40 AM] Laura B.: Kim is amazingly giving, and that energy really brings him more too

[May 26, 10:40 AM] JayeRestivo: And this generosity and relationships is applicable to our ENTIRE life!!

[May 26, 10:40 AM] Anamaria Maier: Full of Spirit which is very inspiring and uplifting.

[May 26, 10:40 AM] KellyeRowland: i mean the generosity just beams from Kim. <3 Who doesn't want to be around that? No one. :)

[May 26, 10:40 AM] JayeRestivo: Spirit infused!!!
[May 26, 10:40 AM] Anamaria Maier: Yes!!
[May 26, 10:40 AM] Stephanie Bergeron: Yes. Generosity, spirit, and an authentic groundedness.
[May 26, 10:41 AM] Laura B.: Bonnie - I remember you pitching Kim to me lol
[May 26, 10:41 AM] KellyeRowland: yes
[May 26, 10:41 AM] DebSnyder: Authentic journey of the soul... - Kim Estes
[May 26, 10:41 AM] JayeRestivo: Another theme - authentic journey of the soul! MINDSET! ENOUGHNESS!!
[May 26, 10:41 AM] KimEstes: I love Keith!!!
[May 26, 10:41 AM] Laura Dowling Shea: "The authentic journey of the soul " ahhh Kim Estes. Yes.
[May 26, 10:41 AM] KellyeRowland: gahhhhh bon thank you yet again for this Q
[May 26, 10:41 AM] Bonnie G: Yes, LauraB! And you see why I do?!? :)
[May 26, 10:42 AM] Bonnie G: YW, Kellye!
[May 26, 10:42 AM] KellyeRowland: laugh so hard you need a pad!!! ahahahahaha YES
[May 26, 10:42 AM] Laura B.: Oh there's never been a question Bonnie!!
[May 26, 10:42 AM] Stephanie: sooooo lovely said! <3
[May 26, 10:43 AM] AmberWegner: Kim! You feel my heart with joy, hope and TRUTH!!!
xoxox
[May 26, 10:43 AM] JayeRestivo: Reflect on the glorious experiences! YES!
[May 26, 10:43 AM] BethGilvie: I love that - collect and reflect on those divinely confirming experiences, and working the healing muscle!!
[May 26, 10:43 AM] KellyeRowland: the GOOD TRAIN
[May 26, 10:44 AM] JayeRestivo: The Good Train! Bring it forward!!!
[May 26, 10:44 AM] JayeRestivo: Choo choo!
[May 26, 10:44 AM] Laura B.: "I'm on the good train", new saying
[May 26, 10:44 AM] JayeRestivo: Life is a banquet and most people are starving - not sure where that quote is from...
[May 26, 10:45 AM] KellyeRowland: working that muscle. yup.
[May 26, 10:45 AM] BethGilvie: Jaye, it's Auntie Mame
[May 26, 10:45 AM] Janet Rembaum: beautiful interview
[May 26, 10:45 AM] JayeRestivo: Thanks, Beth!
[May 26, 10:45 AM] BethGilvie: Anytime! :)
[May 26, 10:46 AM] JayeRestivo: Kim Estes!!! Clapping madly here!!!
[May 26, 10:46 AM] JayeRestivo: Sifter story!
[May 26, 10:46 AM] RemyO'Brien: Amber Underdog!!
[May 26, 10:46 AM] Jennifer DeLatte: I could listen to this ALL DAY!
[May 26, 10:47 AM] PatriciaBecker-Spellman: Such an uplifting talk... Thank you!
[May 26, 10:47 AM] Anamaria Maier: Sift for the lessons, amazing. Thank you, Kim & Bonnie!
[May 26, 10:47 AM] KellyeRowland: thank you so much!!!
[May 26, 10:47 AM] NaomiWarner: Thank you for such a lovely interview!!! <3
[May 26, 10:47 AM] DebSnyder: Thank you Kim!!!

[May 26, 10:47 AM] TinaKien: thanks, kim!
[May 26, 10:47 AM] KellyeRowland: gahhhhhhhh
[May 26, 10:47 AM] Stephanie: Thank you :)
[May 26, 10:47 AM] JayeRestivo: Stay with folks who nurture you! WE LOVE KIM!
[May 26, 10:47 AM] Janet Rembaum: thank you Kim
[May 26, 10:47 AM] AmyHarber: thanks kim
[May 26, 10:47 AM] BerryNewkirk: Thank you Kim
[May 26, 10:47 AM] BethGilvie: This was wonderful, Kim - thank you!!
[May 26, 10:47 AM] AmeliaRico: Thank you, Kim!
[May 26, 10:47 AM] KellyeRowland: GENEROSITY OF SPIRIT
[May 26, 10:47 AM] Janet Rembaum: im smiling all the time
[May 26, 10:47 AM] AaronWilson: Thank you, Kim and Bon!
[May 26, 10:47 AM] BethGilvie: Also wow, your voice is like buttah!
[May 26, 10:47 AM] RemyO'Brien: Such a gorgeous soul
[May 26, 10:47 AM] LenkaSilhanova: So much goodness
[May 26, 10:47 AM] Janet Rembaum: so soft spoken and confident
[May 26, 10:47 AM] Anamaria Maier: Looking gorgeous! <3
[May 26, 10:47 AM] Laura B.: Love me The Kim!
[May 26, 10:47 AM] Paola Angarita: It takes mindset, focus, determination.
[May 26, 10:47 AM] ReginaPerrone: Help others achieve their dream!
[May 26, 10:47 AM] Stephanie: It was so good to hear from him, that the mindset and focus is the beginning of all :) so lovely!
[May 26, 10:47 AM] Janet Rembaum: beautiful
[May 26, 10:47 AM] Kimberly Logan: "bring the noise" - as in, the good noise, because there's so much loud 'bad noise' already out there!
[May 26, 10:48 AM] DebSnyder: Open to all comments... sift through them...
[May 26, 10:48 AM] Stephanie Bergeron: The sifter, and the good train! But just his energy was a great thing to experience.
[May 26, 10:48 AM] AaronWilson: We are all going to rise. They don't know me yet, but they will know me.
[May 26, 10:48 AM] LaurenSimon: He's really inspiring!
[May 26, 10:48 AM] Laura Dowling Shea: So many many things. Love the heart math.
[May 26, 10:48 AM] BiancaFoscht: THIS WAS INCREDIBLE! I will replay this video many times!!
[May 26, 10:48 AM] JayeRestivo: Kim! Spirituality! YES! Generosity! Sharing your toys! Sifting! Sharing!!
[May 26, 10:48 AM] GemTorres: Beautiful share! Thank you ^^ My takeaways: Be a player in helping someone achieve their dreams and giving back. There is greater value in the action and the intention. The best intention is "we will all rise." Use your sifter to keep the nuggets, but understand the rest. Know and value your Bail Friends. Stay in the circle that nourishes your growth and potential. Use your sifter.
[May 26, 10:48 AM] MariaOliveira: Find the fuel that sustains you. Observe everything and find the nuggets for yourself. Be willing and open to connection and building

[May 26, 10:48 AM] DilaraFoscht: Takeaway: Absorb it all
[May 26, 10:48 AM] Janet Rembaum: get right inside and sustain that
[May 26, 10:48 AM] JudyKerr: Wonderful interview so inspiring.
[May 26, 10:48 AM] Paola Angarita: There is not a small part.
[May 26, 10:48 AM] BethGilvie: I had to duck out and I'll replay the first half, but I LOVE the "authentic journey of the soul."
[May 26, 10:48 AM] SeanFrost: Do for others.
[May 26, 10:48 AM] ArielaNazar-Rosen: Loved the re-shifting of the mindset to bringing the positive and your accomplishments forward
[May 26, 10:48 AM] NicoleRycroft: Thank you Kim and Bonnie! So inspirational. I love taking out the bad noise.
[May 26, 10:48 AM] BerryNewkirk: Resilience is built on the recollection of past experiences that have been absolutely divine
[May 26, 10:48 AM] PeterTarantino: Just incredible!! Such a beautiful person. I loved his quote on finding fuel through the madness and his sifter analogy. SOO useful and uplifting. Thank you both!
[May 26, 10:48 AM] MariaOliveira: Thank Kim for so many great Nuggets!
[May 26, 10:48 AM] Janet Rembaum: finding the that sustainsfuel
[May 26, 10:48 AM] Paola Angarita: Don't turn down any feedback.
[May 26, 10:48 AM] Janet Rembaum: finding the fuel that sustains you through the madness
[May 26, 10:49 AM] ChristopherCharles: It's a reason Mindset is the first chapter. That was great!
[May 26, 10:49 AM] KimEstes: You are welcome Maria
[May 26, 10:49 AM] Anamaria Maier: He's someone who works deeply on his energy. It's very powerful and inspiring.
[May 26, 10:49 AM] Janet Rembaum: you are part of everyone you meet
[May 26, 10:49 AM] KathleenParker: So sad I missed this, but I will look forward to watching the replay!
[May 26, 10:49 AM] Laura B.: Find your people, give more than you get, be comfortable in your own skin so you can help others be comfortable in theirs.
[May 26, 10:49 AM] KellyeRowland: YES @aaron! :)
[May 26, 10:49 AM] JayeRestivo: Kim, you are a Golden Nugget!
[May 26, 10:49 AM] Janet Rembaum: never turn down any feedback
[May 26, 10:49 AM] Sarah Thompson: Those who know you are excited to see your face, and those who don't know you are excited to see your work!
[May 26, 10:49 AM] Janet Rembaum: we are all going to rise
[May 26, 10:49 AM] ReynGraves: Thank you! So many gems in there. Be a sponge, then a sifter. Always figure out how you can help others achieve their dreams. Those were big takeaways for me!
[May 26, 10:50 AM] PatriciaBecker-Spellman: Every day may not be good, but you can find something good in every day... Bring positivity from past experiences with you, to nurture you when times are tough.

[May 26, 10:50 AM] Tracy Weisert: I SOOOOO wanted Kim to be our TV Academy Performers Peer president! Kim and I have like minds.

[May 26, 10:50 AM] Paola Angarita: I got this on me I got enoughness.

[May 26, 10:50 AM] LaurenSimon: Enoughness is built on recollection of past experiences that have been Divine.

[May 26, 10:50 AM] KellyeRowland: wooooo

[May 26, 10:50 AM] Janet Rembaum: they dont know me but they will know me. it happened.

[May 26, 10:50 AM] KimEstes: Yes we will all rise Janet!!!

[May 26, 10:50 AM] DianaLansleen: Love the idea of enlisting friends to be part of the journey so that you can help each other rise up!

[May 26, 10:50 AM] JayeRestivo: Be askable

[May 26, 10:51 AM] Janet Rembaum: you know you have in your heart that thing

[May 26, 10:51 AM] AmberWegner: Kim, thank you for sharing your journey with all of us. You are so very inspiring... always

[May 26, 10:51 AM] AmyHarber: this just reminds me how much i miss seeing you in person, Kim

[May 26, 10:51 AM] KimEstes: Thank you Tracy

[May 26, 10:51 AM] Laura Dowling Shea: Bail buddies!

[May 26, 10:51 AM] JayeRestivo: A great Spiritual Player!

[May 26, 10:51 AM] KimEstes: Thank you Amber Wegner... love you!

[May 26, 10:52 AM] Paola Angarita: Stay in the circle that nurtures you.

[May 26, 10:52 AM] TBG_Amy: Thank you Kim. Grateful for your insights and energy

[May 26, 10:52 AM] AmberWegner: I love you more!

[May 26, 10:52 AM] KimEstes: I am so glad to be here... I got goosies!

[May 26, 10:52 AM] CarolyneAubin: Back to Back to Back Bonnie today! It's a good thing. ;)

[May 26, 10:52 AM] JayeRestivo: During our break I'm gonna reach out to some folks!

[May 26, 10:52 AM] Anamaria Maier: Thank you for the lessons, Kim,

[May 26, 10:52 AM] JayeRestivo: "Goosies!"

[May 26, 10:52 AM] Laura B.: OOOO thats so great Bonnie!

[May 26, 10:53 AM] KimEstes: Thank you Diana Lansleen... you are a pro at helping others... you inspire me!

[May 26, 10:53 AM] Laura Dowling Shea: JFDI is AMAZING.

[May 26, 10:53 AM] ChristopherCharles: Kim is in the chat this is wild lol. Keep up the great work :)

[May 26, 10:53 AM] NaomiWarner: JFDI sounds so cool!

[May 26, 10:54 AM] KimEstes: Thank you Tracy W. - we'll get to that Academy thing in the future... no worries!

[May 26, 10:54 AM] KenzieLange: Thank You!!! I feel so inspired!!!

[May 26, 10:54 AM] KellyeRowland: me too @Bon!! Nighttime gratitude meditation!

[May 26, 10:54 AM] LeeSherman: Marathon not a sprint and EVERY STEP counts!

[May 26, 10:54 AM] JayeRestivo: Been tapping before I go to sleep

[May 26, 10:54 AM] Laura Dowling Shea: Thank you Kim! This was the good in my day today.

[May 26, 10:54 AM] Janet Rembaum: yes loved that too
[May 26, 10:54 AM] Laura B.: I should really do the JFDI
[May 26, 10:54 AM] Janet Rembaum: i love that word
[May 26, 10:55 AM] KimEstes: Every little step...
[May 26, 10:55 AM] Laura B.: Also thanks so much Kim, so good to "see" you.
[May 26, 10:55 AM] JayeRestivo: Some much here!!!
[May 26, 10:55 AM] KellyeRowland: @kim YES. every step matters. nothing is nothing. <3
[May 26, 10:55 AM] Stephanie Bergeron: Actually, one of the first things that comes to mind with the word "divine" is dessert...!
[May 26, 10:56 AM] JayeRestivo: YES DIVINE DESSERT!
[May 26, 10:56 AM] Anamaria Maier: Stephanie, now I want ice-cream! Ahahahah
[May 26, 10:56 AM] Stephanie Bergeron: #YoureWelcome ;p
[May 26, 10:56 AM] Elizabeth A.Zimmerman: Wait with certainty!
[May 26, 10:56 AM] SeanFrost: One of the most important things this reminds me of is that as an actor, perhaps contrary to popular opinion, it is not all about me. And as you say, the more I can come from a place of service, the better. This is a "we" thing, not a "me" thing.
[May 26, 10:56 AM] KimEstes: one of my favorite quotes is from the session player on deck "The way you think you're going to get something is rarely the way you get it. Always give, give, give to get!" -- Emmy winning director and author Mary Lou Belli
[May 26, 10:56 AM] BethGilvie: Oh YES wait with certainty!
[May 26, 10:56 AM] JayeRestivo: Ohhhh. Ice-cream.....gonna be a hot day in LA!
[May 26, 10:57 AM] JayeRestivo: Wait with certainty! Yes, Elizabeth!
[May 26, 10:57 AM] DebSnyder: It's sooo great! JFDI !!! 5x5 is a superpower!
[May 26, 10:57 AM] Laura B.: Keith!!!!!!
[May 26, 10:57 AM] DianaLansleen: Love the gratitude inventory! Bonnie, that is so helpful in continuing positive energy flow
[May 26, 10:57 AM] Anamaria Maier: Love you too, Bonnie!
[May 26, 10:57 AM] Elizabeth A.Zimmerman: Stop talking about ice cream, you guys!
[May 26, 10:57 AM] Laura B.: thanks Kim
[May 26, 10:57 AM] JayeRestivo: xoxoxo to Bonnie and Kim!
[May 26, 10:57 AM] DebSnyder: Thank you Kim. Thank you Bonnie. Wow. Just WOW!
[May 26, 10:58 AM] Stephanie Bergeron: Haha Elizabeth!
[May 26, 10:58 AM] Jennifer DeLatte: Thank you both!
[May 26, 10:58 AM] Anamaria Maier: We will all rise. Have a Blissful day!
[May 26, 10:58 AM] Janet Rembaum: thank you thank you!
[May 26, 10:58 AM] TinaKien: THANKS KIM!
[May 26, 10:58 AM] BiancaFoscht: Thank you Bonnie and Kim!!!!
[May 26, 10:58 AM] Stephanie Bergeron: Thank you for this today, have a great ice cream break!
[May 26, 10:58 AM] Kimberly Logan: claps!
[May 26, 10:58 AM] Stephanie: Thank you Kim! :) Thank you Bonnie!
[May 26, 10:58 AM] BethGilvie: Kim and Bonnie, thank you!! Thank you for the great questions and the beautiful answers, and your time!!

[May 26, 10:58 AM] ReynGraves: Thank you!
[May 26, 10:58 AM] JayeRestivo: smooches to Kim!
[May 26, 10:58 AM] PatriciaBecker-Spellman: Thanks!
[May 26, 10:58 AM] Anamaria Maier: Thank you both! <3
[May 26, 10:58 AM] Sarah Thompson: Thank you so much Kim!
[May 26, 10:58 AM] NaomiWarner: THANK YOU KIM & BONNIE!!
[May 26, 10:58 AM] GemTorres: <3 thank you, good sir!!
[May 26, 10:58 AM] BenYemba: thanks
[May 26, 10:58 AM] ShanayFuller: ♥ ♥ ♥ ♥ ♥ ♥
[May 26, 10:58 AM] DilaraFoscht: Thanks so much for the amazing talk!!
[May 26, 10:59 AM] KimEstes: From my heart and spirit as well... love you all!!!!
[May 26, 10:59 AM] Bonnie G: Love love love!
[May 26, 10:59 AM] LaurenSimon: Thank you so much Bonnie and Kim!
[May 26, 10:59 AM] KathleenParker: Blessing this is!
[May 26, 10:59 AM] ReginaPerrone: Many thanks! So inspiring!
[May 26, 11:02 AM] ShannonMartinous: Wonderful talk! Thank you Kim and Bonnie.
[May 26, 1:36 PM] BethGilvie: I'm about 10 minutes into a rewatch, and Kim hit me with this idea, through his generosity mindset: "Give back even before you think it's time."
[May 26, 1:56 PM] TeamBonnieG: If you're still here in this chat window, reload the web page because we're ready to get online with Mary Lou Belli right now!