

## SMFA Summit Laurie Records Interview Live Chat 24 May 2020

[May 24, 9:50 AM] Bonnie G: Woo HOO! Gearing up to start our livestream for DAY 3!

Who's excited?!?

[May 24, 9:50 AM] ElisaAnnette: me!!!

[May 24, 9:51 AM] Stephanie Bergeron: Looking forward to all the goodness today!

[May 24, 9:52 AM] Bonnie G: Yayayayay! Super excited for today's lineup, starting with one of my very best friends, Laurie Records! :)

[May 24, 9:53 AM] TBG\_Erin:

[May 24, 9:53 AM] Bonnie G: Ooh, also, if you've not yet headed over to the GOODIES page to enter yourself in the drawings, take advantage of the discounts, and claim your spots in some of the offers happening with SMFA Summit guests, take a moment to do that now. :)

[May 24, 9:53 AM] LaurieRecords: Helloooooooo I'm here... with no video. It's saying you are offline?

[May 24, 9:54 AM] Bonnie G: Lenka, I saw you had asked about any changes to the schedule... no. ;) We put a TON of work into being able to align these schedules with alllllll of these amazing people. No changes.

[May 24, 9:54 AM] LenkaSilhanova: me too!

[May 24, 9:54 AM] TBG\_Erin: Bon will let us know when we're live and then you'll just hit refresh, and then hit the PLAY button. :)

[May 24, 9:54 AM] Bonnie G: I'm about to start the stream, Laurie and Lenka. Hold tight!

[May 24, 9:54 AM] Bonnie G: Thanks, Erin. You rock!

[May 24, 9:54 AM] LenkaSilhanova: Bonnie G: Awesome! I'll be right on it then!

[May 24, 9:56 AM] LaurieRecords: I'm just hanging with my coffee mug. :) all well here.

[May 24, 9:57 AM] BethGilvie: Laurie, I just read that you cast for the Muppets and I think you're in my favorite human tier now.

[May 24, 9:57 AM] SonyaHenning: Good morning everyone!!

[May 24, 9:57 AM] PatriciaBecker-Spellman: Good Morning!

[May 24, 9:57 AM] ShannonMartinous: Good morning!

[May 24, 9:57 AM] ShanayFuller: Good morning all

[May 24, 9:57 AM] ReynGraves: Good morning!

[May 24, 9:57 AM] DilaraFoscht: Hi from Austria again;)

[May 24, 9:58 AM] BethGilvie: Yas Austria!

[May 24, 9:58 AM] LenkaSilhanova: Good evening :D

[May 24, 9:58 AM] DilaraFoscht: So excited for today's talk!!!!

[May 24, 9:58 AM] BethGilvie: A big guten Abend to you European friends!

[May 24, 9:59 AM] LenkaSilhanova: Yay, european ninjas in da house!

[May 24, 9:59 AM] AaronWilson: Good Morning from Los Angeles! :)

[May 24, 9:59 AM] BethGilvie: (I know that's only German - I wish my Hungarian were up to snuff)

[May 24, 10:00 AM] Elizabeth A.Zimmerman: Knitting while I watch today.:)

[May 24, 10:00 AM] Stephanie Bergeron: So ready (with new pencil, lol)!

[May 24, 10:00 AM] LisaRobinson: Good Morning!

[May 24, 10:00 AM] BethGilvie: Get that rest!!  
[May 24, 10:01 AM] Katie Wegmann: Good morning, all! Who else has a big ole cup of coffee?  
[May 24, 10:01 AM] LaurieRecords: Bonnie... you are a machine!  
[May 24, 10:01 AM] Ivett: Wait, I am Hungarian :)  
[May 24, 10:01 AM] TBG\_Erin: Sidecar? :-D  
[May 24, 10:01 AM] BethGilvie: Ayyyyy coffee! Same. I need to focus!  
[May 24, 10:01 AM] TBG\_Amy: My head was so full of sparks last night!  
[May 24, 10:01 AM] PatriciaBecker-Spellman: So many vivid and weird dreams of late!  
[May 24, 10:01 AM] JayeRestivo: Hello from LA!  
[May 24, 10:01 AM] Katie Wegmann: Today's blend: Bitches Brew from Groundwork ;)  
#shoplocal  
[May 24, 10:02 AM] Katie Wegmann: Oh dang, curse words are bleeped out! B\*tches Brew  
[May 24, 10:02 AM] Stephanie Bergeron: Uh oh, is the language filter back up and running?  
Keith killed it yesterday, but...  
[May 24, 10:02 AM] ShannonMartinous: Today is my replay day...finally get to sit and watch  
what I've missed!  
[May 24, 10:02 AM] Leah Cevoli: Got my green tea and lemon and ready to hear some  
goodness from Laurie Records!  
[May 24, 10:02 AM] Elizabeth A.Zimmerman: Darning my socks  
[May 24, 10:03 AM] BiancaFoscht: Hi guys! Austrian girl is back. I'm so excited!  
[May 24, 10:03 AM] JayeRestivo: Katie Wegmann - coffee from my kitchen!  
[May 24, 10:03 AM] Katie Wegmann: @JayeRestivo But which blend? :D  
[May 24, 10:03 AM] LaurieRecords: I fully support all the coffee drinkers in the house!  
[May 24, 10:03 AM] PatriciaBecker-Spellman: We have an outstanding community! Big take  
away! :)  
[May 24, 10:04 AM] Katie Wegmann: Major takeaway: share your truth!  
[May 24, 10:04 AM] TheresaCroft: Post dance workout and Lemon water lol I'm glad to be  
awake and ready for this amazing talk! :)  
[May 24, 10:04 AM] JayeRestivo: Folgers - I'm waking up!!!!  
[May 24, 10:04 AM] Tracy Weisert: Hello beautiful Laurie!  
[May 24, 10:04 AM] LaurieRecords: Hi Hi HI!!  
[May 24, 10:04 AM] ShanayFuller: My take away.... I'm more ready then I realized  
[May 24, 10:04 AM] PatriciaBecker-Spellman: Awesome classes by Laurie!  
[May 24, 10:04 AM] AngelaJohnson: So appreciative of the talks and life lessons!  
[May 24, 10:04 AM] AaronWilson: Hi Laurie! :)  
[May 24, 10:04 AM] TBG\_Erin: The fuck filter has been removed. :)  
[May 24, 10:04 AM] LaurieRecords: Kyle is great!!  
[May 24, 10:04 AM] LaurieRecords: Hi Aaron and all!  
[May 24, 10:04 AM] Katie Wegmann: Bless you, @TBG\_Erin  
[May 24, 10:04 AM] ReynGraves: Major takeaway: Mindset is key. Be of service.  
[May 24, 10:04 AM] AdriannaTaffel: She's such a good teacher!  
[May 24, 10:05 AM] PamTierney: @Erin so happy about that!  
[May 24, 10:05 AM] Stephanie Bergeron: Hello Laurie!

[May 24, 10:05 AM] BerryNewkirk: LOL @Erin  
[May 24, 10:05 AM] JayeRestivo: Our own Dr. Doolittle!!!  
[May 24, 10:05 AM] LaurieRecords: kind words from my former/current students!! <3  
[May 24, 10:05 AM] JayeRestivo: Hi, Laurie!!!  
[May 24, 10:06 AM] ShannonMartinous: Love Laurie classes!  
[May 24, 10:06 AM] PamTierney: This has to be so fun for Bonnie to highlight her friends and colleagues who she adores and respects and share her personal toys with us!  
[May 24, 10:06 AM] Katie Wegmann: Many people experiment in college... you're not alone, Bon  
[May 24, 10:06 AM] BethGilvie: Yes shared!!  
[May 24, 10:07 AM] BethGilvie: Oh dang, Shanay, I love that.  
[May 24, 10:07 AM] Allyson L.Smith: I left yesterday feeling inspired to create!  
[May 24, 10:07 AM] LaurieRecords: I love love love these takeaways!  
[May 24, 10:07 AM] Stephanie Bergeron: There's a lot of takeaways, but at the moment scarcity vs. abundance mindset, and "joyfully-earned money".  
[May 24, 10:07 AM] RemyO&#39;Brien: Laurie is great  
[May 24, 10:07 AM] VirgoPhillips: I have taken Laurie's classes and she is sooooo amazing !!!!!  
[May 24, 10:08 AM] LisaRobinson: Still love the lighthouse thought.  
[May 24, 10:08 AM] VeannaBlack: All the joy and empowerment!  
[May 24, 10:08 AM] Bonnie G: Yes on the lighthouse!  
[May 24, 10:08 AM] BobBorgen: My wife (no email) has taken a couple of Laurie's classes -- and learns useful wonderful tricks every single time!  
[May 24, 10:08 AM] MonicaGilbert: Monica is here.  
[May 24, 10:10 AM] BethGilvie: Yes with the generosity mindset!  
[May 24, 10:10 AM] Leah Cevoli: Lighthouse is a theme in Kundalini Yoga too.... "Be The Lighthouse" in the storm. <3  
[May 24, 10:10 AM] BerryNewkirk: Love that the first thing you did was give. So on brand  
[May 24, 10:10 AM] LaurieRecords: girl power! girl support! YES!  
[May 24, 10:10 AM] LenkaSilhanova: #girlpower  
[May 24, 10:11 AM] VirgoPhillips: Yesssss #girlpower  
[May 24, 10:11 AM] Katie Wegmann: #womensupportingwomen  
[May 24, 10:11 AM] PamTierney: #ladybosses  
[May 24, 10:11 AM] PatriciaBecker-Spellman: Two of my FAVORITE people in Hollywood! Such wisdom between them, this is amazing... <3  
[May 24, 10:12 AM] Bonnie G: "Mutual hatefans!" LOL LOL LOL  
[May 24, 10:12 AM] LaurieRecords: awesome!!  
[May 24, 10:12 AM] BiancaFoscht: Ohhh I love that story (about how Laurie and Bonnie first met) !!  
[May 24, 10:13 AM] VirgoPhillips: Two sweet souls that fight for the actor right here. XO  
[May 24, 10:13 AM] TBG\_Amy: Room for everyone. YES!  
[May 24, 10:13 AM] LaurieRecords: Bonnie is \*very\* special  
[May 24, 10:14 AM] Tracy Weisert: I ALWAYS try to be of service to my fellow actors. Karma- It's a circle.

[May 24, 10:14 AM] Katie Wegmann: Pssh... no one else has my essence! And I don't have theirs. We're all good. Adam Scott auditioned for Jim on The Office and didn't get it... but next came Ben on Parks and Rec. Everything works out.

[May 24, 10:14 AM] LaurieRecords: amen! tracy!

[May 24, 10:15 AM] TBG\_Erin: I wonder how many actors' auditions have improved by moving to self tapes where there's no waiting room...

[May 24, 10:15 AM] LisaRobinson: Well put Katie!

[May 24, 10:15 AM] VirgoPhillips: Always be a giver, not a taker.

[May 24, 10:15 AM] LaurieRecords: interesting thought Erin!

[May 24, 10:16 AM] SonyaHenning: Being consistent!

[May 24, 10:16 AM] Stephanie Bergeron: Oh Erin, I would 100% believe that.

[May 24, 10:16 AM] Bonnie G: Ooh! Good question, Erin. I'd be willing to bet that those who let others/competition get in their heads find a way to do that even without physically SEEING those other folks.

[May 24, 10:16 AM] Katie Wegmann: Thanks, Lisa! And hello! :D

[May 24, 10:16 AM] PatriciaBecker-Spellman: Booking the room = enjoying the journey!

[May 24, 10:17 AM] Lisa Lafayette: Hello

[May 24, 10:18 AM] Bonnie G: Welcome, Lisa. Glad you could join us!

[May 24, 10:19 AM] Bonnie G: Anyone not seeing the stream, be sure to hit the play button on the screen above (refresh your page if you're not seeing THAT). ;)

[May 24, 10:20 AM] PamTierney: DIRECTOR!

[May 24, 10:20 AM] Katie Wegmann: I'd love to hear more about research for commercials!

[May 24, 10:20 AM] PamTierney: Tone!

[May 24, 10:20 AM] Bonnie G: Yes, Pam! Goddess of commercial research!

[May 24, 10:21 AM] TBG\_Erin: Aspirational Jack in he Box commercial LOL

[May 24, 10:21 AM] TBG\_Erin: \*the

[May 24, 10:21 AM] BethGilvie: Seize your Buttery Jack....Seize the day.

[May 24, 10:21 AM] LaurieRecords: yes PAM... watching the director reel is a great research!

[May 24, 10:22 AM] LaurieRecords: I'd LOVE to see an aspirational Jack in the Box commercial! BRING IT!

[May 24, 10:22 AM] Tracy Weisert: "Confidence is key."

[May 24, 10:22 AM] ShannonMartinous: ooo! director's reel- note taken!

[May 24, 10:24 AM] PatriciaBecker-Spellman: Research and preparation help take away your nervousness. You feel like you did your homework, and are better informed about the client. A definite confidence booster. True story!

[May 24, 10:25 AM] LaurieRecords: confidence is KEY!

[May 24, 10:25 AM] Bonnie G: So true, Patricia!

[May 24, 10:25 AM] Stephanie Bergeron: Buy in- a great summation!

[May 24, 10:26 AM] Bonnie G: That's like actors who say "I don't watch TV" like it's beneath them... but they want to book a series regular. UM... you MUST watch. That's your world!

[May 24, 10:26 AM] PatriciaBecker-Spellman: Aha moment learned in Laurie's Commercial class! I employed it immediately and it works!

[May 24, 10:26 AM] LaurieRecords: yes bonnie.... you have to watch commercials to book commercials (!!)

[May 24, 10:27 AM] BethGilvie: Yes! It's part of that preparation, for sure.

[May 24, 10:27 AM] ShanayFuller: Always!

[May 24, 10:27 AM] BethGilvie: Just literally knowing your field...

[May 24, 10:29 AM] KenzieLange: Be kind to yourself.

[May 24, 10:29 AM] Leah Cevoli: mmmm good stuff.

[May 24, 10:29 AM] BethGilvie: Find that twist - turning that failure into a win, and speak yourself into life.

[May 24, 10:30 AM] ElisaAnnette: yup - a self-fulfilling prophecy - and not a good one

[May 24, 10:30 AM] LeahPears: I love commercials!!!

[May 24, 10:30 AM] ElisaAnnette: yes!

[May 24, 10:31 AM] BiancaFoscht: Yes confidence is sooo important! Good stuff!!

[May 24, 10:32 AM] Katie Wegmann: Love this. For me, confidence is also very much tied to being prepared- if I don't feel confident, then there's a good chance I haven't \*really\* done the work. It's a signal to dig deeper

[May 24, 10:32 AM] BethGilvie: Confidence is the foundation!

[May 24, 10:32 AM] Katie Wegmann: \*With\* a foundation of enoughness, of course

[May 24, 10:32 AM] LaurieRecords: enoughness is such a great word.

[May 24, 10:32 AM] SonyaHenning: Oooh dig deeper, yes Katie! That resonates

[May 24, 10:33 AM] LeahPears: Love that!

[May 24, 10:33 AM] BethGilvie: Right - however you think about it, it's a kind of fulfillment or contentment with the self. I have a lot of trouble with enoughness as a term (but I'm exploring that).

[May 24, 10:33 AM] JenniferPfalzgraff: Hi Laurie & Bonnie! Watching from Phoenix AZ - LA Local hire

[May 24, 10:33 AM] VirgoPhillips: What a great conversation. Be true and good to yourself. Love yourself. It definitely shows in the room. Just be yourself. You are enough. #enoughness Love it.

[May 24, 10:34 AM] Stephanie Bergeron: Links into yesterday a bit... "hold auditions lightly".

[May 24, 10:34 AM] BethGilvie: ^^Flatten that emotional curve

[May 24, 10:34 AM] Bonnie G: Right, Beth, Stephanie! From Dana's talk.

[May 24, 10:34 AM] BethGilvie: I LOVE how these are all linking together.

[May 24, 10:34 AM] TBG\_Amy: The ongoing thread of finding the positive!

[May 24, 10:34 AM] Constance Zaytoun: and i love sending good juju to my "competition." lord, i hope one of us gets this job!! how amazing would that be?

[May 24, 10:35 AM] PatriciaBecker-Spellman: Negativity shouts, enoughness whispers... <3

[May 24, 10:36 AM] ShannonMartinous: Yes! Def felt empowered after Laurie's class!

[May 24, 10:36 AM] Constance Zaytoun: commercial audition technique is truly something to learn. i love it. folks in NYC, i highly recommend David Cady.

[May 24, 10:36 AM] TBG\_Erin: LOL "I'm in a canoe"

[May 24, 10:36 AM] Bonnie G: "Shooting the commercial is the easy part; it's the audition that's insane." YES Laurie!

[May 24, 10:36 AM] TBG\_Erin: David Cady is brilliant!

[May 24, 10:36 AM] Bonnie G: Constance, now that Laurie has Zoom classes, even NY actors can work with her!!

[May 24, 10:37 AM] Constance Zaytoun: oh, wonderful!!

[May 24, 10:37 AM] Laura B.: self directing = empowering. I love that.

[May 24, 10:37 AM] Constance Zaytoun: checking that out!

[May 24, 10:37 AM] Bonnie G: Connie, check out Laurie's offer on the SMFA Summit's goodies page!

[May 24, 10:38 AM] VirgoPhillips: Laurie's classes definitely make you feel empowered after taking them!

[May 24, 10:38 AM] TBG\_Erin: Bon beat me to it. :)

[May 24, 10:38 AM] Constance Zaytoun: yaaaaass! definitely! thank you!

[May 24, 10:39 AM] Laura B.: Not so secretly for all of us! Hahaha

[May 24, 10:40 AM] Bonnie G: LOL Laura. ;)

[May 24, 10:41 AM] BethGilvie: "Believing in what you cannot see right now. " BOOM.

[May 24, 10:42 AM] TBG\_Amy: Beth- I wrote that down so fast I have to rewrite it because it's illegible!

[May 24, 10:43 AM] BethGilvie: Amy, I love the "right now" especially because it makes the phrase so actionable.

[May 24, 10:43 AM] BiancaFoscht: Yeah thats so great, Beth!

[May 24, 10:44 AM] JayeRestivo: Amen

[May 24, 10:44 AM] LisaRobinson: They tried to bury us. They didn't know we were seeds.

[May 24, 10:45 AM] JayeRestivo: YES, Keith!

[May 24, 10:45 AM] TBG\_Amy: "You've been there, help them."

[May 24, 10:45 AM] Stephanie Bergeron: Beautiful quotes.

[May 24, 10:45 AM] Lisa Lafayette: We are the village of "Enough"

[May 24, 10:45 AM] Bonnie G: Yes, Lisa!

[May 24, 10:47 AM] DilaraFoscht: Creating the Hollywood we want is soo great!)

[May 24, 10:47 AM] TBG\_Erin: I LOVE that: an industry that passes the "So What?" test.

[May 24, 10:48 AM] VirgoPhillips: Thank you so much to both of you for this talk! XO

[May 24, 10:48 AM] Laura B.: Erin- Me too!

[May 24, 10:48 AM] Bonnie G: Laurie is offering a post-class 15-minute one-on-one consult when you enroll in any of her one-day online classes through June! GO TO THE GOODIES PAGE linked below to snag your spot! WHEREVER you live!

[May 24, 10:48 AM] Leah Cevoli: Amen!!!

[May 24, 10:49 AM] BethGilvie: Thank you both!! This was MAGIC.

[May 24, 10:49 AM] SonyaHenning: Amazing! Thank you Laurie!

[May 24, 10:49 AM] AaronWilson: Laurie's classes are great!

[May 24, 10:49 AM] LaurieRecords: YAY! YAY!

[May 24, 10:49 AM] PatriciaBecker-Spellman: Thank you both!!!! So positive!

[May 24, 10:49 AM] JayeRestivo: Wow!

[May 24, 10:49 AM] Laura B.: YAY!!

[May 24, 10:49 AM] AdriannaTaffel: Thank you Laurie and Bonnie! <3

[May 24, 10:49 AM] BenYemba: Having faith will save you, to believe in what you cannot see right now. To be knowledgeable to know that it's part of the process.

[May 24, 10:49 AM] Lisa Lafayette: YEAH!!

[May 24, 10:49 AM] BiancaFoscht: Sooo great! Yay

[May 24, 10:49 AM] Lisa Lafayette: FIRED UP !!

[May 24, 10:49 AM] DilaraFoscht: I took two pages of notes as well

[May 24, 10:49 AM] BethGilvie: Believing in what you cannot see RIGHT NOW. <<<THIS IS IT for me!

[May 24, 10:49 AM] ShannonMartinous: Thank you both for this wonderful talk!

[May 24, 10:50 AM] ReynGraves: So great! Love the discussion of faith as believing in something you cannot see right now

[May 24, 10:50 AM] AdriannaTaffel: Love the idea of an audition buddy! We're all doing this same crazy thing together!

[May 24, 10:50 AM] Laura Dowling Shea: So good.

[May 24, 10:50 AM] ShayFernandez: Right on. Thank you to you both.

[May 24, 10:50 AM] LisaRobinson: Having faith will save you.

[May 24, 10:50 AM] PatriciaBecker-Spellman: Be careful not to talk your negative doubts into existence...

[May 24, 10:50 AM] SonyaHenning: Take away- "I'm going to do what I know how to do and save this audition." Self-empowerment

[May 24, 10:50 AM] BiancaFoscht: Having a faith and knowing you're enough!

[May 24, 10:50 AM] TheresaCroft: Yes! Being confident in yourself, not saying "NO" to yourself is key. "Hollywood" doesn't say no to you.. you do

[May 24, 10:50 AM] NicoleRycroft: Thank you both so much. The positivity is amazing!!

[May 24, 10:50 AM] Leah Cevoli: Yes!!! It's those little moments, making your Director smile, having a moment with casting, or wardrobe - or connecting awesome ppl that do awesome things together.

[May 24, 10:50 AM] Leah Cevoli: Those are the moments we live for and perservere for.

[May 24, 10:50 AM] Paola Angarita: No matter what happen, I'm going to be ok.

[May 24, 10:50 AM] VeannaBlack: Oh my god!!!! I love "your feelings aren't always reality" and the idea of empowering yourself to best do your job.

[May 24, 10:50 AM] TBG\_Amy: The reinforcement of just how important and powerful your own self talk is.

[May 24, 10:50 AM] ElisaAnnette: there is room. Share. Empower.

[May 24, 10:51 AM] JayeRestivo: Be prepared. do your research, fun stuff, watch commercials. Confidence going into room. FAITH!

[May 24, 10:51 AM] MonicaGilbert: Do not get in your own way!

[May 24, 10:51 AM] Leah Cevoli: Whew!!!

[May 24, 10:51 AM] NaomiWarner: Don't hand them your No. It made me realize how many times I have done just that!

[May 24, 10:52 AM] BethGilvie: Yessss Naomi

[May 24, 10:52 AM] UneedArnold: As a black woman with albinism the most powerful thing was, if one person that looks like you has made it, there's a chance I will too

[May 24, 10:52 AM] RicFischer: What we tell ourselves has more weight and and power then what anyone else tells us. It's a self fulfilling prophecy that relies on our beliefs in ourselves and our abilities. Thanks Bonnie and Laurie!

[May 24, 10:52 AM] Paola Angarita: Self talk is everything and it's more powerful than what others can tell you.

[May 24, 10:52 AM] LisaRobinson: Why did I watch that? how did it affect me?

[May 24, 10:52 AM] Lisa Lafayette: I loved the don't act like you don't need this..you do but you have to be ok to just go in and play and know that you are enough

[May 24, 10:52 AM] SeanFrost: "We're all in this together" actually means something coming from you. Thanks.

[May 24, 10:53 AM] LeahPears: Amazing information!!! Research, how you are perceived, be happy and grateful to be there!!

[May 24, 10:53 AM] Stephanie Bergeron: Have faith, and anything other than neutral is a win (the "So What" test).

[May 24, 10:53 AM] JayeRestivo: Love this tribe!!

[May 24, 10:53 AM] Leah Cevoli: Yes, Uneda Yes!

[May 24, 10:53 AM] LaurieRecords: there's room for everyone in commercials... that's why they are so great!

[May 24, 10:54 AM] JenniferPfalzgraff: I loved the faith and that she talked about preparing for commercials! It's soooo important! Especially if they go off and and you to improvise about the product..., if you've done the research then you know all about the product and company and it's easy...not a deer caught in headlights!!

[May 24, 10:54 AM] Katie Wegmann: YES. I loved the discussion about commercial bookers-bookers do their research and honor the work. They come prepared to support the creative team. Non-bookers take it for granted, or tell themselves 'they're not really going to pick me anyway'

[May 24, 10:54 AM] Paola Angarita: Everyone struggle with confidence but it's important to know how to find it

[May 24, 10:54 AM] JayeRestivo: LaurieRcords! Room for everyone!

[May 24, 10:54 AM] Laura B.: Laurie I love that, there's room for everyone. So empowering!

[May 24, 10:54 AM] BerryNewkirk: You know something more than what is happening right now.

[May 24, 10:54 AM] TBG\_Erin: Love that! Look to who's been the first.

[May 24, 10:54 AM] Tracy Weisert: Faith, faith, faith! / Believing in what you cannot see right now. / I'm a huge fan of control what you can control. Thank you both dears Bonnie and Laurie.

[May 24, 10:54 AM] BerryNewkirk: Thank you Laurie. So good.

[May 24, 10:54 AM] JayeRestivo: xoxoxoxo

[May 24, 10:55 AM] PeterTarantino: Mindset of course is number one. So great to keep hearing how important it is to strengthen it! Especially now. Everyone needs to hear this!! thank you to both of you! Positive outlooks are contagious and will only make the road smoother for when the world is open again. :)

[May 24, 10:55 AM] LaurieRecords: thanks everyone!!! LOVE THIS!



[May 24, 10:55 AM] AmeliaRico: We're not in competition! We're a community and should be rooting for each other!

[May 24, 10:55 AM] LenkaSilhanova: Thank you, Laurie! Great talk!

[May 24, 10:55 AM] AaronWilson: Thank you, Laurie and Bon! :)

[May 24, 10:55 AM] JayeRestivo: LaurieRecords! Thank YOU so much!

[May 24, 10:55 AM] BiancaFoscht: Wow this is sooooo EMPOWERING! That was great, Laurie!

[May 24, 10:55 AM] Stephanie Bergeron: Thank you Laurie, and Bonnie!

[May 24, 10:55 AM] BethGilvie: Thank you, Laurie and Bon!!!

[May 24, 10:56 AM] Katie Wegmann: Thank you both for being here! <3

[May 24, 10:56 AM] NaomiWarner: Thank you Laurie & Bonnie!

[May 24, 10:56 AM] LavelleRoby: Reminders of the ebb and flow!

[May 24, 11:00 AM] JenniferPfalzgraff:

[May 24, 11:01 AM] JenniferPfalzgraff: Does anyone know how to watch the stream And the chat at the same time? On my iPhone i have to click between the live and the chat...

[May 24, 11:03 AM] Bonnie G: Jennifer, I have two devices going (one for chat, one for stream). And on web browsers, some folks are opening two windows (not tabs) and narrowing them to fit side-by-side on the screen.

[May 24, 11:03 AM] Bonnie G: Not sure how to do it on mobile without a second screen somewhere. :)

[May 24, 12:02 PM] Elizabeth A.Zimmerman: I'm back for more knowledge.

[May 24, 12:59 PM] MariaOliveira: So much goodness, thank you Laurie and Bonnie

[May 24, 1:21 PM] VictoriaBlackburn: I love this! Good to see you again Laurie!

[May 24, 2:40 PM] MonicaGilbert: Liked take control.

[May 24, 5:15 PM] JudyThrush: Listening to both of you what went through my mind is how universal the business is. Up here in Canada from my classes and listening to Casting Directors the same ideas and thoughts have been said here on this platform.

[May 24, 6:14 PM] AdrienneLittleton: People are right: Laurie's classes ARE awesome! Thank you for this, Laurie and Bonnie! A great reminder about enoughness.

[May 28, 7:35 PM] MichaelHarris: Great stuff.