

SMFA Summit Chatlog from the Stacy Solodkin interview, 26 May 2021, 10am PDT

[May 26, 09:53 AM] DawnnieMercado: Hi ladies. High five. How is it day 9? Thank you team Bon for the billions of hours you have put in and continue to put in for us. Xxoo 🥰

[May 26, 09:54 AM] Amy Rauch: Hi Dawnnie! Welcome back and thank you for the love!

[May 26, 09:54 AM] Amy Rauch: And hello to everyone! Ready for Day 9?

[May 26, 09:55 AM] Stephanie Bergeron: Hi Dawnnie, Amy! Hi everyone! Ready for Day 9!

[May 26, 09:55 AM] Aaron Wilson: Hello everyone! Super excited for Day 9! :)

[May 26, 09:55 AM] Stephanie Bergeron: Hi Aaron!

[May 26, 09:56 AM] Amy Rauch: I know every day is so good, but today is going to be So Good!!

[May 26, 09:56 AM] LenkaSilhanova: Ahoj, gang!

[May 26, 09:56 AM] Stephanie Bergeron: Hi Lenka!

[May 26, 09:56 AM] Amy Rauch: Lenka!

[May 26, 09:56 AM] Aaron Wilson: Hi Stephanie!

[May 26, 09:56 AM] Aaron Wilson: Hi Lenka!

[May 26, 09:58 AM] ShannonDalton: Hi everyone!

[May 26, 09:59 AM] Stephanie Bergeron: Hello Shannon!

[May 26, 09:59 AM] DawnnieMercado: Hi @Aaron, @Shannon, @Lenka...counting down to the magic. Xxoo

[May 26, 09:59 AM] Amy Rauch: Hi Shannon!

[May 26, 10:00 AM] NicoleRycroft: Hi everyone!

[May 26, 10:00 AM] ShannonDalton: Hi Nicole!

[May 26, 10:00 AM] Bonnie G: Refresh!

[May 26, 10:00 AM] WestArdere: Good morning, everyone!

[May 26, 10:00 AM] Stephanie Bergeron: Good morning, Bonnie!

[May 26, 10:00 AM] RemyO'Brien: Hi everyone

[May 26, 10:00 AM] DawnnieMercado: Yes hi Bon

[May 26, 10:01 AM] Monica Afesi: Bonnie, you're too cute!!

[May 26, 10:01 AM] NicoleRycroft: Hi Shannon!

[May 26, 10:01 AM] Kimberly Logan: So generous!

[May 26, 10:01 AM] Stephanie Bergeron: SO many good things on there!!

[May 26, 10:01 AM] DeborahMadick: hi everyone! so happy to be here. :-)

[May 26, 10:02 AM] deva.jean.philippe: Hi everybody !

[May 26, 10:03 AM] LenkaSilhanova: Morning routine seems to be the repeating theme!

[May 26, 10:03 AM] StacySolodkin: hi I am Stacy Solodkin the agent and owner of BETH STEIN AND ASSOCIATES! HAPPY TO BE HERE!

[May 26, 10:03 AM] Stephanie Bergeron: Hello Stacy!

[May 26, 10:03 AM] Kimberly Logan: hi!

[May 26, 10:03 AM] StacySolodkin: Hellllooooo

[May 26, 10:03 AM] Amy Rauch: Welcome Stacy!

[May 26, 10:03 AM] WestArdere: Time isn't real

[May 26, 10:04 AM] StacySolodkin: Los Angeles CA
[May 26, 10:04 AM] Aaron Wilson: Hi Stacy!
[May 26, 10:04 AM] StacySolodkin: Hey there
[May 26, 10:04 AM] G. SmokeyCampbell: Huggun Me .
[May 26, 10:04 AM] LenkaSilhanova: Hi Stacy!
[May 26, 10:04 AM] ShannonDalton: Hi Stacy!
[May 26, 10:04 AM] StacySolodkin: Hi Everyone!
[May 26, 10:04 AM] Kimberly Logan: self-hugging my she/her/herself in Chicago (Potawatami land)
[May 26, 10:04 AM] Sarah Thompson: Hi Stacy and everyone! So excited to be here! I'm in Westminster, CA.
[May 26, 10:04 AM] WestArdere: they/them tuning in from unceded Duwamish land
[May 26, 10:04 AM] Aaron Wilson: Hello from Los Angeles :)
[May 26, 10:04 AM] DawnnieMercado: Hugs hugs thanks to new morning routine she/her/hers. Yes. Xxoo
[May 26, 10:05 AM] Stephanie Bergeron: Yes, you do! In good company with live attendance. :)
[May 26, 10:05 AM] StacySolodkin: SO ARE YOUUUUU
[May 26, 10:05 AM] DawnnieMercado: Walked 4 x around with dogs while envisioning next tier life and breathing in yard. New morning routine from Tehachapi.
[May 26, 10:05 AM] Stephanie Bergeron: Ooh, Dawnnie!!
[May 26, 10:06 AM] StacySolodkin: i love love
[May 26, 10:07 AM] LisaDobbyn: SOOO excited to be here! Excited to be back in the Dojo too! Lisa in Glendale :)
[May 26, 10:07 AM] Bonnie G: Welcome back, Lisa!!
[May 26, 10:07 AM] Kimberly Logan: love those cat's eye glasses!
[May 26, 10:09 AM] HiromiOkuyama: The E WORD 🥰
[May 26, 10:09 AM] NicholeStrong: Good Afternoon All
[May 26, 10:09 AM] Stephanie Bergeron: Lol, hella woo.
[May 26, 10:10 AM] Bonnie G: Oh, Stacy and I could've gone SO WOO with this convo! ;) Next time!
[May 26, 10:10 AM] Stephanie Bergeron: I look forward to it. ;)
[May 26, 10:11 AM] Kimberly Logan: Comfortable in their own skin - so attractive in all relationships!
[May 26, 10:11 AM] G. SmokeyCampbell: Know you are enough
[May 26, 10:11 AM] LisaDobbyn: Hello, ENOUGHNESS!
[May 26, 10:12 AM] Kimberly Logan: Another "E" ...
[May 26, 10:12 AM] Amy Rauch: Authenticity > Fancy
[May 26, 10:12 AM] StacySolodkin: yesssss
[May 26, 10:12 AM] StacySolodkin: be you
[May 26, 10:13 AM] Stephanie Bergeron: That seems like FOMO speaking, doesn't it.
[May 26, 10:13 AM] Amy Rauch: OMG... I love that "Do you just want any boyfriend?"
[May 26, 10:13 AM] StacySolodkin: exactly

[May 26, 10:13 AM] DawnnieMercado: Yes. Already droppin the nuggets of gold. Got the highlighter out. "There is somebody out there for you"

"Let the work speak for itself"

"You don't need to do anything fancy"

"Be yourself"

[May 26, 10:13 AM] Constance Zaytoun: love that---create the family you want for your career!

[May 26, 10:15 AM] Kimberly Logan: Yes, Connie!

[May 26, 10:15 AM] Aaron Wilson: Yes, Connie! :)

[May 26, 10:16 AM] Stephanie Bergeron: Links in to Justin's talk yesterday... turning over that disposable belief.

[May 26, 10:16 AM] Constance Zaytoun: and may i say, honored you're part of my family, @kimberly & @aaron! 🍷🍷

[May 26, 10:17 AM] Constance Zaytoun: get a therapist!!!

[May 26, 10:17 AM] Kimberly Logan: DITTO!

[May 26, 10:17 AM] Amy Rauch: Look forward, move forward!

[May 26, 10:17 AM] LenkaSilhanova: Attachment Styles is a life-changer book too

[May 26, 10:17 AM] Constance Zaytoun: with accent, please!

[May 26, 10:17 AM] LenkaSilhanova: hahaha

[May 26, 10:17 AM] StacySolodkin: hes got the accent

[May 26, 10:17 AM] Aaron Wilson: Yes Lenka! Love Attachment Styles

[May 26, 10:17 AM] NicholeStrong: lol yes with accent

[May 26, 10:18 AM] deva.jean.philippe: Je suis d'accord ! Lol

[May 26, 10:18 AM] AmeliaRico: I find money people don't understand the value of the art or ther people that make the art. But that's why you have to know your own worth going in.

[May 26, 10:18 AM] WestArdere: *assiduously taking notes about the 6'4" french man"

[May 26, 10:18 AM] Amy Rauch: Brilliant!

[May 26, 10:18 AM] deva.jean.philippe: I have one at home !

[May 26, 10:18 AM] Kimberly Logan: Love this - I definitely lived out the years of "any man is better than no man" in the romantic part of my life and my energy/enoughness NOW is so much better!

[May 26, 10:18 AM] Kimberly Logan: C'est vrai!

[May 26, 10:19 AM] StacySolodkin: thanks kimberly!

[May 26, 10:20 AM] NicholeStrong: yes yes yes honest dialogue!

[May 26, 10:20 AM] Kimberly Logan: Yes - and that's also a forward facing conversation! love it. love it. love it.

[May 26, 10:20 AM] Kimberly Logan: "This is where I want my career to go..."

[May 26, 10:21 AM] DawnnieMercado: Ok, so love listening, and also checkin out the profiles.. and OMG @Stacy all this and 11:11 gallery. I just got chills. I got married on 11/11/11 at 11:11 AM. Will check this out.

[May 26, 10:21 AM] Kimberly Logan: so cool Dawnnie!

[May 26, 10:22 AM] Constance Zaytoun: and even if you leave your co-star agent, it doesn't mean that we don't acknowledge what they've done for us! i've given a commission to a former agent when i booked into a new tier as a "thank you."

[May 26, 10:22 AM] DawnnieMercado: nice @Constance

[May 26, 10:22 AM] Stephanie Bergeron: Yes, Connie!!

[May 26, 10:22 AM] RemyO'Brien: That's great Connie

[May 26, 10:23 AM] Emily Kindred: Love that Connie

[May 26, 10:23 AM] StacySolodkin: 1111!!!!

[May 26, 10:23 AM] DawnnieMercado: :)

[May 26, 10:23 AM] DawnnieMercado: "We are a team" loving this

[May 26, 10:23 AM] deva.jean.philippe: It's a partnership.

[May 26, 10:24 AM] Amy Rauch: 100% a team

[May 26, 10:24 AM] DawnnieMercado: It is your business. :)

[May 26, 10:24 AM] DawnnieMercado: :)

[May 26, 10:24 AM] Emily Kindred: It truly takes a village

[May 26, 10:24 AM] LisaDobbyn: Especially when you're in alignment!!

[May 26, 10:24 AM] HiromiOkuyama: "Life is too short"

[May 26, 10:24 AM] Aaron Wilson: I only want happy people around me. Amen!

[May 26, 10:25 AM] DawnnieMercado: Amen

[May 26, 10:25 AM] AmeliaRico: Y'all know me, I don't have those boundaries. Lol

[May 26, 10:25 AM] HiromiOkuyama: Aaron YES PREACH

[May 26, 10:25 AM] Amy Rauch: Ooooooh yes... a life is too short pile....

[May 26, 10:25 AM] Laura Dowling Shea: Hahahaha! I am totally making a "life's too short like"! Wonderful!

[May 26, 10:25 AM] deva.jean.philippe: Life is too short !

[May 26, 10:25 AM] WestArdere: If you've got a complaint, you've got a request. Take it to the right person

[May 26, 10:25 AM] Laura Dowling Shea: *pile

[May 26, 10:25 AM] Stephanie Bergeron: I thought about you, there, Amelia. ;)

[May 26, 10:25 AM] Suparna Thies: Team works. So true, the world is getting smaller and smaller.

[May 26, 10:25 AM] DeborahMadick: I am loving every bit of this

[May 26, 10:26 AM] Bonnie G: Amelia, you totally role model the non-creepy way to do the whole "what are boundaries" thing! ;) You're limitless!!

[May 26, 10:26 AM] Kimberly Logan: puppy!!!

[May 26, 10:26 AM] Emily Kindred: YES DIVA REPORT! I love that Bon

[May 26, 10:28 AM] DawnnieMercado: Yes please... an ease.....bring ourselves. Be easy. breathing this in

[May 26, 10:28 AM] Bonnie G: That comes back around to Deb Snyder's being a star even while running the vacuum.

[May 26, 10:28 AM] Bonnie G: You're an actor. Period.

[May 26, 10:29 AM] Amy Rauch: The evolution of our growth... I love that framing

[May 26, 10:29 AM] DawnnieMercado: Look foward.

[May 26, 10:29 AM] Emily Kindred: The cost/benefit and honest conversations around conflicting personalities is such a great service to offer the entire set in preproduction before inviting challenging energies to set

[May 26, 10:29 AM] Stephanie Bergeron: Ah, thinking of it as a growth point instead of a "ah, dammit" look in the rearview!

[May 26, 10:31 AM] Constance Zaytoun: i fucking LOVE that!!

[May 26, 10:31 AM] Stephanie Bergeron: Wow, that's awesome!

[May 26, 10:31 AM] RemyO'Brien: Love that

[May 26, 10:31 AM] Emily Kindred: the magic in "mistakes", I love it

[May 26, 10:32 AM] Constance Zaytoun: i feel like this is part of the "danger" of self-tape submissions...

[May 26, 10:32 AM] Bonnie G: What does that mean, Connie? Can you elaborate?

[May 26, 10:33 AM] Constance Zaytoun: it can be more difficult, for me, to get lost in that "audition moment" when the CD is not in the room...

[May 26, 10:33 AM] Bonnie G: But you can do that when your audience isn't with you... on set, right?

[May 26, 10:33 AM] Constance Zaytoun: YES! & that said, i've also benefitted from self tapes, too.

[May 26, 10:33 AM] LisaDobbyn: What is for you won't pass you by. But you have to show up and do the work - then release your attachment to the outcome.

[May 26, 10:34 AM] StacySolodkin: love u lisaaaaa

[May 26, 10:34 AM] Emily Kindred: So true Lisa

[May 26, 10:34 AM] DawnnieMercado: Survivor! Just followed that site. Yes. Look forward. Yes

[May 26, 10:34 AM] Constance Zaytoun: enthusiasm without attachment!

[May 26, 10:34 AM] StacySolodkin: agents get rejection too!

[May 26, 10:34 AM] DawnnieMercado: up and forward

[May 26, 10:34 AM] Aaron Wilson: Look up and forward

[May 26, 10:35 AM] deva.jean.philippe: Mindset.

[May 26, 10:35 AM] StacySolodkin: for more q&a's i do them all day long on instagram @bethsteinagency

[May 26, 10:35 AM] Emily Kindred: look up and forward <3

[May 26, 10:35 AM] Bonnie G: YES! Follow Stacy all the places!

[May 26, 10:35 AM] Amy Rauch: Get back up!

[May 26, 10:35 AM] LisaDobbyn: YES! Love you, Bonnie and Stacy, thank you SO, SO much!!

[May 26, 10:35 AM] Amy Rauch: Andra Day's "Rise Up" shuffled into my playlist this morning... such a truth!

[May 26, 10:36 AM] Stephanie Bergeron: A lovely little reminder to post up: what a beautiful business we're blessed to be in, making a life out of love of craft.

[May 26, 10:36 AM] DawnnieMercado: Thank you so much! And just saw pupswhoneedus! Dog Mommas!

[May 26, 10:36 AM] Laura Dowling Shea: Thank you! This was great! "Be easy"!

[May 26, 10:36 AM] RemyO'Brien: Thanks Stacy this was so great
[May 26, 10:36 AM] NicholeStrong: have an elite mindset
[May 26, 10:36 AM] ShannonDalton: Authenticity! Shoot for a mutual hell yes!
[May 26, 10:36 AM] DeborahMadick: WOW!! Life is short, live your life and enjoy your life. I love her authentic real voice.
[May 26, 10:36 AM] StacySolodkin: Up and Forward! Have an ease...
[May 26, 10:36 AM] AmeliaRico: That energy, so cute! ❤️
[May 26, 10:36 AM] Constance Zaytoun: like-minded folx, Bon & Stacy!
[May 26, 10:36 AM] Janet Rembaum: Look up and forward
[May 26, 10:36 AM] WestArdere: You're not doing anyone any favors by complaining about them instead of telling them when you're not satisfied
[May 26, 10:36 AM] NicoleRycroft: Thank you Stacey! This was inspiring and incredibly helpful! Your fur baby is adorable!
[May 26, 10:36 AM] Kimberly Logan: "Is your conversation looking forward or back?" - love that and how it is a great indicator of where you are putting your energy
[May 26, 10:36 AM] Michael L HARRIS: If you want to compete in an elite market you have to have an elite mindset.
[May 26, 10:36 AM] Amy Rauch: Know yourself, be yourself, be easy, and look forward!
[May 26, 10:36 AM] Emily Kindred: look up and forward and embrace "mistakes"
[May 26, 10:37 AM] HiromiOkuyama: Energy is most important for me 😊
[May 26, 10:37 AM] DawnnieMercado: Biggest take away, happy people, be you, look up, a full live a full life. Let the work speak for itself and look foward.
[May 26, 10:37 AM] Sarah Thompson: Do you want to get back up? Get back up! Stand up! Up and forward. Love it!
[May 26, 10:37 AM] Monica Afesi: MINDSET!!!
[May 26, 10:37 AM] AmeliaRico: If you want to stand up, then stand up! 100%
[May 26, 10:37 AM] LenkaSilhanova: Your energy is the most important thing – and it's something we can work on, it's not something we are stuck with.
[May 26, 10:37 AM] deva.jean.philippe: I liked the marriage analogy.
[May 26, 10:37 AM] G. SmokeyCampbell: Looking Backward prevents Moving Forward .
[May 26, 10:37 AM] Aaron Wilson: I only want happy people around me.
[May 26, 10:37 AM] Suparna Thies: This is so much fun and packed with great insight. Now I love my agent a lot more now. Thank you Stacy.
[May 26, 10:37 AM] RemyO'Brien: Life's too short pile, meet my energy and rise together only happy people, agents get rejection too. Be yourself
[May 26, 10:37 AM] StacySolodkin: So fun!!!!
[May 26, 10:38 AM] DawnnieMercado: Yes! @Shannon can't wait to play with you in the Dojo!
[May 26, 10:38 AM] ShannonDalton: Yayyyyyyy!
[May 26, 10:38 AM] ShannonDalton: I am so excited!
[May 26, 10:38 AM] NicoleRycroft: Loved "create the family you want for your career" and that your agent should be " a 6'4" Frenchman"

[May 26, 10:39 AM] Emily Kindred: OMGGG what a great differentiation, couples counselling vs divorce

[May 26, 10:40 AM] Stephanie Bergeron: I LOVE that too, Emily.

[May 26, 10:40 AM] LisaDobbyn: I JUST found my notebook from my first "Get in Gear for the Next Tier" and it's GOLD! Moved my career into high-gear and propelled me into the next tier by getting my MINDSET right. Can't wait to join the next round.

[May 26, 10:41 AM] deva.jean.philippe: Yeah not looking backward was one of my takeaway.

[May 26, 10:41 AM] Stephanie Bergeron: Right? If you're reaching back, reach back Kim Estes style and bring someone forward with you! ;)

[May 26, 10:41 AM] Kimberly Logan: YES Stephanie!!!

[May 26, 10:41 AM] NicoleRycroft: Thank you Bonnie and Team! What an inspirational way to start the day!

[May 26, 10:42 AM] Kimberly Logan: time for bubble wrap!

[May 26, 10:42 AM] deva.jean.philippe: Oh ? Eclipse ? Okay.

[May 26, 10:43 AM] Aaron Wilson: Yes @ Kimberly!

[May 26, 10:43 AM] DawnnieMercado: @LisaD. Nice on the old journal. I just hit day 63 bit on 6/1 I'm gonna track day one again to see you all. :)

[May 26, 10:43 AM] Stephanie Bergeron: TOTALLY an energy workout! I have been able to practice some next-tier level steps thanks to all the energy workout we're doing here!

[May 26, 10:44 AM] deva.jean.philippe: Especially after a year of pandemic ... Life is too short.

[May 26, 10:44 AM] Amy Rauch: Those replays are a huge energy workout, too. They hit differently depending on your day.

[May 26, 10:44 AM] Sarah Thompson: Haha I felt that energy this morning and thought, "Bonnie will probably have something to say about the universe and this draining energy."

[May 26, 10:44 AM] DawnnieMercado: Right?! @Deva.Jean.Philippe

[May 26, 10:44 AM] Stephanie Bergeron: Yes, Amy.

[May 26, 10:45 AM] deva.jean.philippe: Wow.. Amen Bonnie.

[May 26, 10:46 AM] DawnnieMercado: Ooooooh reach back and bring someone forward with you. I love that!

[May 26, 10:46 AM] RemyO'Brien: Thanks Bonnie and Stacy. Beautiful start for what I plan to be a beautiful day.

[May 26, 10:46 AM] WestArdere: I love that

[May 26, 10:46 AM] CarolineHelander: So excited!!!

[May 26, 10:46 AM] Emily Kindred: I'm learning to drive and did a lesson yesterday after you mentioned not being able to drive in 2 lanes and you really can't! (not that I doubted you) but if you do try to lane split it's dangerous to yourself and others. Nothing wrong with sticking to your lane :)

[May 26, 10:46 AM] WestArdere: plus mercury shadow square Neptune

[May 26, 10:47 AM] Stephanie Bergeron: Lol, Emily! Def stay in one lane on the DVP! ;)

[May 26, 10:47 AM] DawnnieMercado: Stacy Solodkin so much positivity so awesome to have been here with you today!

[May 26, 10:47 AM] deva.jean.philippe: Thank you Stacy and Bonnie for this revealing interview.

[May 26, 10:47 AM] Emily Kindred: no highways yet, baby steps ;)

[May 26, 10:47 AM] DeborahMadick: Thank you so much for this. It was wonderful !!

[May 26, 10:47 AM] Stephanie Bergeron: Yay, thank you Stacy for a great talk!

[May 26, 10:47 AM] Kimberly Logan: clapclapclapclapclap!

[May 26, 10:47 AM] Emily Kindred: clap clap clap clap <3 <3 <3

[May 26, 10:47 AM] Amy Rauch: Thank you, Stacy!

[May 26, 10:47 AM] CarolineHelander: LOVE Stacy!

[May 26, 10:47 AM] AmeliaRico: Show. Up. 🙌🙌

[May 26, 10:48 AM] Aaron Wilson: Thank you, Stacy!

[May 26, 10:48 AM] NicoleRycroft: Thank you Stacy and Bonnie!

[May 26, 10:48 AM] RemyO'Brien: Clapclapclapclap

[May 26, 10:48 AM] Laura Dowling Shea: 🙌🙌🙌🙌🙌🙌

[May 26, 10:48 AM] Janet Rembaum: thank you Stacy and Bonnie lots of love!

[May 26, 10:48 AM] LenkaSilhanova: Thank you, Stacy! So many gems dropped here today!

[May 26, 10:48 AM] Sarah Thompson: So good, Stacy!! Thank you!!

[May 26, 10:48 AM] Aaron Wilson: Thank you, Bon!

[May 26, 10:48 AM] ShannonDalton: Thank you Stacy and Bonnie!!!

[May 26, 10:48 AM] WestArdere: yayayayayayayay Thank you Stacy and Bonnie, this was an incredible one!

[May 26, 10:48 AM] Emily Kindred: taps, water and hugs, thank you! xo

[May 26, 10:48 AM] G. SmokeyCampbell: Stacy, Hail Yeah!

[May 26, 10:52 AM] Amy Rauch: This premiere is now over and continued discussion will be taking place in the Comments section at the Stacy Solodkin replay page! If you're still seeing this chatbox on the mainstage, refresh the page so you get the NEW chatroll for our next premiere.